

LAMORINDA WEEKLY

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Delivered bi-weekly to all
Lamorinda homes & businesses

Free

Volume 01; Issue 28

visit us online: www.lamorindaweekly.com

Wednesday, March 5, 2008



Wired on Technology

By Jennifer Wake

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Blue-ing of Moraga**

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Hit the Stage** **Page 15**

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Lamorinda Limericks!** **Page 16**

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Advances in technology have changed the face of our world and how we live in it. With information accessible at the click of a button and wireless networks popping up everywhere, how we work and how we interact has changed.

Because of his job, Moraga resident Mark Edelstone says he is always accessible. As the Head of Global Semiconductor Investment Banking for JP Morgan Securities, Inc., Edelstone needs to be available to respond immediately to market changes, but he likes it that way.

"I am completely 24/7 always accessible with the exception of five to six hours of sleep each night (and even that can get interrupted)," he

said. "I just believe in instant reply and I have that expectation of others."

Since Edelstone receives approximately 150 e-mails a day, he says instant access makes him far more productive. "I don't like being disconnected. I'm comfortable being reachable and I rarely go anywhere without my cell phone or RIMM."

Both of his children, Steven, 17, and Emily, 14, as well as his wife, Lori, have their own cell phones with texting capability. "Lori prefers e-mail, but Steven and Emily seldom use e-mail, and rely on instant messaging instead. They text more than talk on the phone," he said.

When Campolindo took on Acalanes at the

recent NCS semi-final boys basketball game last week, neither Steven nor Emily could attend because of their own conflicting events, yet they did not miss the action. "Each of them had friends at the game giving them a steady stream of what was happening," Edelstone said.

But can use of this technology go too far? When does it shift from a great form of communication to a source of addiction?

According to Lafayette marriage and family therapist (MFT) Dominic D'Ambrosio, some indicators that there might be a problem are if the person has a preoccupation about gaming, texting or using the Internet.

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Mats Win NCS Championship

By Darrell Hirashima, Jr.

Tied 6-6 midway through the first quarter of their third meeting this year with league rival Dublin on Feb. 27, the Miramonte girls basketball team found their shooting touch and never looked back, defeating the Gaels 67-46 and earning their fourth straight trip to the NCS championship game.

The Mats received solid play from junior forward Katie Reid, who came off the bench to post a double-double with 10 points and 12 rebounds. Ashlee Burns continued her post-season shooting streak, draining four 3-pointers and finishing with 14 points to go with four steals and five assists.

Miramonte headed into the title game against a young and talented team from Hercules High School.

In the final seconds of the North Coast Section Division III Championship game, onlookers viewed a familiar site, as Miramonte guard Katie Batlin touched her heart, stroked two game-sealing free throws and drove the proverbial dagger into the heart of Hercules High School and their aspirations for a North Coast title.

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2008 Miramonte Varsity Team Championship picture: DJ Hirashima, Trish Hirashima, Darrell Hirashima, Kate Reid, Ashlee Burns, Katie Evans, Stacy Rosenzweig, Lauren Kimball, Kristine Miller, Chelsey Christenson, Katie Batlin, Stephanie Golden, Frances Moreau
Photo Kim Miller

Mailed to 24,600 homes and businesses in Lamorinda.

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