

Campolindo Students Join Sojourn

By Laura Sydora

From March 29th to April 7th, students and teachers embarked on a ten day journey to the South to partake in a civil right's educational experience entitled Sojourn to the Past.

Sojourn to the Past provides students and educators a chance to visit sites and hear speakers who witnessed the Civil Rights Movement first hand. Sojourn seeks to teach the real values of the Civil Rights Movement, such as tolerance, justice and nonviolence, and how then to apply those principles to everyday life.

Although Sojourn offers seven trips a year, this spring break, five Campolindo students and two teachers attended the event, joining 150 students from California, New York and neighboring East Coast states, as well as an array of teachers and parents.

Commencing in Atlanta, Georgia, the group made its way down through Alabama, Mississippi and Arkansas, and finally ended in Memphis, Tennessee. Students stood on hallowed ground as they walked the steps of historic sites, including Central High School, the Montgomery Capitol building and the Lorraine Motel.

Along the way, students were privileged enough to meet over 15 people who either participated or were connected to the Civil Rights Movement. Some of the many speakers included Minnijean

Brown, Honorable John Lewis, Reverend Fred Shuttlesworth and Jerry Mitchell.

According to Reverend Billy Kyles, "Sojourn allows participants to touch history and the people who made it." This statement ultimately conveys the reality of the Sojourn experience. Students and teachers were able to listen and interact with speakers as they relayed the ultimate goal of the Civil Rights Movement: standing up for the right to equality and justice through nonviolent action.

The most important lesson students took away from the trip was the practicality of the six principles of nonviolence as advocated by Dr. Martin Luther King Jr. This Civil Rights icon best stated the necessity for nonviolence when he said, "It's no longer a choice, my friends, between violence and nonviolence. It is either nonviolence or non-existence."

For more information on Sojourn to the Past, visit www.sojourn-project.com

Laura Sydora is a news reporter and a student at Campolindo. Look for her compelling personal perspective on the Sojourn experience in our next issue.

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- ⚽ Principles of Transitional Game/Fast Break
- ⚽ Building Up In The Back
- ⚽ Principles Of Team Defense
- ⚽ Developing Speed Of Individual/Team Game

Summer 2007 Camp Details:

Camp Directors: Mohamed Mohamed: LMSC Technical Director
Tim Martin: University of Santa Clara Men's Asst Soccer Coach

Coaching Staff: LMSC COACHES, College players, U17 LMSC PLAYERS

Age Groups: U8'S-U14'S boys and girls – all soccer skill levels welcome!

Dates: Week 1: June 25th – June 29th 2007 at Orinda Sports Field
Week 2: July 9th – July 13th 2007 at Orinda Sports Field
Week 3: August 6th – August 10th 2007 at Miramonte High School

Times Available: Half Day (am) 9:00am – 12pm
Half Day (pm) 12pm -- 3:00pm
Full Day 9:00am – 3:00pm

Fees: \$250.00 per student (individual price)
\$225.00 per student (team discount price)
\$375.00 per student (2-weeks/individual price)
\$175.00 per student half day



REGISTER: go to <http://www.lamorindasoccer.com/> for form

For Questions: Please contact Mary Hall at (925) 284-8262