

Great Food Fast

By Cathy Tyson

Not only does Diablo Foods have the legendary Ed Stokes and an extensive meat counter, but now the Lafayette landmark has expanded its convenience foods department. Busy professionals take note, after a long day of work, a delicious meal can be on the table in less time than you can say, 'artery-clogging, greasy french fries.'

"We had been wanting to do this for some time," says Deli Manager Karen Mastorakis, now in her 20th year with the store. "The idea was to come in and get a gourmet, reasonably priced meal. We have seven chefs who prepare all of our entrée's and all but two of the salads right here in the store kitchen. The cheese bar has been remodeled, and we also have a variety of homemade soups and fresh sushi-to-go."

"It's been a huge success," notes Mastorakis.

The Italian pot roast and polenta is a big hit as well as the chicken piccata and mini quiche. Even their sautéed brussels sprouts have been flying out the door. Fear not, picky eaters, there's also macaroni and cheese.



Diablo Foods Deli Manager Karen Mastorakis

Photo Cathy Tyson