

### Concerts-in-the-Park

Tuesdays, 6:30-8:30 pm at the Orinda Community Center Park.  
Bring a picnic and enjoy the free music in the park!

July 31 **Cal Alumni Big Band** (Big Band Jazz)

Aug. 7 **Mixed Nuts** (Oldies Rock, Disco, Blues)



## Jumpstart Your Weight Loss

Jumpstart Medicine offers a medically-supervised weight loss program individually designed for men and women looking to lose weight safely and quickly. On average, our patients lose 2 to 5 pounds per week over the course of 12 weeks. Most patients feel great, have no cravings, and stay highly motivated due to quick results which they can see and feel.

How much do you want to lose?

**jumpstart**  
MEDICINE

Walnut Creek • San Ramon

925-277-1123 • [www.jumpstartmedicine.com](http://www.jumpstartmedicine.com)

## THE SUREST WAY TO STOP WORRYING ABOUT YOUR 1031 EXCHANGE IS TO START LOOKING FOR ONE

- Diversification
- Tax Deferral
- Tax Depreciation
- Single Tenant Triple Net

**David Waal, Principal**  
(925) 407-4747

2950 Buskirk Avenue, Suite 300  
Walnut Creek, California 94597



We help 1031 Exchange  
Investors and Private Clients  
acquire Net Leased and  
Tenant-in-common properties.

**PRESIDIO**  
EXCHANGE ADVISORS

1031 Replacement Property Solutions

Lamorinda Resident for 31 Years

Securities offered through OMNI Brokerage, Inc. • Member/NASD SIPC

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**OMNI Brokerage**



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Luxury. Quality. Value. Service.**

**1 BR's NOW  
Available!**

**Amenities for the lifestyle you deserve:**

- Affordable Monthly Rentals
- Newly Remodeled
- Private Patio/Balcony
- Gracious Restaurant Style Dining
- Weekly Housekeeping
- Scheduled Transportation
- Enrichment Programs
- Computer Center
- Library with Cozy Fireplace
- Outdoor Sitting Areas
- Covered Parking Available
- Pet Friendly Community

**Ask us how we can assist you with a stress free move!**



**1580 Geary Road  
Walnut Creek, CA 94597  
(925) 943-1121**