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A Postcard From Bob Frick



Bob with news friends at the the Alamo Village Movie location 35 miles outside Del Rio, TX Photo provided

As Lafayette septuagenarian Bob Frick (he's 71 years old), cycles through Texas on his bike journey across the lower United States to raise \$71,000 for Habitat for Humanity, he provided an update with a few highlights from his blog...

We are enjoying the ride so far, and Barbara has not tried to run me over with the car for being a pain...We have visited 3 Habitat cities, Phoenix, El Paso and Austin and have 7 more to go. These stops have been the real highpoints of my trip (and emotional) as Barbara and I get to see the money and volunteer work in action assisting real people in need of housing.

Day 31-I had my sixth flat tire today. On the brighter side... We also met three brothers from the L.A. and Phoenix area who were visiting Texas...and they donated to Cycle of Hope in cash on the spot!

Day 33 (Half Way)-It was another great day in the Texas Hills Country riding the rolling hills and enjoying the great scenery. But there were a lot of intermittent winds too! I sometimes wish I had eyelids like a camel to keep the dust out when the wind is blowing. Also do not open your mouth to breath in as you may get some surprises....instead you need to use your teeth as a filter.

Bob's final destination is St. Augustine, FL. To check out his progress and read his blog, go to <http://www.habitatcycleofhope.com>.

Reach the reporter at: info@lamorindaweekly.com

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