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Lamorinda 4-H Corner

By Tara Anderson, 6th grade, Stanley Middle School



Members of the Lamorinda Poultry 4-H Group after a trip to the Stockton poultry show Photo submitted

My name is Tara and it's my first year in 4-H. 4-H is a local non-profit organization. 4-H stands for Head, Hands, Heart, and Health. 4-H is a good way to make some friends and to feel included. 4-H isn't just about the animals, for example, I am in Photography and there are other groups too like Foods, Sewing, Music, and much, much more.

Another great thing about 4-H is YOU DON'T NEED AN ANIMAL TO DO IT! The only pets that I have are our two cats and I am still in Poultry and Horse. My brother is in bee-keeping; bees are great pets for any area. 4-H is just plain fun. 4-H is learning. In 4-H is there is no limit to how many projects you do so long as you have the time. It's a great thing to do for

children grades K through Senior. Some of the fun things about 4-H are going to camp and fair. I am looking forward to these activities. I think 4-H is just a plain, all around great thing to do.

Area 4-H Web site: cecon-tracosta.ucdavis.edu

For more information about Lamorinda 4-H contact Michelle Chan at mmchan6@yahoo.com.