

Not to be missed

MUSIC-THEATER

California Shakespeare Theater presents "An Ideal Husband" through July 27 - a sharply elegant comedy about a Victorian villainess' secret which threatens to destroy a seemingly perfect political marriage. An Ideal Husband is, according to Moscone, "Wilde's most modern play. It's about what goes on behind closed doors in the grand political arena, where the human meets the iconic, and where the characters—and the audience—confront their desire for the ideals in love and in leadership, in ways that are piercingly funny and amazingly relevant." All performances are presented at the intimate Bruns Amphitheater, 100 Gateway Boulevard in Orinda. Grounds open two hours prior to show time for on-site picnicking. For more details about Cal Shakes, visit www.calshakes.org.

Orinda Starlight Village Players' 2008 Outdoor Theater, Orinda Community Center Park. "I Hate Hamlet," by Paul Rudnick, through August 16th. Regular admission: \$15; seniors/students - \$7.50. All 3 shows: \$35; seniors/students - \$21. Tickets at Box Office or call (925) 253-1191 or 255-3295 (after 7 pm)

Concerts at Moraga Commons Park Thursday evenings, 6:30pm - 8:30pm: The snack bar opens at 6:00 pm: July 31 st ,Dave Russell Band, Country & Western ; August 7th , littledog2 , Rock and Roll

Orinda Community Center Park Summer Concert in the Park Series -Tuesday July 29th - Juke Joint - Rhythm and Blues. Bring a picnic and enjoy the free music.

Lafayette's summer music series: "Rock the Plaza" will begin August 1st with The Red House All-Stars - [Elam & Margaret Brown Plaza Park] at the corner of Mt. Diablo Boulevard and Moraga Road. All shows start at 6:00pm and are presented free of charge. Food and beverages will be available or you can pack a picnic. This summer marks the 40th Birthday of Lafayette. For more information visit www.lafayettechamber.org or call 925-284-7404

ART

First Friday-Moraga Art Gallery Friday, Aug 1st 7 to 9 p.m. Artist Natalia Udaltsova, who immigrated from Russia, loves to paint with watercolors and acrylics and to reveal the beauty of the world around us, will be giving a slide presentation about the process of creating a painting followed by a live 15 minute demonstration how to create an actual sketch from scratch. She will then offer some artist materials and supplies (paints, brushes, paper, canvas, charcoal, pastels, etc.) and encourage the guests to examine and ex-

periment hands-on. Wine, cheese and light refreshments will follow the demonstration. Older children who have an interest in painting would be welcome.



Moraga Art Gallery is located in the Rheem Shopping Center next to Longs.

Art exhibit at the Moraga Library-August 2nd-30th (during library hours)- featuring the art of Beryl Glen-Reiland. Reception will be August 2nd. 3p.m.-6p.m. at 136 Ravenhill Rd, Orinda.

Grow and Blossom Art Exhibit at the Lafayette Library. For the month of July, three talented artists will display their works in a theme relating to plants, flowers, fruit and landscapes called Grow and Blossom. The three artists use very different techniques and mediums to bring interest and excitement to the exhibit. Margaret Lucas-Hill paints on silk. Debbie Koonce is a plein air painter and Artist Judy Bolef works in clay, mixed media and assemblage. Lafayette Library, 952 Moraga Road 925-283-3872

Exhibition at the Lafayette Gallery --California Dreaming--through August 9th.

The gallery artists are inspired by the California landscape, the summer warmth, and the particular light that is unique to California. The artists of the Lafayette Gallery are all California artists. The paintings, prints, watercolors, photographs, and ceramic works, all reflect the vibrant life of the artists who created them.

Gallery Hours are Tuesday to Saturday, 11 am to 5 pm. 925-284-2788, www.lafayettegallery.net

"The Glover Group: Plein Air Painting Exhibition" through August 12th. For the past 25 years Glover has led her class of 25 intermediate to advanced level oil painters to Bay Area vineyards, ranches and waterways to capture the scenes on the spot. Orinda Library Gallery, 24 Orinda Way. Visit with this happy and productive group to view their colorful paintings of local sites at their reception on July 24th from 5:30 to 7pm at the Orinda Library. For more information on the painting classes, phone the Orinda Community Center at (925) 254-2445.

"Fiesta Time" at the Moraga Art Gallery features the work of two artists who live in Moraga: Angelica Samamea, a 27 year resident, is a painter who generally works either with acrylics or watercolor in a fluid improvisational style. Connie Robertson has her own studio in Moraga for cutting, grinding and fusing glass. She has enjoyed experimenting in glass jewelry. Moraga Art Gallery, 570 Center St, Rheem Valley Shopping Center/next to Longs Drugs.

145 Years of Red Cross Photography: A Memory of Humanity A New Exhibition from the American Red Cross Bay Area and the Presidio Trust Serving as a powerful reminder of war's impact on humanity, this free exhibition is a historical perspective showcasing photographs from 145 years of armed conflict around the world as seen through the eyes of the affected, journalists and the humanitarian workers of the International

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Committee of the Red Cross. Presidio Officers Club Exhibition Hall, 50 Moraga Avenue, San Francisco, California through August 17, Wednesday - Sunday, 11 a.m. 5 p.m. (415) 561-5500 www.redcrossbayarea.com/photoexhibit www.presidio.gov

LECTURES

Free lecture on non-surgical cosmetic procedures by Katie from Dr.Gary Freidman's office- 7:30 p.m., on Wed. July 30th. There will be gifts and promotional discounts for all attendees. Curves in Lafayette at 3534 Golden Gate Way. For more info call 925.962.0206.

Fast and Easy First Aid Class for the Home presented by Ron Vander Heiden, retired fire fighter - Wed, August 20th at 7 p.m. - Aegis of Moraga, 950 Country Club Drive, Moraga, Learn, what every family needs to know about home first aid , basic CPR, and how to use an Automated External Defibrillator (AED). A 45 minute class with question and answer period. RSVP Required Candice Moses at 925-377-7900 or e-mail to Candice.moses@aegisliving.com

Summer reading returns to the Contra Costa County Library through August 18! "Catch the Reading Bug" at your community library for exciting prizes. Readers ages 2 through 5th grade can find out what ...

The Orinda-Moraga-Lafayette Branch of the American Association of University Women is inviting college graduates (2, 4 and higher year degrees) to join them for COFFEE on Friday, July 25 at 10am. Terzetto's Restaurant, Moraga Shopping Center, 1419 Moraga Way, Moraga. AAUW is an organization whose members enjoy a broad range of interests and activities with a commitment to women's and girls' education and equity. If you are new to the community or have time to pursue new interests and would like to make new friends, members of this AAUW branch would like to meet you in this informal setting.

New Friday Night Social Gathering For Dog Owners And Their Pets. Yappy Hour at recently opened Wags & Whiskers on Friday, July 25, 2008 from 6pm - 8pm. This community social gathering will be held at 1528 Locust Street, Walnut Creek, CA 94596. The White Kitty Foundation (www.whitekittyfoundation.org) will provide appetizers, and Steve from Quercus Winery will be there to do free wine pours.

Chabot Sunday Family Hikes-Sundays: July 27, Aug 10, and Aug 24 *9am - 11am: (8 years & up) 1:30pm - 2:30pm: (5 years & up) Hike the redwood-laced trails near Chabot to hidden, historic sites. Experience the ecosystem walking through the beautiful, shady paths of the Redwood Regional Park, led by a naturalist from the East Bay Regional Park District. Tickets are \$5 plus General Admission to Chabot Space & Science Center. To register, call the Chabot Box Office at 510.336.7373

Lafayette Hiking Group. July 26 Bay Trail - Marina Park to San Lorenzo Creek. Easy 3.5 miles. Meet at Lafayette BART's main entrance at 8:30 a.m. August 9 - Steep Ravine, Mt. Tamalpais - Meet at Lafayette BART at 8 a.m. Moderately strenuous 3.5 miles. Remember to bring lunch, water, layered clothing, good walking shoes, sun protection and money to contribute toward gas, bridge tolls and parking. Questions? Email LafayetteHiking@comcast.net

East Bay Mountain Bike Ride Day - Sat. Aug 9th Redwood/Joaquin Miller Park. Casual, social group ride. No one is every left behind and includes most levels for both men and women. Rides last 2-3 hours. See details and meeting location at www.btceb.org

Save Mount Diablo will host its seventh annual "Moonlight on the Mountain" on Saturday, September 13, 2008. This special, one-of-a-kind event for 500 guests includes drinks and hors d'oeuvres, silent and live auction, elegant sit-down dinner, and live music. "Moonlight on the Mountain" takes place outdoors on a flat plateau next to the dramatic rock formations of China Wall, with a spectacular view of undeveloped rolling hills and the summit of Mount Diablo—all under the light of the rising moon. www.savemountdiablo.org

KIDS

Every Tuesday in July—4 pm—Arts and Crafts—Moraga Library Stories and crafts. Ages 3 to 7.

Every Wednesday in July—10 am—Lapsit—Moraga Library Stories, songs and bounces for baby and caregiver.

Preschool Storytime -Monday, July 28-11:15 am -Lafayette Library Geared to children who are able to sit and listen to longer stories and participate in simple songs, fingerplays and rhymes.

Saturday Morning Live- Storytime- August 02, 11:00am - Orinda Library. Family story time for 3 to 5 year olds. Meets in the Picture Book area.

Kids Arts and Crafts -Thursday, Aug 07- 1:00 pm- Lafayette Library

For a complete list of children's programs at your library see www.contra-costa.lib.ca.us/programs

SENIORS

Bi-Monthly Caregiver Support Group. Caring for frail older adults in the home often creates great stress and emotional anguish for spouses and family members. Licensed geriatric care manager Carol Shenson, M.A., CMC, offers a bi-monthly support group for family members who are considering or currently involved with the direct care of an older relative. To sign up, please call 284-5050. Drop-ins are also welcome. Mondays: August 4, and August 18. 1:30 - 2:30 pm

Luk Tung Kwen every other Friday: July 25; Aug 8, Aug 22: 1:00 - 1:50 pm. A health and strengthening discipline, Luk Tung Kwen helps practitioners to achieve body wellness with goals similar to western physical therapy. It also promises to combat some chronic conditions and build resistance to a host of illnesses. The program relies on the 36 body movements performed slowly and repeatedly. There is no charge although a donation at the door would be appreciated.

Seniors enjoy afternoon Tea Dancing and light refreshments every Wednesday from 12:30 - 3:00pm in the spacious Live Oak room. Come for the swell music and good company even if you prefer not to dance. \$2 fee covers refreshments. LCC Live Oak Room located at 500 Saint Mary's Rd, Lafayette. 925-284-5050

An Ice Cream Social - Widowed Persons Support Group -July 28 at 1:00 P.M. at St. Stephens Church on St. Stephens Drive in Orinda. There will be a Hospice Fashion Show. The Hospice Thrift Shop is providing

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clothes for the models and these clothes will be for sale after the Show. Charge for this event is \$5.00. For information or to make your reservation call Mildred Weisberg tel. 906-9483 or Molly Runnion tel. 283-1119

Senior Identity Theft and You. Learn from and ask our local panel of experts what you and your loved ones

can do to thwart the ID theft criminals at your home (phone, mail boxes, garbage), in public (credit card use, ATMs), on your computer, and so on. Believe it or not, there are many simple strategies to keep the bad guys at bay, and feeling safe is a very good feeling. Friday, August 8th 10:30 - Noon. Lafayette Community Center.

Saint Mary's College

Campus Happenings



Photo by Ken C. Young, Moraga; www.kcyoungfineartimages.com

Art Exhibitions:

Forty-nine rarely seen oil paintings and thirty-eight pastels and drawings by Carl Sammons from a vast and extraordinary private collection will be featured in at the Hearst Art Galley of Saint Mary's College through Sept. 21. A talented and precise draftsman, Sammons painted a wide range of subjects, from the flowers and birds of the coastal ranges to the Southern California deserts. Exhibition Admission: \$3; Gallery Hours: Wed. - Sun., 11 a.m. - 4:30 p.m., 925.631.4379, www.hearstartgallery.org.

Workshop:

Navigating Difficult Conversations Using Appreciative Inquiry A workshop sponsored by the Master of Arts in Leadership program. It will explore "Appreciative Inquiry," an approach to human growth and development that focuses on what's possible rather than what's wrong. Instead of entering into the downward spiral of identifying problems and assigning blame, Appreciative Inquiry looks for what's working in a certain situation and how we can build on it.

Saturday, August 9, 9 a.m. to 5 p.m. Saint Mary's College, Filippi Academic Hall 115

Other:

Vendor Fair - Thursday, August 28th - 10 a.m. to 3 p.m. Held during Welcome Week for new Saint Mary's Students, vendors have the opportunity to rent a table on the De La Salle lawn to display their services. \$75 fee. Call 925-631-4707 for more information.

Exhibition hours: Wednesdays through Sundays, 11 am until 4:30 pm Admission: \$3 adult; children 12 and under free; free parking Web site: <http://gallery.stmarys-ca.edu>. Telephone: 925-631-4379

For more information about upcoming events at Saint Mary's College, visit the college website at <http://www.stmarys-ca.edu/news-and-events/events.html>.

Please submit events to: calendar@lamorindaweekly.com

Local Authors

By Cathy Tyson



Moraga resident Yvonne Tschudi shows off her new book, "Yvonne's View of her world," that features photos from Norway, Canada, Italy and the U.S. at the Moraga Hallmark store. See her website for more images, www.yvonneshview.com



Lafayette resident Claire M. Johnson and Simon Wood of El Sobrante discuss their books, Roux Morgue, a mystery and We All Fall Down, a suspense thriller recently at Orinda Books.

RHEEM THEATER
350 Park Street
Moraga
988-3411
Coming Soon

July 25
• **STEP BROTHERS**
Will Ferrell
• **THE X-FILES: I WANT TO BELIEVE**
David Duchovny, Gillian Anderson

August 1
• **MUMMY: TOMB OF THE DRAGON EMPEROR**
Brendan Fraser, Jet Li

August 8
• **PINEAPPLE EXPRESS**

August 13
• **TROPIC THUNDER**

August 15
• **STAR WARS: THE CLONE WARS**

Please give us your thoughts and ideas as we spruce up and refurbish our RHEEM THEATRE Email us at js@earthlink.net Jim Sheehan and Tom Peterson

Distinctive Home Theatre & Stereo

Offering Complete Systems, Upgrades & Universal Remote Solutions Proudly Serving The Lamorinda Community Since 2002

SOUNDWORKS

Free-In-Home Estimates
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