LAMORINDA WEEKLY



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# business briefs

Home remedy session at Dahn Yoga Picture courtesy of Dahn Yoga

Way Side Inn's 30th Way Side Inn Thrift Shop, 3521 Golden Gate Way, Lafayette , 284-4781 The thrift shop celebrates 30 years of business in Lafayette and $4,600,000 returned to the community through philanthropic programs that assist children and adults in need and at risk. The volunteers and the Board want to thank the Lamorinda community for continued support of their gently used donations and frequent shopping. The ? price summer clearance starts September 9th. The Thrift Shop is a major fund raiser for the Diablo Valley Assistance League, for more information about the League visit diablovalley.assistanceleague.org. Mountain Mikes in Lafayette Delivers for Free on Tuesdays 3614 Mt Diablo Blvd, Lafayette, www.mountainmikeslafayette.com 283-6363 To support its patrons, facilitate their life and not burden their budget, Lafayette's Mountain Mikes Pizza will offer free delivery to all of Lafayette in September. The Cotton Patch Celebrates 30 Years 1025 Brown Avenue, Lafayette, www.quiltusa.com, 284-1177 The Cotton Patch wants to thank the Lamorinda community for 30 years of support. To celebrate, the store is having a Birthday on the first Saturday of each month for an entire year! Celebrity Quilters who have all been part of the success of the store will be featured. Starting with Roberta Horton & Mary Mashuta on Sept 6th, followed by Freddie Moran, Alex Anderson, Artichoke Collection, Diana McClun and Laura Nownes plus more. The celebration will take place from 1 to 4 p.m. on the first Saturday of each month, and there will be Birthday Cake! Dahn Yoga in Moraga Enlightens the Community 452 Center St, Moraga, DahnYoga.com 377-9642 On August 21st, the studio organized a "Home Remedy Exchange night." The purpose of these sessions is to share wisdom and take charge of preventive health. The monthly evenings are opened to the community; the fee is a "home remedy" to share and mini potluck food. Typically during a session you learn what "Energy Type" is and how to find out your energy type, how to lose weight using Energy Type + Diet, and healing methods. You will get a free Aura Photo and experience Brain Wave Vibration for natural healing. On Thursday September 11th the studio proposes a free movie night with "The Celestine Prophecy" described as a film about the newly emergent awakening of humanity, guided by spiritual enlightenment, disconnecting emotion from past events and engaging in the flow of our personal goals in sync with others working towards their own visions. All are welcome. News from the Chambers of Commerce Tri-Chamber Mixer! September 10th - 5:30 p.m. to 7:00 p.m., Stratford at Countrywood, 1545 Pleasant Hill Road, Lafayette (just up hill from Lunardis Market). This is a great opportunity for business owners to meet fellow chamber members from Moraga, Orinda and Lafayette. Stratford at Countrywood is hosting this event, providing the additional opportunity to take a look at senior living at its best. The hors d'ouvres will be prepared by executive chef Saul Ramierz, who has 20 years of fine dining experience. Lafayette Chamber of Commerce Have Fun AND lose weight? The Art & Wine Festival is your answer! Yes it's true! You can have fun and lose weight at the SAME time. AND it's totally free to the first 100 folks who call 925-284-7404. Volunteer to work the Lafayette Art & Wine Festival on Saturday, September 20 and Sunday, September 21. Variable shifts are still available. Call right away and get started on your weight loss adventure! Sorry, no Ginsu knives offered with this program. Green Committee Wednesday September 17th at noon, bring your lunch to the Chamber Conference room and participate in greening Lafayette's business community. Entrepreneurs Club on September 18th starting at 8:30 a.m. The Club is on the road again, going to Clocks Etc., 971 Moraga Rd in Lafayette. Lafayette Art & Wine Festival September 20th and 21st. Moraga Chamber of Commerce If you would like to be part of the Moraga Pear Festival, Saturday, September 27, 2008, where around 1500 Moraga residents will gather for a day of fun, contact John Haffner at johnhaffner@comcast.net. This is another opportunity to let Moraga residents know that your business is in our town. September Chamber meeting Friday, September 26 8 a.m. at Fireside Room in the Hacienda Orinda Chamber of commerce Orinda Chamber Mixer at the de Laveaga Estate on September 25th - 5:30 p.m. to 7:00 p.m. Parking is very limited on the property. The Chamber will be shuttling guests to the site. Catch the shuttles in front of the Orinda Library and Chamber office. The Orinda Chamber proposes to its members a unique visit with one of the most emblematic families of Orinda. The de Laveagas have continuously occupied the property where their ancestor built the house in 1888. Thanks to Marty Stewart De Laveaga and her family, chamber members will be able to walk back in time and see her great grandparents' house.

If you have a business brief to share, please contact Sophie Braccini at sophie@lamorindaweekly.com or call our office at 925-377-0977.

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