LAMORINDA WEEKLY



Published September 3, 2008

# Prep Leagues Change for High Schools

*By Conrad Bassett*

The North Coast Section of the California Interscholastic Federation realigned several leagues effective for the 2008-2009 school year. One of the most affected leagues was the Diablo Foothill Athletic League (DFAL) in which Acalanes, Campolindo, and Miramonte participate. The purpose of the realignment was to try to ensure parity within the leagues as new schools open and enrollments change. This year's DFAL will consist of the three Lamorinda schools as well as Las Lomas, Alhambra, and Dublin from a year ago and newcomer Dougherty Valley of San Ramon. Leaving are College Park, Concord, Northgate, and Mt. Diablo. Those schools will join Clayton Valley and Ygnacio Valley in the revamped Diablo Valley Athletic League. During the fall this will make for several changes-especially in football. In the past, the DFAL was a ten-team league and each school played one another allowing for only one non-league game. With only seven teams in the league and Dougherty Valley not yet playing varsity football, each team now may play five non-league games before entering league play in week six. This left each school with trying to come up with additional games. Acalanes was able to schedule four of its five non-league games at home. After traveling to Aptos on September 5, they return home for consecutive Friday night games against Justin-Siena (Napa), St. Mary's (Berkeley), Healdsburg, and Hancock Christian (Stockton.) Their DFAL league competition starts on October 17 when the Dons host Las Lomas. Campolindo will also be playing a lot at home this year opening up with its first four non-league games on Fridays at 7:00 pm in Moraga. The Livermore Cowboys come to town on September 5 followed by former league foe Northgate on the 12th, perennial NCS playoff team El Cerrito on the 19th and Skyline (Oakland) on the 26th. The Cougars have a bye on October 3rd before facing Deer Valley (Antioch) on October 10th. They open their league season against rival Miramonte on the road on the 17th. Speaking of Miramonte, the Matadors also scheduled four of their five non-league games at home. Antioch comes to Orinda on September 5th followed by San Marin (Novato) on the 12th. Skyline (Oakland) comes over the hill twice in two weeks taking on the Mats on the 19th. Miramonte heads to always strong Foothill (Pleasanton) on the 26th and completes their non-league schedule following a bye on October 3rd, playing Stagg (Stockton) on October 10th at home. The league season ends on November 14 with NCS playoffs beginning the following week. These changes will also affect other sports like basketball where now the teams in the league will be able to play each other twice rather than the unbalanced schedule of the last several years. 2008 Lamorinda High School Varsity Football Schedules Compiled by Conrad

Bassett Acalanes Date Time Opponent Location 9/5 7:30 pm Aptos Aptos 9/12 7:00 pm Justin-Siena HOME 9/19 7:00 pm St. Mary's HOME 9/26 7:00 pm Healdsburg HOME 10/3 7:00 pm Hancock Christian HOME 10/10 BYE 10/17 7:00 pm Las Lomas* HOME 10/24 7:00 pm Miramonte* HOME 10/31 7:00 pm Alhambra* Martinez 11/7 7:00 pm Dublin* HOME 11/14 7:00 pm Campolindo* Moraga Campolindo Date Time Opponent Location 9/5 7:00 pm Livermore HOME 9/12 7:00 pm Northgate HOME 9/19 7:00 pm El Cerrito HOME 9/26 7:00 pm Skyline HOME 10/3 BYE 10/10 7:30 pm Deer Valley Antioch 10/17 7:00 pm Miramonte* Orinda 10/24 7:00 pm Dublin* HOME 10/31 7:00 pm Las Lomas* Walnut Creek 11/7 7:00 pm Alhambra* Martinez 11/14 7:00 pm Acalanes* HOME Miramonte Date Time Opponent Location 9/5 7:00 pm Antioch HOME 9/12 7:00 pm San Marin HOME 9/19 7:00 pm Skyline HOME 9/26 7:00 pm Foothill Pleasanton 10/3 BYE 10/10 7:15 pm Stagg HOME 10/17 7:00 pm Campolindo* HOME 10/24 7:00 pm Acalanes* Lafayette 10/31 7:00 pm Dublin* Dublin 11/7 7:00 pm Las Lomas* HOME 11/14 7:00 pm Alhambra* HOME * denotes league game

Reach the reporter at: info@lamorindaweekly.com



Copyright © Lamorinda Weekly, Moraga CA