

Karate Participants Fight Through Competition

Submitted by Thomas Westernoff



The Karate & Fitness Place USA had returned home from Chico, Calif., in the first round Karate Tournament AAU National Qualifier with 29 medals. This impressive showing came after an incredible second round AAU qualifier held in Grants Pass, Ore., where the team returned with 48 medals, 21 total Gold Medals, nearly double this

last tournament. The Karate & Fitness Place USA was honored with the Most Outstanding School Award followed with Chris Wellbrook's Most Outstanding Competitor Award after winning three Gold Medals in all his individual events, a clean sweep.

All the athletes have qualified themselves to move onto the AAU Na-

tional Karate Championships to be held in Albany, NY. The Team lead by Sensei Thomas Westernoff instills lots of practice and hard work to be successful. "This year we are in good hopes of sending Chris Wellbrook off to Rome, Italy with the Jr. AAU / USA Karate Team thanks to all his outstanding efforts," he said.