

Not to be missed

MUSIC-THEATER

Orinda Starlight Village Players' 2008 Outdoor Theater, Orinda Community Center Park. "I Hate Hamlet," by Paul Rudnick, through Aug. 16th. Regular admission: \$15; seniors/students - \$7.50. All 3 shows: \$35; seniors/students - \$21. Tickets at Box Office or call (925) 253-1191 or 255-3295 (after 7 pm)

Concerts at Moraga Commons Park Thursday evenings, 6:30pm - 8:30pm: The snack bar opens at 6:00 pm: August 7th, littedog2, Rock and Roll; Aug 14th, Madison Blues Band, Blues; Aug 21st, La Ventana, Latin.

Lafayette's summer music series: "Rock the Plaza" during the month of August at the corner of Mt. Diablo Boulevard and Moraga Road. All shows start at 6pm and are presented free of charge. Food and beverages will be available or you can pack a picnic. This summer marks the 40th Birthday of Lafayette. For more information visit www.lafayettechamber.org or call 925-284-7404

Orinda Theatre Square Summer Music Series 2008. Start your weekends on Thursdays with FREE, live music at Theatre Square! The series will last all summer, evenings from 4 pm to 7 pm. Visit the website for details and updates: www.orindatheatresquare.com.

A Summer Afternoon of Jazz Song and Piano. Vocalist Libby McLaren, an east bay icon in the jazz (and Celtic) world teams up with the youthful exuberance of jazz pianist Maya Kronfeld, to bring you jazz standards from the 30's to the present. Light refreshments will be served. Fri. Aug. 15th, 1:30 - 2:30pm, Lafayette Community Center. For reservations call: 925-284-5050

"Seussical," a musical based on characters from at least 15 Dr. Seuss books - Aug. 8-17 at 8 pm. Woodminster Amphitheater in Joaquin Miller Park, 3300 Joaquin Miller Road, Oakland. The score is a gumbo of musical styles, ranging from Latin to pop, swing to gospel, and R&B to funk! Tickets: 510-531-9597 or www.woodminster.com, \$23-\$38 (\$2 discount for children/seniors, ask about Kids come free program)

Ease on down the road with this hip, urban Wizard of Oz story, produced by Lafayette pediatrician Dr. Sam Lewis, featuring actors from New York and American Idol. Call (925) 284-9544 or go to www.belasco.org for tickets. The musical runs from Aug. 7 - Aug. 22; 8 p.m. for Thursday, Friday and Saturday performances, Sunday matinees at 2.

Ease on down the road to see "The Wiz", a musical! Aug. 8 and 9 at 7:30pm, August 9 at 2pm DVC Performing Arts Centre, 321 Golf Club Road, Pleasant Hill Contra Costa Christian Theatre. Tickets are available online, by mail or at the door. All seats are open seating. Doors open 1/2 hour prior to show time. <http://www.ccchristiantheatre.org/tickets/tickets.html>

Auditions: The Starlight Circle Players in Berkeley are doing a Mummer's Play called "The Ring." First meeting/read through will be in October before Samhain. Auditions are very informal, room for musicians, singers, actors, Morris & Sword. We will perform at several locations through the Holidays and we plan to perform at Pantheon in February. Please contact Lezlie at starlightcircleplayers@yahoo.com for further details. <http://starlightcircleplayers.com>

ART

Art exhibit at the Moraga Library- through August 30th (during library hours)-featuring the art of Beryl Glen-Reiland.

Exhibition at the Lafayette Gallery - California Dreaming-through August 9th. The new exhibit "Hand and I, the Daily Eye," opens on August 12. The artists of the Lafayette Gallery are all California artists. The paintings, prints, watercolors, photographs, and ceramic works, all reflect the vibrant life of the artists who created them. Gallery Hours are Tuesday to Saturday, 11 am to 5 pm. 925-284-2788, www.lafayettegallery.net

"The Glover Group: Plein Air Painting Exhibition" - August 12th. For the past 25 years Glover has led her class of 25 intermediate to advanced level oil painters to Bay Area vineyards, ranches and waterways to capture the scenes on the spot. Orinda Library Gallery, 24 Orinda Way. For more information on the painting classes, phone the Orinda Community Center at (925) 254-2445.

"Fiesta Time" at the Moraga Art Gallery features the work of two artists who live in Moraga: Angelica Samamea, a 27 year resident, is a painter who generally works either with acrylics or watercolor in a fluid improvisational style. Connie Robertson has her own studio in Moraga for cutting, grinding and fusing glass. She has enjoyed experimenting in glass jewelry. Moraga Art Gallery, 570 Center St, Rheem Valley Shopping Center/next to Longs Drugs.

145 Years of Red Cross Photography: A Memory of Humanity A New Exhibition from the American Red Cross Bay Area and the Presidio Trust Serving as a powerful reminder of war's impact on

humanity, this free exhibition is a historical perspective showcasing photographs from 145 years of armed conflict around the world as seen through the eyes of the affected, journalists and the humanitarian workers of the International Committee of the Red Cross. Presidio Officers Club Exhibition Hall, 50 Moraga Avenue, San Francisco, California through Aug. 17, Wednesday - Sun., 11 a.m. - 5 p.m. (415) 561-5500 www.redcrossbayarea.com/photoexhibit www.presidio.gov

The Oakland Art Association presents a Group Show of all media: paintings, drawings, photography, collage, monographs, and etchings created by local Bay Area artists at the Orinda Library Gallery in Orinda, from Aug. 17th - Sept. 17th. You are cordially invited to join us for the Opening Reception, Sun., Aug. 24th, 2:30-4:30 pm. Gallery open: Mon-Fri, 10-6 pm, Sun. 1-5 pm. (925) 254-2184

LECTURES

Fast and Easy First Aid Class for the Home presented by Ron Vander Heiden, retired fire fighter - Wed, August 20th at 7 p.m. - Aegis of Moraga, 950 Country Club Drive, Moraga. Learn, what every family needs to know about home first aid, basic CPR, and how to use an Automated External Defibrillator (AED). A 45 minute class with question and answer period. RSVP Required Candice Moses at 925-377-7900 or e-mail to Candice.moses@aegisliving.com

OTHER

Free family movie at the Pavilion- August 15- Water Horse - 2100 Donald Drive, Moraga. Enjoy the outdoor amphitheater. These movies are all free, but bring some extra money as the Parks and Recreation Department will be selling "outdoor movie snacks." Pre-register to secure your "spot on the lawn" by calling (925) 888-7045 or online at www.moraga.ca.us. Movie will be shown on a large inflatable screen and will start at 7:45pm or dark.

Tennis-Stead Open at Moraga Country Club August 5-10

The Lamorinda Cycling Club holds weekly group rides at 8:30am every Sunday morning. The ride starts in the back of Sharp Bicycle in Lafayette (969 Moraga Rd.) Routes change weekly. Getting back in shape? Inexperienced riding in groups? Regardless of your level, there is a place for you. We will help you remember the joy of riding. End of ride coffee gives you a chance to get to know other riders. To learn more or join the club, go to www.lamorindacycling.com, or call Ted Brooks (415-850-8090) or Debbie Levine (925-683-7869).

Safe from the Sun- a fundraising event created by Sonia Lamel, former LMYA and Acalanes swimmer-all proceeds go to the Melanoma International Foundation. Lafayette Community Park at 480 St. Mary's Road 4 p.m. - 7 p.m. Sat., Aug. 23rd. Advanced melanoma has a 5-year survival rate of less than 5%, but it's better than 99% with early detection and knowing your A-B-C's! Come learn sun safety from our UV experts! Try free samples of various sunscreens and check out parasols, hats and other items and win great prizes in our raffle! Live music from Star 101.3-Moon Bounce-Face Painting-Tracy and his Animals. General Admission: \$20. Kids under 12: \$10*First 100 registrants get a free parasol! www.safefromthesun.org/events

"Dawn of the Space Age" is now showing daily in Chabot's full dome digital planetarium. Become immersed and overwhelmed with this accurate, historic reconstruction of Man's first steps into space. A planetarium show is FREE with general admission. Call, click or visit for show times- www.chabotspace.org, (510) 336-7373.

Chabot Sunday Family Hikes- Sundays: Aug 10, and Aug 24 "9am - 11am: (8 years & up) 1:30pm - 2:30pm: (5 years & up) Hike the redwood-laced trails near Chabot to hidden, historic sites. Experience the ecosystem walking through the beautiful, shady paths of the Redwood Regional Park, led by a naturalist from the East Bay Regional Park

District. Tickets are \$5 plus General Admission to Chabot Space & Science Center. To register, call the Chabot Box Office at 510.336.7373

Lafayette Hiking Group. August 9 - Steep Ravine, Mt. Tamalpais Moderately strenuous 3.5 miles - August 23 - Bear Valley Trail at Point Reyes Moderate 6 - 7 miles. Meet at Lafayette BART at 8 a.m. Remember to bring lunch, water, layered clothing, good walking shoes, sun protection and money to contribute toward gas, bridge tolls and parking. Questions? Email LafayetteHiking@comcast.net

East Bay Mountain Bike Ride Day - Sat. Aug 9th Redwood/Joaquin Miller Park. Casual, social group ride. No one is every left behind and includes most levels for both men and women. Rides last 2-3 hours. See details and meeting location at www.btceb.org

Luau-Sat., August 23, 3 p.m -Beachcomber Singles would like to invite single readers to join us in our Annual Fundraising event for Juvenile Hall. \$30 for the Luau and an additional \$7 for an authentic flower Lei from Hawaii. Make checks payable to "Juvenile Hall Auxiliary." What to bring: a new gift applicable for ages between 10 and 18 years old. Your own beverage dress Hawaiian (optional) and bring your swim suit. There will be many door prizes and raffles start at 7:30 p.m. Music is provided by "Now Playing" from 8 p.m. to 10 p.m. Call Jerry for more information 510-799-2207. "

Bi-Monthly Caregiver Support Group. Caring for frail older adults in the home often creates great stress and emotional anguish for spouses and family members. Licensed geriatric care manager Carol Shenson, M.A., CMC, offers a bi-monthly support group for family members who are considering or currently involved with the direct care of an older relative. To sign up, please call 284-5050. Drop-ins are also welcome. Monday August 18. 1:30 - 2:30 pm

Luk Tung Kwen every other Friday: Aug 8, Aug 22: 1:00 - 1:50 pm. A health and strengthening discipline, Luk Tung Kwen helps practitioners to achieve body wellness with goals similar to western physical therapy. It also promises to combat some chronic conditions and build resistance to a host of illnesses. The program relies on the 36 body movements performed slowly and repeatedly. There is no charge although a donation at the door would be appreciated.

Seniors enjoy afternoon Tea Dancing and light refreshments every Wednesday from 12:30 - 3:00pm in the spacious Live Oak room. Come for the swell music and good company even if you prefer not to dance. \$2 fee covers refreshments. LCC Live Oak Room located at 500 Saint Mary's Rd, Lafayette. 925-284-5050

Senior Identity Theft and You. Learn from and ask our local panel of experts what you and your loved ones can do to thwart the ID theft criminals at your home (phone, mail boxes, garbage), in public (credit card use, ATMs), on your computer, and so on. Believe it or not, there are many simple strategies to keep the bad guys at bay, and feeling safe is a very good feeling. Friday, August 8th 10:30 - Noon. Lafayette Community Center.

Widowed persons support monthly Lunch Bunch- Saturday August 16th, at 1:00 pm at El Charro Mexican Restaurant, 3339 Mt. Diablo Boulevard, Lafayette. Price is \$11.- for entrée, non-alcoholic beverages, tax and tip. OLE !! To make a reservation call Claire Shigley (925) 935-3145, or Mollie Runnion at (925)283-1119. Deadline for reservations is Thursday August 14.

Pain Management Friday August 22, 11:30-12:30. Learn the purpose of pain and the causes of chronic pain. Learn how improving posture and muscle strength can reduce or eliminate pain altogether. An Anne Randolph Workshop at the Lafayette Community Center. All workshops are free of charge. Please call (925)284-5050 to register. 500 Saint Mary's Rd, Lafayette

Not to be missed

Tree Planting to Honor Slain Lafayette Airman

On Saturday, August 9, the Bay Area Rapid Transit (BART) District will sponsor a tree planting ceremony to honor the memory of Senior Airman Jonathan Antonio Vega Yelner, who was serving with the United States Air Force in Afghanistan on a community reconstruction mission when he was killed by a roadside bomb attack on April 29. He was 24 years old. Yelner's mother, Yolanda Vega, has worked for BART for many years. The public is invited to attend the event, which will begin at 1:00pm at the Lafayette BART station.



Jonathan Antonio Vega Yelner

Yelner grew up in Lafayette and attended St. Perpetua School. A dedicated Boy Scout, he obtained the rank of Eagle with Lafayette Troop 243. He graduated from De La Salle High School in 2002 and entered the Air Force in 2003.

Saint Mary's College

Campus Happenings



Photo by Ken C. Young, Moraga; www.kcyoungfineartimages.com

Art Exhibitions:

Forty-nine rarely seen oil paintings and thirty-eight pastels and drawings by Carl Sammons from a vast and extraordinary private collection will be featured in at the Hearst Art Galley of Saint Mary's College through Sept. 21. A talented and precise draftsman, Sammons painted a wide range of subjects, from the flowers and birds of Golden Gate Park to thundering ocean breakers to the rolling hills of the coastal ranges to the Southern California deserts. Exhibition Admission: \$3; Gallery Hours: Wed. - Sun., 11 a.m. - 4:30 p.m., 925.631.4379, www.hearstartgallery.org.

Workshop:

Navigating Difficult Conversations Using Appreciative Inquiry A workshop sponsored by the Master of Arts in Leadership program. It will explore "Appreciative Inquiry," an approach to human growth and development that focuses on what's possible rather than what's wrong. Instead of entering into the downward spiral of identifying problems and assigning blame, Appreciative Inquiry looks for what's working in a certain situation and how we can build on it. Saturday, August 9, 9 a.m. to 5 p.m. Saint Mary's College, Filippi Academic Hall 115

Cost: \$95 for the general public and \$75 for SMC alumni.

To register: contact miling@stmaries-ca.edu or call 925 631-8681.

Summer Wine Festival

The annual Summer Wine Festival will feature wine-tasting, hors d'oeuvres and a silent auction. All proceeds will benefit the Lasallian Scholarship Fund, which awards scholarships to children and grandchildren of Saint Mary's College alumni. Event participants are also invited to purchase wines directly from more than 20 featured wineries.

Sunday, August 10, 2 p.m. to 5 p.m. Saint Mary's College, Soda Center Cost: Before July 31, early-bird price of \$35. Tickets purchased after July 31 will be \$45 each. Tickets for designated drivers are \$20 each. Must be 21+.

To purchase tickets call the Alumni Office at 925-631-4200 or register on line at: www.stmaries-ca.edu/alumni-and-friends/alumni-events/grand-winetasting

Other:

Vendor Fair - Thursday, August 28th - 10 a.m. to 3 p.m. Held during Welcome Week for new Saint Mary's Students, vendors have the opportunity to rent a table on the De La Salle lawn to display their services. \$75 fee. Call 925-631-4707 for more information.

Exhibition hours: Wednesdays through Sundays, 11 am until 4:30 pm Admission: \$3 adult; children 12 and under free; free parking Web site: <http://gallery.stmaries-ca.edu>. Telephone: 925-631-4379

For more information about upcoming events at Saint Mary's College, visit the college website at <http://www.stmaries-ca.edu/news-and-events/events.html>.

Please submit events to: calendar@lamorindaweekly.com

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Fast and Easy First Aid Class for the Home

Wednesday, August 20th
7:00 p.m.

Topics covered in this free class:

RSVP Required

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• PINEAPPLE EXPRESS

August 13
• TROPIC THUNDER

August 13
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THE CLONE WARS

August 20
• DEATH RACE

August 27
• BABYLON A.D.

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Topics covered in this free class:

RSVP Required

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