

# Community Emergency Response Team

By Becky Kim, with Sophie Braccini

Word is quickly spreading of the tri-city Community Emergency Response Team (CERT), which is actively leading motivated Lamorinda residents in a quest to become more efficient volunteers in case of a disaster. After a major event, remote suburban communities could have to wait for five days or more before outside help arrives. Most of us realize that the question is not, "Will there be a big one?" but rather, "When?"

The primary reason for CERT training is to give people the decision-making, organizational, and practical skills to offer immediate assistance to family members, neighbors, and associates

while waiting for help. While people will respond to others in need without the training, the goal of the CERT program is to help people do so effectively and efficiently without placing themselves in unnecessary danger.

In only 20 hours, spread over 6 weeks, the course offers training in a variety of situations: from dressing a wound and helping the severely injured, to safely entering a building knowing simple household hazard mitigation. A big part of CERT training is about organizing a search team, planning a simple rescue mission and assessing neighborhoods so limited resources are applied efficiently.

Gordon Nathan, a teacher of CERT commented, "We are ready but not as ready as we'd like to be. CERT benefits the community; people who go through CERT training have a better understanding of the threats."

Without the community support for an organization that could prove to save hundreds of lives, a near-future incident could hit Lamorinda and leave the efforts of the community fruitless. Go to lamorindacert.org for details and schedule of classes. In our next issue we will present responses from Lamorinda residents. If this topic strikes you, feel free to send your comments to editor@lamorindaweekly.com



## Skin Enhancements

Professional Skin Care By Myrna Tairiol

- Facials
- Peels/ultradermabrasion
- Waxing
- Tinting
- Ear Piercing
- Skin Tag Removal

**Myrna Tairiol**  
Licensed Esthetician

1040 Brown Avenue  
Lafayette, CA 94549

Hours: Tuesday-Saturday  
By Appointment

**925.212.3150**

[www.skinenhancements.com](http://www.skinenhancements.com)





**Marilyn Mather**  
*Photography*

[www.marilynphoto.com](http://www.marilynphoto.com)

**925-934-3942**



**animal house**  
PET & HOME CARE

**Spring Break Vacation Plans?  
Going on a Ski Trip?**

Let us take the worry out of what to do with your home and pets while you are away.

- Pet Sitting
- Dog Walking
- Pet Taxi
- Home Watch/Security,
- Collect Mail and Newspapers
- Water Plants
- Insured and Bonded

925-254-3677 Office  
925-368-8978 Cell  
[animal-house@comcast.net](mailto:animal-house@comcast.net)

# Garden Lights

landscape & pool development inc.

## Build A Pond Day Comes to Orinda

Sat. April 14th 9am-5pm

You'll learn more about building your own backyard pond & waterfall in this one day of hands on training than you could learn from weeks of reading "how to" books. Come prepared to get dirty and have fun.

The registration fee of \$100. per person includes lunch, beverages & an afternoon snack.  
Call Garden Lights Landscape at 254-4797 to register.

Hosted by Steve Lambert  
a Certified Aquascape Contractor  
& the Garden Lights Landscape Crew



# THE SUREST WAY TO STOP WORRYING ABOUT YOUR 1031 EXCHANGE IS TO START LOOKING FOR ONE

- Diversification
- Tax Deferral
- Tax Depreciation
- Single Tenant Triple Net

**David Waal, Principal**  
**(925) 407-4747**  
2950 Buskirk Avenue, Suite 300  
Walnut Creek, California 94597



We help 1031 Exchange  
Investors and Private Clients  
acquire Net Leased and  
Tenant-in-common properties.

 **PRESIDIO**  
EXCHANGE ADVISORS  
*1031 Replacement Property Solutions*

Lamorinda Resident for 31 Years

Securities offered through OMNI Brokerage, Inc. • Member/NASD SIPC

 a branch of **OMNI** Brokerage