

Dining • Dining • Dining • Dining • Dining •

Corn at the Plate

By Suzie Iventosch

It's funny how stories evolve. You'll be talking to someone about a certain subject, one thing leads to another and soon a new story is brewing, or, in this case, a new summer salad recipe.

Catherine Dieterich, President of the Lombardy Branch of Children's Hospital recently teamed up with her husband Bill and good friend Tony La Russa to bottle and distribute the traditional Dieterich family "secret" salad dressing. The original dressing was the invention of Bill's grandmother Nellie more than 100 years ago.

Nellie Dieterich, who moved to Orinda in the 1930s, created this dressing and bottled it in empty bourbon bottles for family and friends. The recipe passed through the generations, and when Bill was first dating Catherine, he invited her to dinner and was about to dress her salad, when she tried to stop him.

"I'm northern Italian and we always dressed our salads with straight olive oil and vinegar – never dressing out of a bottle," she said.

But Bill convinced her to try it, and she loved it!

"He marinated steaks in the dressing that night and tossed the salad with it, too," she remembers.

"After that, I was hooked!"

For years, Catherine and Bill made the dressing for friends and family, bottling it in wine bottles – not so many bourbon drinkers these days. One morning over breakfast, Bill and Tony La Russa, of baseball fame, got the idea to market the dressing as a way to fund philanthropies that were dear to each of them.

La Russa provides shelter and care for rescued animals through his Animal Rescue Foundation, (ARF), while the Dieterich Family Charitable Fund supports a variety of children's programs from youth medical care to sports programs.

Recently, At-the-Plate added a balsamic dressing to its repertoire. Both dressings are all-natural and vegetarian, with no trans-fat and no artificial flavors or colors. They are available for purchase at Diablo Foods in Lafayette, David M. Brian and Whole Foods in Walnut Creek, and Dreager's Market in Danville. And for those who have family in the Midwest, the product is also sold through the 90-store Snuck's Market chain.

For more information on these products please visit www.at-the-plate.com

At-The-Plate Fresh Corn Salad with Nellie's Original Salad Dressing



Ingredients

- ½ cup At-the-Plate Original Salad Dressing
- 6 ears fresh corn on the cob (or approximately 2 cups)
- 2 tablespoons olive oil
- 1 tablespoon green onions, coarsely chopped
- ½ cup red bell pepper, diced
- ½ cup orange bell pepper, diced
- 1 mild red chili pepper, diced
- 1 tomato, chopped
- 2 teaspoons fresh lime juice
- 1/3 cup fresh basil, chopped
- Salt and pepper to taste
- My additions:
- 1/3 cup fresh cilantro, chopped
- 2 tablespoon red wine vinegar
- ½ cup sharp cheddar cheese, grated

Directions

Cook corn and slice kernels from cob. (Can be prepared a day or two ahead and refrigerated)
Place all ingredients, except corn, olive oil, and dressing, in a large salad bowl and toss. Heat the olive oil in a large skillet. Add corn and sauté over medium-high heat for about five minutes, or until golden-brown. Remove from pan and add to ingredients in salad bowl. Toss all together with the dressing, or drizzle dressing over individual servings. Serve in a butter leaf lettuce cup along with warm French bread.

**Per Tutti Ristorante—
Lunch with Your Best Friend**

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As we finished, I asked the waiter to bring out the doggie menu. Pepsi was disappointed to learn that they were out of the Hot Diggity Dog, an all turkey dog with bacon bits, but he seemed to be appeased by the alternative—the Hen House Chicken, five ounces of boneless chicken breast. Bryce opted for the Quarter Hounder, a doggie burger deluxe. Each of the doggie meals described cost \$3.95. There was a fourth item on the doggie menu—the Good Dog, six ounces of grilled filet for the very special dog. Either our dogs were not sufficiently special, or with the price tag of \$12.95, we were not willing to pay more for our dogs' lunches than our own.

The dogs' lunches were served on paper plates and included a side of rice and grated cheese. Pepsi, the mutt that he is, displayed few table manners. He dove into his food pushing his plate across the

sidewalk knocking over his water bowl and spilling rice in the process. Bryce showed his pedigree and lay down gently next to his plate as he ate. Pepsi consumed his entire lunch in less than two minutes, so he moved on to "help" Bryce with the remainder of his. The whole event was reminiscent of lunches with my mothers' playgroup when my twins were toddlers—fast and messy. Trying to take a photo of the dogs to document the lunch was similar to taking a photo of two toddlers as well—I never could get them both facing the camera.

Per Tutti, located at 3576 Mt. Diablo Boulevard in Lafayette, serves lunch Monday through Saturday starting at 11:30 and dinner seven days a week. Well-behaved dogs are welcome to dine with their owners at the outside tables at anytime.



From left, Catherine Dieterich, Elaine LaRussa (Tony's wife) and Billy Dieterich at the Paws on Broadway event in Walnut Creek

Photo courtesy of subjects

This recipe is available on our web site. Go to:
<http://www.lamorindaweekly.com>
Susie can be reached at
suziven@hughes.net

Father's Day Brunch & Dinner
Brunch: 8 am - 2 pm
Dinner: 4:30 - 8:40 pm
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Call for Reservations Today!
TERZETTO CUISINE Cafe
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Brunch

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- ◆ Crab Omelets
- ◆ Southwestern Omelets
- ◆ Huevos Rancheros
- ◆ Steak Cobb Salad
- ◆ French Dip

Dinner

- ◆ Prime Rib
- ◆ Baby Back Ribs
- ◆ Blackened Salmon
- ◆ Prawn Pasta
- ◆ Chicken Parmesan

Free Entree Special
Get a free entree with the purchase of another entree of equal or greater value.
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Petar's Restaurant & Pub
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Petar's is open for lunch Monday through Saturday from 11:30 to 4:00 and open for dinner nightly.
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* Regular menu only, not valid with daily board specials, early dinner menu or with any other specials or promotions. (soup & salad sides are not considered entrees) - Exp. June 30, 2008 -

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LAMORINDA's Restaurants
-- updated May 14, 2008 --

American								
Bistro	3287 Mt. Diablo Blvd, Laf	283-7108	Squirrel's Coffee Shop	998 Moraga Rd, Laf	284-7830	Mucho wraps	1375-B Moraga Way, Mor	377-1203
Chow Restaurant	53 Lafayette Cir, Laf	962-2469	Village Inn Café	290 Village Square, Ori	254-6080	Baja Fresh Mexican Grill	3596 Mt. Diablo Blvd, Laf	283-8740
Hungry Hunter	3201 Mt. Diablo Blvd, Laf	938-3938	Continental			Celia's Restaurant	3666 Mt. Diablo Blvd, Laf	283-8288
Quiznos	3651 Mt. Diablo Blvd, Laf	962-0200	Petar's Restaurant	32 Lafayette Cir, Laf	284-7117	El Balazo	3518D Mt. Diablo Blvd, Laf	284-8700
Ranch House	1012 School St, Mor	376-5127	Vino Restaurant	3531 Plaza Way, Laf	284-1330	Maya Mexican Grill	74 Moraga Way, Ori	258-9049
Terzetto Cuisine	1419 Moraga Way, Mor	376-3832	Duck Club Restaurant	3287 Mt. Diablo Blvd, Laf	283-7108	Numero Uno Taqueria	3616 Mt. Diablo Blvd, Laf	299-1333
The Cheese Steak Shop	3455 Mt. Diablo Blvd, Laf	283-1234	Hawaiian Grill			Pizza		
BBQ			Lava Pit	2 Theatre Square, St. 142, Ori	253-1338	Mountain Mike's Pizza	3614 Mt. Diablo Blvd, Laf	283-6363
Bo's Barbecue	3422 Mt. Diablo Blvd, Laf	283-7133	Indian			Mountain Mike's Pizza	504 Center St, Mor	377-6453
Burger Joint			India Palace	3740 Mt. Diablo Blvd, Laf	284-5700	Pennini's	1375 Moraga Rd, Mor	376-1515
Flippers	960 Moraga Rd, Laf	284-1567	Swad Indian Cuisine	3602 Mt. Diablo Blvd, Laf	962-9575	Round Table Pizza	361 Rheim Blvd, Mor	376-1411
Nation's Giant Hamburgers	400 Park, Mor	376-8888	Italian			Round Table Pizza	3637 Mt. Diablo Blvd, Laf	283-0404
Nation's Giant Hamburgers	76 Moraga Way, Ori	254-8888	Giardino	3406 Mt. Diablo Blvd, Laf	283-3869	Village Pizza	19 Orinda Way # Ab, Ori	254-1200
Café			La Finestra Ristorante	100 Lafayette Cir, St. 101, Laf	284-5282	Zamboni's Pizza	1 Camino Sobrante # 4, Ori	254-2800
Express Cafe	3732 Mt. Diablo Blvd # 170, Laf	283-7170	La Piazza	15 Moraga Way, Ori	253-9191	Sandwiches/Deli		
Ferrari- Lucca Delicatessens	23 Lafayette Cir, Laf	299-8040	Mangia Ristorante Pizzeria	975 Moraga Rd, Laf	284-3081	Bianca's Deli	1480 Moraga Rd # A, Mor	376-4400
Geppetto's cafe	87 Orinda Way, Ori	253-9894	Michael's	1375 Moraga Way, Mor	376-4300	Europa Hofbrau Deli & Pub	64 Moraga Way, Ori	254-7202
Rising Loafer	3643 Mt. Diablo Blvd Ste B, Laf	284-8816	Mondello's	337 Rheim Blvd, Mor	376-2533	Gourmet Bistro Café	484 Center St, Mor	376-1551
California Cuisine			Pizza Antica	3600 Mt. Diablo Blvd, Laf	299-0500	Kasper's Hot Dogs	103 Moraga Way, Ori	253-0766
Gigi's	1005 Brown St., Laf	962-0882	Postino	3565 Mt. Diablo Blvd, Laf	299-8700	Noah's Bagels	3518 Mt. Diablo Blvd, Laf	299-0716
Metro Lafayette	3524 Mt. Diablo Blvd, Laf	284-4422	Ristorante Amoroma	360 Park St, Mor	377-7662	Orinda Deli	19 F Orinda Way, Ori	254-1990
Shelby's	2 Theatre Sq, Ori	254-9687	Japanese			Subway	396 Park St., Mor	376-2959
Chinese			Asia Palace Sushi Bar	1460 B Moraga Rd, Mor	376-0809	Subway	3322 Mt. Diablo Blvd #B, Laf	284-2627
Asia Palace Restaurant	1460 B Moraga Rd, Mor	376-0809	Blue Ginko	3518-A Mt. Diablo Blvd, Laf	962-9020	Subway	Theatre Square, Ori	258-0470
Chef Chao Restaurant	343 Rheim Blvd, Mor	376-1740	Kane Sushi	3474 Mt. Diablo Blvd, Laf	284-9709	Seafood		
China Moon Restaurant	380 Park St, Mor	376-1828	Niwa Restaurant	1 Camino Sobrante # 6, Ori	254-1606	Yankee Pier	3593 Mt. Diablo Blvd, Laf	283-4100
The Great Wall Restaurant	3500 Golden Gate Way, Laf	284-3500	Serika Restaurant	2 Theatre Sq # 118, Ori	254-7088	Singaporean/Malaysian		
Hsiangs Mandarin Cuisine	1 Orinda Way # 1, Ori	253-9852	Tamami's Japanese Restaurant	356 Park St, Mor	376-2872	Kopitiam	3647 Mt. Diablo Blvd, Laf	299-1653
Lily's House	3555 Mt. Diablo Blvd #A, Laf	284-7569	Yu Sushi	19 Moraga Way, Ori	253-8399	South American		
Mandarin Flower	581 Moraga Rd, Mor	376-7839	Jazz Dinner Club			The Patio Tapas and Restaurant	960 Moraga Road, Laf	299-6885
Panda Express	3608 Mt. Diablo Blvd, Laf	962-0288	Joe's of Lafayette	3707 Mt. Diablo Blvd., Laf	299-8807	Steak		
Szechwan Chinese Restaurant	79 Orinda Way, Ori	254-2020	The Orinda House	65 Moraga Way, Ori	258-4445	Casa Orinda	20 Bryant Way, Ori	254-2981
Uncle Yu's Szechuan	999 Oak Hill Rd, Laf	283-1688	Mediterranean			Tea		
Yan's Restaurant	3444 Mt. Diablo Blvd, Laf	284-2228	Alex's	2 Theatre Sq # 105, Ori	254-5290	Patisserie Lafayette	71 Lafayette Cir, Laf	283-2226
Coffee Shop			Oasis Café	3594 Mt. Diablo Blvd, Laf	299-8822	Tea Party by Appointment	107 Orinda Way, Ori	254-2206
Millie's Kitchen	1018 Oak Hill Rd #A, Laf	283-2397	Per Tutti Ristorante	3576 Mt. Diablo Blvd, Laf	284-5225	Thai		
			Mexican			Amarin Thai Cuisine	3555 Mt. Diablo Blvd # B, Laf	283-8883
			360 Gourmet Burrito	3655 Mt. Diablo Blvd, Laf	299-1270	Baan Thai	99 Orinda Way, Ori	253-0989
			El Charro Mexican Dining	3339 Mt. Diablo Blvd, Laf	283-2345	Royal Siam	512 Center St, Mor	377-0420
			El Jaro Mexican Cafe	3563 Mt. Diablo Blvd, Laf	283-6639	Siam Orchid	23 Orinda Way # F, Ori	253-1975
			La Cocina Mexicana	23 Orinda Way, Ori	258-9987			

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