



Cooper Krznaric

Photos Doug Kohen

Meghan Sposato Breast Stroke

More Than Swimming - Lafayette City Meet

By Jean Follmer

By 8:00 am on July 12 and 13, Acalanes High School was a temporary city of tents. Given the wild attire and thunderous roars, teepees may have been more appropriate. The Sun Valley Suns performed a rigorously choreographed dance routine, the mighty Springbrook Hogs deafened the crowd with their vocal presence and the LMYA Dolphins “sacrificed” their junior coaches by throwing them into the pool. It was, after all, the 42nd Annual Lafayette City Meet.

Swimmers from Las Trampas, LMYA, Oakwood Athletic Club, Rancho Colorados, Springbrook and Sun Valley surely represented much of the Lafayette student population. Each day started off with morning heats and ended with afternoon finals. Once again, the Springbrook Hogs dominated the meet and secured an incredible 1st place finish with 1,355.50 points. 2nd place went to the Rancho Colorados Wahoos with 716 points and the Las Trampas Seahorses placed 3rd with 683 points. Sun Valley, LMYA and Oakwood respectively finished 4th, 5th and 6th.

The competition was fierce among all age groups. Rancho Colorados (Boys 6 & under) swimmer Ben Woodworth edged out teammate Nick Kresnak for 1st place in the 25-yard breaststroke with a final time of 29.41. Both Woodworth and Kresnak won the Medley and Free Relays with teammates Cooper Krznaric and Tommy Thrasher in the Medley and Thrasher and Lucas Eppinger in the Free. Also in breaststroke (50-yard), LMYA (Girls 13-14) swimmer Katie Records leaped from 3rd place in the preliminaries to beat Bryce Tanner and Brooke Aiello of Springbrook in the finals with a time of 33.34. Rancho Colorados swimmer Matthew Ladrech (Boys 11-12) edged out Grant Sivesind of Las Trampas for a 1st place finish with a time of 28.66

in the 50-yard butterfly. Jack Larsen (Boys 6 & under) of Oakwood was untouchable in the 25-yard backstroke and tied Springbrook’s Luke Miles for 1st place in the 25-yard freestyle. Sean McKenna (Boys 9-10) of Sun Valley pulled ahead of Springbrook’s Nathan Brickman to win the 100-yard IM with a time of 1:21.46. Grant Sivesind (Boys 11-12) of Las Trampas won his events in freestyle and the IM while Ellyn Stewart (Girls 11-12) of Springbrook rocked her way to 1st place in all of her events (freestyle, backstroke and the IM). Stewart also won the 200-yard Medley Relay with teammates Megan Dietrich, Chase Lanier and Katherine Torchio as well as the 200-yard Freestyle Relay with teammates Megan Dietrich, Sydney Dunne and Madeline Myall.

Springbrook dominated in the Boys 13-14 50-yard backstroke with 6 of the 10 final placements. 1st place went to Joseph Dietrich (28.07), 2nd to Ryan Connolly (29.19) and 3rd to Brendan Foster (30.09). Other Springbrook backstroke finalists were Luke Inserra (4th), Brennan Quinn (6th) and Justice Fleischmann (10th). Springbrook also set a meet record in the Girls 13-14 200-yard Medley Relay. Teammates Nora Vance, Barbara Lanier, Brooke Aiello and Natalie Chan broke the 1995 LMYA record with a time of 1:58.35.

Springbrook Coach Marc Cavallero was thrilled with the win saying “It was our 8th year in a row winning the City Meet. Our hard work is paying off. In swimming, you work hard and you get to see the direct benefits of your work. I tell my swimmers it’s (the City Meet) a mid-season progress report to see where we’re at. Now we get back to work.”



Zach Dashner Free Style

Photo Doug Kohen



Winning Boys L-R = Devin Regan, Brad Robison, Joey Hewitt, Wyatt Wilson

Photo Doug Kohen



Rancho Coaches L-R = Ben Luchese (head coach), Sarah Davidson, Tommy Dowley, Brian O'Hara

Photo Doug Kohen

Individual winners by age group:

| Name | Team | Age | Total Points |
|-----------------|-------------|---------------|--------------|
| Megan McKenna | Sun Valley | Girls 6&under | 31 |
| Jack Larsen | Oakwood | Boys 6&under | 30 |
| Becca Buck | LMYA | Girls 7-8 | 33 |
| Seppi Ortman | Las Trampas | Boys 7-8 | 31 |
| Alyssa Mueller | Sun Valley | Girls 9-10 | 31 |
| Brady Aiello | Springbrook | Boys 9-10 | 31 |
| Ellyn Stewart | Springbrook | Girls 11-12 | 33 |
| Grant Sivesind | Las Trampas | Boys 11-12 | 31 |
| Natalie Chan | Springbrook | Girls 13-14 | 31 |
| Joseph Dietrich | Springbrook | Boys 13-14 | 33 |
| Shannon Pegnim | Springbrook | Girls 15-18 | 33 |
| Sam Stromberg | Sun Valley | Boys 15-18 | 33 |