

Oakland Strokes Wins Big at Long Beach Invitational

By Jaime Zepeda

On April 28th and 29th, the Oakland Strokes squad went to the Long Beach Junior Regatta. The Junior Varsity and Varsity teams for the Women's and Men's teams faced resilient opponents from across California. The races were held at the Marine Stadium, which was originally constructed for the 1984 Olympics. The Strokes shined as if they were Olympians, with nine 1st places, six 2nd places, and four 3rd place medals. Lamorinda athletes have made Oakland Strokes their home, and they showcased their athletic skills at the event. In the Women's Varsity-8 team, Alzizah Koorji (Miramonte) at coxswain, Julie Jones (Acalanes) in the stroke seat, Jessica Cherry (Campolindo), and Pia Hauch (Bentley) represented Lamorinda high schools. For

the Women's Junior Varsity-8 and 3V-8, Brittany Beck (Miramonte), Molly Castles (Bentley), Beth Goodwin (Miramonte), and Kendall Sandy (Miramonte) gave the strokes two 1st place finishes.

On the Men's side, the Varsity team gave Oakland Strokes two solid 2nd place medals. Thanks to the great effort by Alex Topacio (Campolindo) at coxswain, Garret Bell (Los Lomas) at stroke seat, Max Farrell (Bentley), Nathan Carbajal (De La Salle), James Lenczowski (Miramonte), Cole Williams (Campolindo), and Brent Watson (Miramonte) at bow, the Strokes barely missed 1st place two times. The Junior Varsity team faired equally well, with a 2nd place finish of their own. Alex Topacio (Campolindo), Garrett

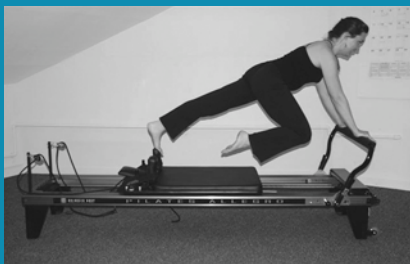
Bell (Los Lomas), Max Farrell (Bentley), Nathan Carbajal (De La Salle), Evan Bontemps (Miramonte), Jason Luecker (Campolindo), Brent Watson (Miramonte), and Robert Chan (Miramonte), made notable contributions. Women's Novice and Frosh earned three 1st place medals, thanks in part to Dara Dickson (Acalanes), Dana Walsh (Miramonte), Kelly Bauer (Miramonte), Claire Grover (Miramonte), Piper Akol (Miramonte), and Nikki Dahlberg-Seeth (Miramonte). On the Men's side, Novice and Frosh earned one 1st place and two 3rd place medals. Notable contributions came from Daniel Migdale (Miramonte), Michael Schier (Miramonte), and Billy Deskin (Campolindo). For more information, visit the www.oaklandstrokes.org

Lafayette Health Club

Want Results?

Our Pilates program is
 "Indoor Conditioning for your Outdoor Lifestyle"

LHC
 celebrates
26
 years!



Mon-Th:
 5am-9:30pm
 Fri:
 5am-8:30pm
 Sat/Sun:
 7am-7pm

Members and
 non-members
 welcome

Strengthen and Stretch !!
 Pilates is for EVERYBODY!

85 Lafayette Circle • Lafayette • 284-7732

Down from Chow Restaurant
www.lafayettehealthclub.com



THE
 ATHENIAN
 SCHOOL

Four 2-week sessions

DEVIL MOUNTAIN SUMMER CAMP

Camps for Ages 5-15



- Trail Blazers
- Summit Seekers
- Sports Camp
- Adventure Camp
- CIT's
- Sessions Begin June 18th

June 18 to August 10, 2007

We offer 2, 4, and 6 week Summer Enrichment Courses too!

- | | |
|---------------------------------|-------------------------------|
| • Pre-Algebra | • Leap Ahead |
| • ESL Day Camp | • Algebra |
| • SAT Prep | • Geometry |
| • Volleyball, Wrestling, Tennis | • Writing Workshop |
| • Robotics | • Ceramics, Photography |
| • Private Swim Lessons | • Theater Camp |
| • Beginning Sewing | • Web Design, Flash Animation |

www.Athenian-Summer.org

925-837-5375



READY FOR A NEW INVESTMENT PROPERTY?

At 1031 Exchange Options, we help clients acquire tenant-in-common properties through a 1031 exchange or direct investment.



Jeff Graulich

Replacement Property Specialist®

national: 800.675.2424 | local: 925.942.1031 x238

jgraulich@1031tic.com

www.1031exchangeoptions.com



(Corporate Office) 1031 Exchange Options – The Gateway Centre, 1850 Mt. Diablo Blvd., 5th Floor, Walnut Creek, CA 94596 | This is neither an offer to sell nor an offer to buy real estate or securities. There are material risks associated with the ownership of real estate. Securities offered through Sigma Financial Corporation. Member NASD/SIPC.

Saint Mary's Athletic Summer Camps

38 YEARS OF EXCELLENCE / MORAGA, CA

Overnight & Day Camps:

Boys & Girls Ages 8-18yrs

Contact Information:

(925) 631-4FUN

www.SMCGAELS.COM

Specialty Camps:

- Father-Son Basketball*
- Baseball & Softball Clinics*
- Boys & Girls Basketball Camps*
- Mother-Daughter Basketball*
- Boys & Girls Soccer Camps*
- Tennis & Rowing Clinics*
- Volleyball Camp & more*



2007 is the 38th year of sports camp excellence at SMC



30+ camps on one of the most picturesque campuses on the West Coast



Amazing coaching, housing & food

Register Online:

www.SMCGAELS.COM

Q's? Contact:

(925) 631-4FUN