

Dining • Dining • Dining • Dining • Dining •

# Got Great Chard from the Farmers' Market? Break out the Barbecue!

By Susie Iventosch

Though this recipe is a bit time consuming to prepare, the chicken is very moist with the red chard stuffing, and can be grilled on the barbecue. This makes for a quick after dinner clean up! The cabernet reduction sauce is a nice accompaniment over both chicken and rice. I love to use wild rice

pilaf with this dish, adding sautéed onion, dried cranberries a splash of orange juice and toasted pecans to the pilaf, but any rice will work and if you don't have time to make a fancy rice dish, simply used cooked rice. The sauce will make it special enough!



The recipe is available on our web site. Go to: <http://www.lamorindaweekly.com>

## Chard-stuffed chicken with cabernet-balsamic reduction sauce

(Serves 6)

- 6 boneless, skinless chicken breasts
- ¼ cup olive oil
- 1 bunch red Swiss chard, leaves removed from stems
- 1 bunch red or green kale, leaves removed from stems
- 1 large yellow or red onion, chopped
- 2 cloves garlic
- 1 tablespoon Dijon mustard
- ½ cup crumbled blue cheese
- Kitchen string

Lay chicken breasts out flat on a cutting board. With a sharp knife, make a horizontal slit, leaving one side intact, forming a little pocket and a flap. Set aside.

In a large skillet, heat 1-2 tablespoons olive oil and cook garlic with onions until they are translucent and cooked through. Add Dijon mustard and stir well. Remove onions from pan and place in a medium large mixing bowl. In same pan, heat 1-2 tablespoons oil, and cook chard and kale leaves in several batches, cooking 1-2 minutes per side, or until just al dente. Remove to bowl with onions. Sprinkle blue cheese

over mixture and stir well. Season to taste with salt and pepper.

Using a soup spoon, or small serving spoon, stuff each chicken breast with chard mixture and close the open flap over the stuffing. Then seal together by tying the kitchen string around the breast in two or three places.

Preheat barbecue to medium-high heat, and grill chicken bundles for approximately five minutes per side, or until done, but not overcooked. Serve with wild rice and cabernet reduction sauce.

Combine all ingredients in a large saucepan, bring to a boil and continue to boil over medium-high heat until reduced by half. Reduce heat to low and simmer for about one hour to enhance flavor. Cool and strain out all solids. When ready to serve, pour sauce back into pot, bring to boil and reduce by half again. At this point the sauce is ready to serve, but if you like a silky texture, add butter to warm sauce and stir over medium-low heat until well-integrated. Serve over chicken and rice immediately.

Susie can be reached at [suziven@hughes.net](mailto:suziven@hughes.net)

## Cabernet-balsamic reduction sauce

- 2 cups cabernet of your choice
- 2 tablespoons balsamic vinegar
- 2 cups chicken broth
- 2 carrots, peeled and coarsely chopped
- 2 celery stalks, coarsely chopped
- 1 yellow onion, cut into eighths, roasted and almost burned over an open flame, or in the broiler
- 6 or so whole black peppercorns
- 1 bay leaf
- 2 twigs of fresh thyme, or 1 teaspoon dried
- 2 twigs of fresh rosemary, or 1 teaspoon dried
- 2 tablespoons unsalted butter, optional

## Search our website



Our website now features a search engine that you can use to search for stories from our first issue forward. Try it! Type in a friend's name and you might be surprised by the result!

[www.lamorindaweekly.com](http://www.lamorindaweekly.com)

## SPECIALS

**KIDS EAT FREE!**  
every Tuesday  
(one child per paid adult)

# TERZETTO CUISINE

**BYOB NIGHT**  
Enjoy your own bottle of wine at Terzetto's every Saturday night. *No Corkage Fee*

*Cafe*

1419 Moraga Way, Moraga Shopping Center  
925-376-3832

## Free Entree Special

Get a free entree with the purchase of another entree of equal or greater value.  
(Maximum value is \$8.95 lunch & \$14.95 dinner.)

925-284-7117

Petar's Restaurant is located in the heart of Lafayette at 32 Lafayette Circle.

\* Regular menu only, not valid with daily board specials, early dinner menu or with any other specials or promotions. (soup & salad sides are not considered entrees) - Exp. May 8, 2008 -

## Mondello's Cucina Italiana

Fabulous Italian Fare # Vino served Tue. thru Sun. from 5pm

May wine Month

**925-376-2533**

Purchase one bottle  
Receive the 2nd at ½ price  
Enjoy with dinner or take it home!!  
2nd bottle equal or lesser value

Catering & Take-out available

337 Rheem Blvd.  
Moraga  
[www.mondellos.com](http://www.mondellos.com)

View our Advertising rates online: [www.lamorindaweekly.com](http://www.lamorindaweekly.com) or call 925.377.0977

<b>LAMORINDA's Restaurants</b> <small>• updated January 23, 2008 •</small>		
<b>American</b>		
Bistro	3287 Mt. Diablo Blvd, Laf	283-7108
Chow Restaurant	53 Lafayette Cir, Laf	962-2469
Hungry Hunter	3201 Mt. Diablo Blvd, Laf	938-3938
Quiznos	3651 Mt. Diablo Blvd, Laf	962-0200
Ranch House	1012 School St, Mor	376-5127
Terzetto Cuisine	1419 Moraga Way, Mor	376-3832
The Cheese Steak Shop	3455 Mt. Diablo Blvd, Laf	283-1234
<b>BBQ</b>		
Bo's Barbecue	3422 Mt. Diablo Blvd, Laf	283-7133
<b>Burger Joint</b>		
Flippers	960 Moraga Rd, Laf	284-1567
Nation's Giant Hamburgers	400 Park, Mor	376-8888
Nation's Giant Hamburgers	76 Moraga Way, Ori	254-8888
<b>Cafe</b>		
Express Cafe	3732 Mt. Diablo Blvd # 170, Laf	283-7170
Ferrari-Lucca Delicatessens	23 Lafayette Cir, Laf	299-8040
Geppetto's cafe	87 Orinda Way, Ori	253-9894
Rising Loafer	3643 Mt. Diablo Blvd Ste B, Laf	284-8816
<b>California Cuisine</b>		
Gigi's	1005 Brown St., Laf	962-0882
Metro Lafayette	3524 Mt. Diablo Blvd, Laf	284-4422
Shelby's	2 Theatre Sq, Ori	254-9687
<b>Chinese</b>		
Asia Palace Restaurant	1460 B Moraga Rd, Mor	376-0809
Chef Chao Restaurant	343 Rheem Blvd, Mor	376-1740
China Moon Restaurant	380 Park St, Mor	376-1828
The Great Wall Restaurant	3500 Golden Gate Way, Laf	284-3500
Hsiangs Mandarin Cuisine	1 Orinda Way # 1, Ori	253-9852
Lily's House	3555 Mt. Diablo Blvd #A, Laf	284-7569
Mandarin Flower	581 Moraga Rd, Mor	376-7839
Panda Express	3608 Mt. Diablo Blvd, Laf	962-0288
Szechwan Chinese Restaurant	79 Orinda Way, Ori	254-2020
Uncle Yu's Szechuan	999 Oak Hill Rd, Laf	283-1688
Yan's Restaurant	3444 Mt. Diablo Blvd, Laf	284-2228
<b>Coffee Shop</b>		
Millie's Kitchen	1018 Oak Hill Rd #A, Laf	283-2397
Squirrel's Coffee Shop	998 Moraga Rd, Laf	284-7830
Village Inn Cafe	290 Village Square, Ori	254-6080
<b>Continental</b>		
Petar's Restaurant	32 Lafayette Cir, Laf	284-7117
Vino Restaurant	3531 Plaza Way, Laf	284-1330
Duck Club Restaurant	3287 Mt. Diablo Blvd, Laf	283-7108
<b>Hawaiian Grill</b>		
Lava Pit	2 Theatre Square, St. 142, Ori	253-1338
<b>Indian</b>		
India Palace	3740 Mt. Diablo Blvd, Laf	284-5700
Swad Indian Cuisine	3602 Mt. Diablo Blvd, Laf	962-9575
<b>Italian</b>		
Giardino	3406 Mt. Diablo Blvd, Laf	283-3869
La Finestra Ristorante	100 Lafayette Cir, St. 101, Laf	284-5282
La Piazza	15 Moraga Way, Ori	253-9191
Mangia Ristorante Pizzeria	975 Moraga Rd, Laf	284-3081
Michael's	1375 Moraga Way, Mor	376-4300
Mondello's	337 Rheem Blvd, Mor	376-2533
Pizza Antica	3600 Mt. Diablo Blvd, Laf	299-0500
Postino	3565 Mt. Diablo Blvd, Laf	299-8700
Ristorante Amoroma	360 Park St, Mor	377-7662
<b>Japanese</b>		
Asia Palace Sushi Bar	1460 B Moraga Rd, Mor	376-0809
Blue Ginko	3518-A Mt. Diablo Blvd, Laf	962-9020
Kane Sushi	3474 Mt. Diablo Blvd, Laf	284-9709
Niwa Restaurant	1 Camino Sobrante # 6, Ori	254-1606
Serika Restaurant	2 Theatre Sq # 118, Ori	254-7088
Tamami's Japanese Restaurant	356 Park St, Mor	376-2872
Yu Sushi	19 Moraga Way, Ori	253-8399
<b>Jazz Dinner Club</b>		
Joe's of Lafayette	3707 Mt. Diablo Blvd., Laf	299-8807
The Orinda House	65 Moraga Way, Ori	258-4445
<b>Mediterranean</b>		
Alex's	2 Theatre Sq # 105, Ori	254-5290
Nino's Bay	#2 Theater Square, Ste. 153, Ori	253-1327
Oasis Cafe	3594 Mt. Diablo Blvd, Laf	299-8822
Per Tutti Ristorante	3576 Mt. Diablo Blvd, Laf	284-5225
<b>Mexican</b>		
360 Gourmet Burrito	3655 Mt. Diablo Blvd, Laf	299-1270
El Charro Mexican Dining	3339 Mt. Diablo Blvd, Laf	283-2345
El Jaro Mexican Cafe	3563 Mt. Diablo Blvd, Laf	283-6639
La Cocina Mexicana	23 Orinda Way, Ori	258-9987
Mucho wraps	1375-B Moraga Way, Mor	377-1203
Baja Fresh Mexican Grill	3596 Mt. Diablo Blvd, Laf	283-8740
Celia's Restaurant	3666 Mt. Diablo Blvd, Laf	283-8288
El Balazo	35180 Mt. Diablo Blvd, Laf	284-8700
Maya Mexican Grill	74 Moraga Way, Ori	258-9049
Numero Uno Taqueria	3616 Mt. Diablo Blvd, Laf	299-1333
<b>Pizza</b>		
Mountain Mike's Pizza	3614 Mt. Diablo Blvd, Laf	283-6363
Mountain Mike's Pizza	504 Center St, Mor	377-6453
Pennini's	1375 Moraga Rd, Mor	376-1515
Round Table Pizza	361 Rheem Blvd, Mor	376-1411
Round Table Pizza	3637 Mt. Diablo Blvd, Laf	283-0404
Village Pizza	19 Orinda Way # Ab, Ori	254-1200
Zamboni's Pizza	1 Camino Sobrante # 4, Ori	254-2800
<b>Sandwiches/Deli</b>		
Bianca's Deli	1480 Moraga Rd # A, Mor	376-4400
Yankee Pier	64 Moraga Way, Ori	254-7202
Europa Hofbrau Deli & Pub	484 Center St, Mor	376-1551
Gourmet Bistro Cafe	103 Moraga Way, Ori	253-0766
Kasper's Hot Dogs	3518 Mt. Diablo Blvd, Laf	299-0716
Noah's Bagels	19 F Orinda Way, Ori	254-1990
Orinda Deli	396 Park St., Mor	376-2959
Subway	3322 Mt. Diablo Blvd #B, Laf	284-2627
Subway	Theatre Square, Ori	258-0470
<b>Seafood</b>		
Yankee Pier	3593 Mt. Diablo Blvd, Laf	283-4100
<b>Singaporean/Malaysian</b>		
Kopitiam	3647 Mt. Diablo Blvd, Laf	299-1653
<b>South American</b>		
The Patio Tapas and Restaurant	960 Moraga Road, Laf	299-6885
<b>Steak</b>		
Casa Orinda	20 Bryant Way, Ori	254-2981
<b>Tea</b>		
Patisserie Lafayette	71 Lafayette Cir, Laf	283-2226
Tea Party by Appointment	107 Orinda Way, Ori	254-2206
<b>Thai</b>		
Amarin Thai Cuisine	3555 Mt. Diablo Blvd # B, Laf	283-8883
Baan Thai	99 Orinda Way, Ori	253-0989
Royal Siam	512 Center St, Mor	377-0420
Siam Orchid	23 Orinda Way # F, Ori	253-1975

The Lamorinda Weekly (LW) Restaurant Guide is not paid advertising; our intent is to provide a useful reference guide. We hope that we have included all Lamorinda restaurants on this page, except those that told us they did not wish to be listed. LW is not liable for errors or omissions. In the event that we have inadvertently printed misinformation or excluded a restaurant please let us know ([info@lamorindaweekly.com](mailto:info@lamorindaweekly.com)) so that we may correct our list for the next issue.