

# Lamorinda Community

## Calendar, Notes, News

# Lafayette

Calendar	
City Council	7pm
Community Center, Manzanita Room 500 St Mary's Road Monday, June 9	
Planning Comm.	7pm
Community Center, Manzanita Room 500 St Mary's Road Thursday, June 5	
Design Review	7pm
Community Center, Manzanita Room 500 St Mary's Road Tuesday, June 10	
Park, Trails, Rec.	7pm
Community Center 500 St Mary's Road Wednesday, June 11	
Circulation	7pm
Community Center, Manzanita Room 500 St Mary's Road Monday, June 2	
Senior Services	3:30pm
Community Center, Alder Room 500 St Mary's Road Thursday, June 26 check online: Town of Lafayette: <a href="http://www.ci.lafayette.ca.us">http://www.ci.lafayette.ca.us</a> • all meeting notes • calendar updates Chamber of Commerce: <a href="http://www.lafayettechamber.org">http://www.lafayettechamber.org</a> • local businesses • upcoming events	



**Mystery pipe, 5/15/08** A white male Suisun City resident left the Hungry Hunter restaurant on Mt. Diablo Boulevard without paying. While seated near some bushes close to the eatery he hid a glass pipe used to smoke methamphetamine. The dine-and-dash suspect told officers he simply found the pipe in the bushes and put it in his pocket.

**Car theft, 5/14/08** An employee of the Lafayette Park Hotel parked and locked his car on Mt. Diablo Blvd. before his shift began. When he returned at 5:00, the car, a Chevy Tahoe, was gone.

**Embezzlement, 5/13/08** A middle aged white female embezzled an unknown amount of money from her employer, Adoption Ark.

**Burglary, 5/13/08** A Thompson Road homeowner came home in the middle of the afternoon and found the front door open. She had left in the morning around 8:30 and locked the door behind her. The neighbors didn't hear a peep from the stealthy burglar(s). Estimated cost of missing items \$5,320.

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### Library Input Needed From Residents With Special Needs

By Cathy Tyson



Construction site on Mt. Diablo Blvd. Photo Andy Scheck

As Lafayette residents watch the new Library and Learning Center take shape, planners are asking for input regarding the "construction" of special services the facility will offer. Identifying and providing appropriate services for patrons with disabilities and special

needs is the goal. They are seeking input from residents willing to take a few minutes to complete a survey to determine these service priorities. The wish list will be addressed as funding becomes available. "When you increase access to people with disabilities you in-

crease access for everyone. Think of curb cuts originally designed for people in wheelchairs, but they have made using sidewalks easier for people with strollers, wheeled luggage, and bike riders," said Susan Weaver, Senior Community Library Manager.

The six page survey includes questions about visual, physical, learning and speech and hearing assistance needs. It asks for suggestions of useful tools and specific books or periodicals that would be helpful, for example large type books, TTY or the Phonic Ear along with preferences in adaptive technology.

Paper copies of the survey are available at the Lafayette Library and at the Senior Services Office at 500 St. Mary's Road or online at [ccc.lib.org/locations/Lafayette.html](http://ccc.lib.org/locations/Lafayette.html)

### Class is in Session for Seniors

By Cathy Tyson

Lafayette seniors have an embarrassment of riches available basically free of charge via Senior Services Center classes and workshops. "We want to give seniors an opportunity to feel that they are part of the community and a sense of belonging that contributes to their mental and physical well being," said Mei Sun Li, Senior Services Coordinator.

Li joined the Center in 2004 after retiring from Bank of America. Broadening the range of classes available, "reflects what our clientele want. We focus on programs that are intellectually stimulating in nature," she continued.

See the adjacent box for compete listing of summer session events. Some highlights include a lecture on Oscar Wilde's "An Ideal Husband" followed by a trip to a matinee CalShakes performance of this comedy, and the very timely Primaries, Caucuses, and Super Delegates. This class examines how a series of changes to make the presidential nominating process more democratic and transparent ended up producing one of the most controversial competitions in modern American history, according to the class description. Recently this reporter at-

tended a fascinating presentation on "Differentiating Normal Aging, Dementia and Alzheimer's. Learning about these topics in a friendly, comfortable setting was quite enjoyable. "Dementia is a normal part of the natural process of aging," said Caroline Allen, a medical social worker with Hospice of the East Bay and class presenter. By comparison, she noted that Alzheimer's disease is marked by decreasing blood flow to the brain due to the death of nerve cells, making it difficult for signals to transmit properly. What followed was in interesting hour and a half class that explored these diseases in depth, coupled with Allen's personal experiences and stories about patients and families at Hospice of the East Bay.

With just a couple of exceptions, all of the classes are free; for example Tea Dancing charges a \$2 fee to cover refreshments and the CalShakes lecture is free, but group discount matinee tickets are \$30 each.

These classes are the deal of the century; attendees are treated to an interesting event by an expert in the field, along with coffee and cookies, and an opportunity to socialize. An optional donation at the door to help sustain these programs is sincerely appreciated by the Senior Services Center. Stay tuned for "Managing and Exploring Your Sensual Self After Age 50" coming in November.

For more information, call the Senior Services Center at (925) 284-5050 or feel free to pick up a

class catalogue at the Lafayette Community Center, 500 St. Mary's Road or check online at [www.lafayetterec.org](http://www.lafayetterec.org). Space is limited, so be sure to call for a reservation.

#### Upcoming Summer Classes

- A Personal Quest in New Zealand - June 5
- Skin Care - the smart way to manage your looks and your well-being - June 18
- Reverse Mortgage - should you or should you not - June 26
- Computer Maintenance 101 - July 17
- Lecture on Oscar Wilde's "An Ideal Husband" followed by a group trip to Cal Shakes for an afternoon matinee - July 23
- Primaries, Caucuses and Super Delegates - by a UC Berkeley Political Science doctoral candidate - July 31
- Senior Identity Theft and You - with a panel of experts - August 8
- An Afternoon of Jazz Song and Piano - Libby McLaren and Maya Kronfeld - August 15
- Diablo Valley Happiness Club, Leader Dr. Bob Nozik (Dr. Happiness) - monthly starting June 8
- Bi-Monthly Caregiver Support Group - Mondays, 6/2, 6/23, 7/7, 7/21, 8/4, 8/18, 9/8
- Luk Tung Kwen - exercise class - every other Friday, starting 6/27
- Tea Dancing every Wednesday
- Art of Balance Workshop - June 27
- Preventing Falls Workshop - July 25
- Pain Management Workshop - August 22
- Free Blood Pressure Screening - at 12:30 following workshops above
- Free Memory Screening - by appointment following workshops above

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### In Search of Art for the Art and Wine Festival

By Cathy Tyson

For the upcoming Lafayette Art and Wine Festival in September, the Chamber of Commerce is looking for a piece of artwork to advertise the event that expresses the look, taste, sound and feel of the Festival.

"This is the first time we've done this, to open it up to the community to get their impression of the Festival," said Tom Taneyhill, a local artist. He went on to explain that all work will be considered, encouraging everyone from fourth graders to professionals to retirees to enter.

There are no restrictions regarding size or media: draw-

ing, photography, painting or creative sculpture.

Artwork will be accepted at the Lafayette Chamber offices or online by May 30th at 5:00 p.m. Organizers are considering extending the cut off date. The winning entry may be used in TV ads and newspaper articles, or displayed at events promoting the festival. The winning piece will be on display at the Festival and will be auctioned off to raise money for the Lafayette Arts and Science Foundation. For more information, call the Chamber of Commerce office at 284-7404.

**"This is the first time we've done this, to open it up to the community to get their impression of the Festival"**

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