

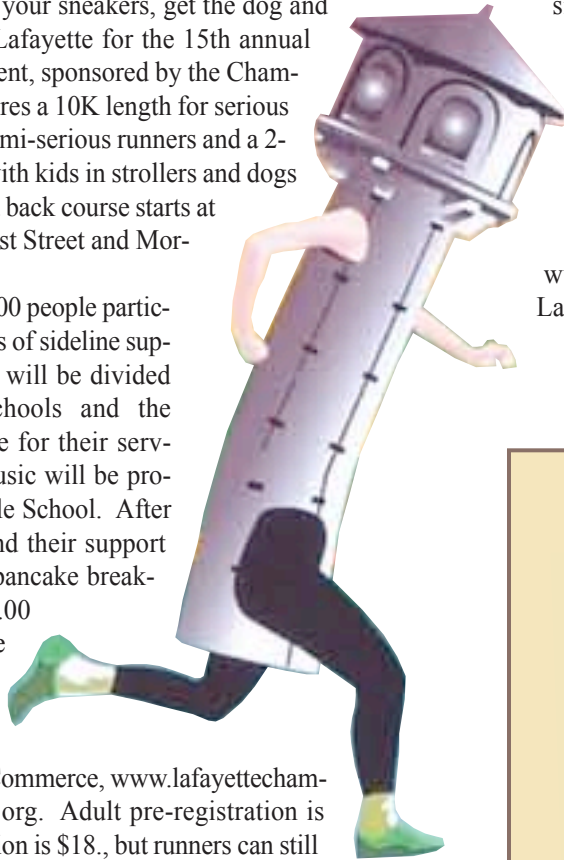
Something for Everyone at the Reservoir Run

By Cathy Tyson

It's not too late, grab your sneakers, get the dog and head to downtown Lafayette for the 15th annual Reservoir Run. The event, sponsored by the Chamber of Commerce, features a 10K length for serious runners, a 5K run for semi-serious runners and a 2-mile race for families with kids in strollers and dogs on leashes. The out and back course starts at Mt. Diablo between First Street and Moraga Road.

Last year over 2,000 people participated, along with scores of sideline supporters. Money raised will be divided between Lafayette schools and the Chamber of Commerce for their services and programs. Music will be provided by Stanley Middle School. After the workout runners and their support teams are invited to a pancake breakfast available for \$5.00 provided by the Lafayette Rotary.

Pre-registration is available through the Lafayette Chamber of Commerce, www.lafayettechamber.org or www.active.org. Adult pre-registration is \$26, youth pre-registration is \$18., but runners can still



sign up on race day from 6:30 on, \$30 for adults, \$23 for youths. The fee includes all the water you can drink, provided at strategic spots along the routes, a goody bag, and a long sleeve T-shirt, while supplies last.

Participants are encouraged to park and BART. Race times are staggered, beginning at 8:30 for the 5K, 8:45 for the 10K and 9:00 for the 2-mile event. For more information, see www.lafayettechamber.org or see www.YouTube.com for an interesting video – just type in Lafayette Reservoir Run.



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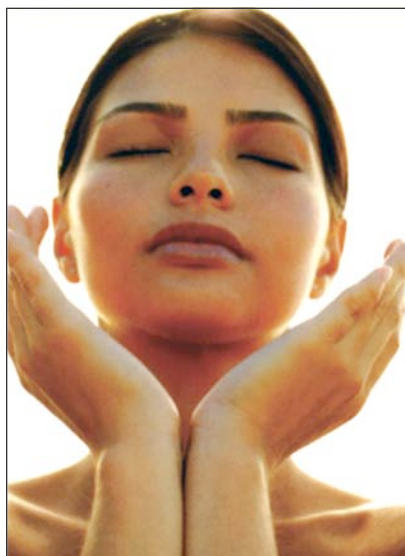
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