

# 4th Annual Lafayette Criterium is Sunday, July 13

## Kids are Welcome!

By Lee Borrowman



**B**right and early Sunday morning, the Lafayette Criterium bicycle race returns to Mt. Diablo Boulevard for its fourth year. Cyclists will race around a closed one-kilometer loop along Mt. Diablo Blvd, 1st Street and Golden Gate Way. Again this year, one of the event's highlights will be the kids' races (bikes, trikes and training wheels), benefitting the Lafayette Arts and Science Foundation.

The start/finish line is on Mt. Diablo Blvd in front of Boswell's. The Criterium is actually several races, and cyclists compete in categories organized by skill, age and

### Kids Fun Ride Schedule

Start Time	Age	Duration
10:25	Kids 8-9 years	10 minutes
10:35	Kids 6-7 years	10 minutes
10:45	Kids 5 & under	10 minutes

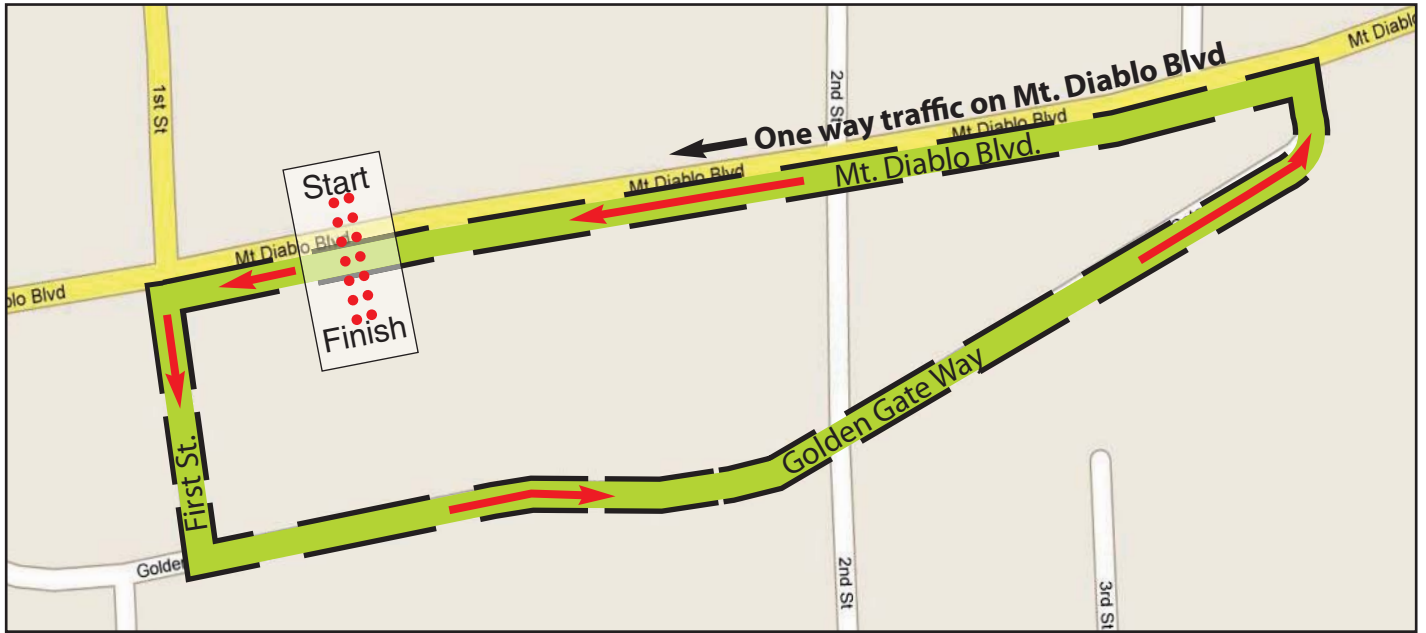
gender. The first race starts at 7:15 and the last at 3:15. Registration opens at 6:00am on race day, and cyclists must be registered at least 30 minutes before their start time.

**Calling all kids! It's a Fun Ride, so go have some fun! Get out there and pedal, pedal, pedal! And then send us your picture and tell us what you like best about riding your bike (pictures@lamorindaweekly.com)!**

If you're looking for speed, check out the Pro races. But for sheer grit and determination, don't miss the rest! Last year's Men Elite 3 race featured some outstanding cyclists. The Category 5 cyclists are those with the least experience, usually in their first year of racing. Spectators should respect the directions of the race officials, who will be monitoring the length of the course to keep racers and spectators safe.

Start Time	Category	Duration
7:15	Cat 5	40 minutes
8:00	Women 3/4	40 minutes
8:45	Men Master 45+/55+	40 minutes
9:30	Men Elite 4	40 minutes
11:10	Men Elite 3	50 minutes
12:05	Men Pro 1/2	75 minutes
1:25	Women Pro 1/2/3	50 minutes
2:20	Masters 35+1/2/3	50 minutes
3:15	Men Masters 35+ 4/5	45 minutes





### Traffic and parking notes:

The east-bound lane on Mt. Diablo Blvd will be closed to traffic, as will a block of 1st St and most of Golden Gate Way. West-bound Mt. Diablo Blvd will be open to one-way traffic. No parking will be allowed on the route, so watch for signs the night before the race. To avoid the annual traffic jam, the best bet is to bike to the race; no spandex required, but don't forget your helmet. If you must drive, plan to park in

outlying areas and walk in. During the race, employees and customers of Boswell's, Feathered Follies, McDonald's and the Cheese Steak Factory can park in a marked area in the Corporate Terrace parking lot.