



# SPORTS

## LAMORINDA'S LOCAL SPORTS NEWS

### Acalanes Track and Field Sweeps the Competition, Stays Undefeated

By David Anderson



Photo Gavin Schlissel

The Acalanes boys and girls track and field teams continued the domination of their opponents Wednesday, April 9 with both squads claiming victories over Campolindo and Concord.

The Don's boys, with a 4-0 record in DFAL, squeezed past the Cougars with a 76-60 win, while they were able to breeze past the overmatched Concord Minutemen by the wide margin of 109-26.

The Don's girls, with a 4-0 record as well, looked just as strong as their counterparts with a similarly tight win over Campolindo 72-62 and a relatively relaxed win over Concord 71-53. Campolindo, however, was able to split Wednesday's contest, losing to Acalanes but earning victories over Concord 107-25 for the boys and 95-41 for the girls.

The moment of the afternoon came during the girl's varsity 800 meter race when



Photo Gavin Schlissel

sophomore Emily Shearer overtook the lead runner from Campolindo in the final 50 meters of the race to earn the victory. Shearer, who was leading after the first lap, was overtaken halfway through the second, but ran a smart race and saved enough energy to sprint past the lead runner in the final meters. She would finish with victories

in the 1600 and the 800 meter races for the second meet in a row with times of 5:14.8 and 2:24.6 respectively.

The boy's varsity finished their 800 meter race in similar fashion when Brett Cantrell and Toshi Kellogg were able to close in on and pass Campo's lead runner to earn first and second place.

Freshman Katie Barton of Acalanes continued her wizardry on the hurdles for another week placing first in both the 110 meter hurdles with a time of 16.9 seconds and the 300 meter hurdles with a time of 50.9 seconds. Barton also finished second in the long jump with a leap of 15'4" behind Campolindo's Stacey Jung, who placed first with a jump of 15'8".

On the boy's side, Joey Anderson, who was coming back from a foot injury, impressed the viewers in Lafayette with wins in the 100 meter hurdles with a time of 15 seconds flat and the 300 meter hurdles with a time of 41 seconds flat.

Acalanes will attempt to retain their undefeated record on April 16 at 3:30 p.m. when they take on Las Lomas and Northgate in Lafayette.



Photo Gavin Schlissel

### Matadors Men's Lacrosse Dominate Dons in 13-7 Win

By Valerie Hotz



John Hofinga #15 and Will Sheehan #34 against Jeff Totten #3

Photo Laura Walsh

Coming off a 10-7 victory over Bishop O'Dowd, the Miramonte Men's Lacrosse team defeated Acalanes 13-7 to take first place in DFAL, earning a seventh place ranking in Northern California. Their season record stands at seven wins and three losses. Acalanes dropped from eleventh to fifteenth place in Northern California after Friday's loss.

Logan Quinn kept Acalanes in the game by scoring three goals and taking a tough hit from Jeff Hughes, resulting in a forced turnover for Miramonte in the second quarter.

Sam Nep, Paul Wells, Joe Wignall and Christian Skuce also put points up on the board, while Dons goalkeeper Will Long had nine saves.

Miramonte's Tommy Sander set the pace for the Mats early and consistently throughout the game by winning 10 out of 13 face-offs in the first half alone. Arlo Malmberg was the leading scorer with four goals, followed by John

Hofinga with three. Harry Forman, Tim Albo and Will Sheehan all scored twice. Defensive leaders for the Mats include Joe Walsh with four forced turnovers and Frankie Cuneo with three. Goalie Adrian Cheung had a good game with seven saves.

"We worked hard all week and we came out to win. It all came down to execution. We controlled the ball, put the shots in and

won," Mats co-captain Arlo Malmberg said. "We did what we came out to do."

In his sixth year coaching the Matadors Danny Roden agreed the team played exactly the way they wanted.

"Tommy Sander won numerous face-offs and John and Arlo in attack nicely played the ball. Our defense was solid throughout as always," he said.



Tommy Sanders facing-off against Logan Quinn #51

Photo Laura Walsh



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