



SPORTS

LAMORINDA'S LOCAL SPORTS NEWS

Acalanes Wins, Campo Plays without Okamitsu

By Guy Dotan



Acalanes' senior Peter Jernigan prepares to pass the ball during game against Campo Photo Doug Kohen



Campolindo's Nick Dobon controls a pass while on-field defender Nick Manning approaches Photo Doug Kohen

Acalanes boys' varsity soccer team beat last year's NCS champs Campolindo on January 14, when the Dons' Peter Jernigan, a senior, dribbled past Cougar defensive line and then scored on Noel Raine, the Campolindo goalie, for a breakaway goal late in the second half. Final score was 1-0, Acalanes.

The bleacher buzz, though, was about who was off the field. Campolindo's Alike Okamitsu, the

Cougars' starting defender was unable to play, having received two yellow cards during the Cougar's previous game against Alhambra, on January 9th, tripping the NCS two red-card season ejection rule.

Okamitsu had received his first red card of the season on December 10th, in a game against Miramonte.

Previously, receiving two yellow cards in one game resulted in a "soft" red and suspension from the

next game. Yellow card math, though, has changed. Under the current season rules, two yellows in one game now equal a regulation red card.

Unless at least one of his yellow cards is successfully appealed, Okamitsu may be out for the season.

As of Friday, when the Cougars faced off against archrival Miramonte, Okamitsu was still out of play. This time though, the Cougars won, 2-0.

Campo Freshman Wins Modern Pentathlon



Photos submitted by Dana Chase

Daelyn Chase, a freshman at Campolindo High School, won the International Youth A (for ages 17-18) Modern Pentathlon Competition, competing for the United States in Palm Springs on Jan 3.

Modern Pentathlon is a competition where athletes compete in fencing, swimming, running, shooting (air pistols), and horseback stadium jumping during the course of a single day.

The Palm Springs event was the first competition sanctioned by the UIPM (Union Internationale de Pentathlon Moderne) that included the new combined run and shoot format. Competitors represented the USA, Canada, Panama, and Great Britain.

In addition to winning the Youth-A division, Daelyn was also the overall winner of the Junior competition (ages 19-21) and had the highest points of the women overall.

Even though Daelyn is a young competitor she's had an early advantage because she has been riding horses since she was 7 years old.

"Good jumper equitation is essential for Modern Pentathlon," says Daelyn's mother, Dana Chase, who shares her daughter's love of horses. "Because athletes have only 20 minutes to warm up and figure out their randomly chosen horse, they must have an exceptional riding and equitation foundation to be able to successfully clear 3'6"-3'9" jumps on a horse they have never ridden before."

Jumping isn't part of the sport at the younger levels. Many Modern Pentathlon athletes, explained Chase, do not begin to train for riding until they are at least 16. Daelyn competes up in age division whenever she can in order to be able to ride and jump.

As a member of Briones Valley Pony Club, Daelyn participated in Tetrathlon competitions (which include running, swimming, shooting, and show jumping). Her success in Tetrathlon paved the way for invitations to Pentathlon training and competitions. During her short tenure as a pentathlete, she has successfully competed across the United States, Canada, Ireland, Egypt, and Switzerland.

Daelyn's goal is to qualify for the 2010 Youth Olympic Games held in Singapore, although its modern pentathlon competition will not include riding since the event is for 14 to 17 year olds.



Daelyn Chase



Lady Cougar Aly McDonald races Acalanes defender Cammie Goodman during Wednesday's tied home game, 2-2 Photo Doug Kohen

VARSITY HOME GAME Calendar		High School Varsity @ Home	
Friday, January 23	Boys Basketball Dublin @ Acalanes, 7pm	Alhambra @ Miramonte, 7pm	Boys Soccer Ygnaccio @ Acalanes, 6:15pm
Girls Basketball	Dougherty Valley @ Acalanes, 5:30pm	Alhambra @ Acalanes, 6:15pm	Dougherty Valley @ Miramonte, 6:15pm
Boys Basketball	Dougherty Valley @ Acalanes, 7pm	Dublin @ Miramonte, 6:15pm	
Saturday, January 24	Girls Basketball -- Acalanes Shootout All games @ Acalanes	Monday, February 2	Girls Basketball Alhambra @ Campolindo, 6pm
Campolindo v. Univ SF High, 10:30am	Boys Soccer Miramonte @ Acalanes, 6:15pm	Las Lomas @ Acalanes, 7pm	Dublin @ Acalanes, 6pm
Miamonte v. Amador Valley, 3:30pm	Thursday, January 29	Miramonte @ Campolindo, 7pm	Friday, February 6
Acalanes v. Moreau Catholic, 8pm	Wrestling Dougherty Valley @ Acalanes, 6pm	Boys Basketball Las Lomas @ Acalanes, 5:30 pm	Girls Basketball Dublin @ Miramonte, 7pm
Girls Soccer Concord @ Acalanes, 3:30pm	Friday, January 30	Mirraonte @ Campolindo, 5:30pm	Boys Basketball Dublin @ Miramonte, 5:30pm
Tuesday, January 27	Girls Basketball Acalanes @ Campolindo, 5:30	Alhambra @ Miramonte, 5:30	Girls Soccer Las Lomas @ Miramonte, 6:15pm
Girls Basketball Dublin @ Acalanes, 5:30pm	Boys Basketball Acalanes @ Campolindo, 7pm	Boys Basketball Acalanes @ Miramonte, 7pm	
		Boys Basketball Acalanes @ Miramonte, 5:30pm	

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The challenges of a volatile market require the guidance of proven leadership. As 2009 begins to unfold, we want to express our thanks for the continued support and confidence in our services from the community we serve.

From all of us, best wishes for a happy, healthy and safe year ahead.



1st row (left to right): Patricia Battersby, Ann H. Ward, Joan Cleveland, Marianne Greene, Sue Olsen, Joan Evans, April Matthews, Lara Olsen Williamson, Debbie Johnston, Tara Rochlin, Ann Sharf, Joan Eggers 2nd row (left to right): Dexter Honens II, I. Bruce Maxon, Ben Olsen, Sue Layng, Linda Friedman, Ashley Battersby, Karen Murphy, Charles Levine, Loretta Mullins, Margot Kaufman, Clark Thompson, Lynda Snell, Dan Weil, Margaret Weil Zucker, Hal Kaufman, Art Lehman, Pamela Halloran, Steve Smith, Ignacio Vega Not pictured: Kurt Piper, Judy Schoenrock and Jeff Snell

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