

## Stroke Improvement Clinics at LMYA

## Submitted by Gint Federas

MYA Swim will offer Stroke Improvement Clinics open to competitive swimmers from any team beginning in April. Cost is \$100/swimmer for eight classes. Clinics run from April 7 to May 1: Session 1 - Monday & Wednesday or Session 2 - Tuesday & Thursday (6 & under – 5:20 to 6 p.m.; 7 to 8 yrs – 6 to 6:45 p.m.; 9 & up – 6:45 to 7:45 p.m.).

Location: Acalanes High School pool (1200 Pleasant Hill Rd, Lafayette). For more information, please see the website at www.lmyaswim.com.