

LAMORINDA WEEKLY

[Home](#) | [Read Online](#) | [Archive](#) | [Links](#) | [Advertising](#) | [Contact](#)

[printer friendly](#)

[download pdf](#)

Published February 18th, 2008

Cougars Win League, Tie for 5th at NCS Duals

Written with information provided by Tom Renno



Campo's Vehar pins Heater 3:22 into the 160 pound match Photo Alan Wandesforde

The Campolindo wrestling team won a decisive 55-19 home dual meet victory over Acalanes' varsity squad on Thursday, February 12, the last dual meet of the regular season.

Campolindo's single dual meet loss thus far was against Alhambra on February 5, the week prior.

"Our first 4 duals, we wrestled flawlessly, no mental or physical mistakes," Campolindo head wrestling coach Bob McLaughlin said the day before the Acalanes meet. "Last week we as a team made countless mental and physical mistakes. I have always said you never learn from winning, only losing teaches you something."

Alhambra had taught them what not to do, he said. If they avoided repeating those mistakes during the Acalanes dual meet, their season goal of winning the league, and getting the automatic berth to the NCS duals was within reach.

"Stay focused, six more minutes for each of you," he told his team in a group email. "Finish the job."

With the dual meet win against Acalanes, Campolindo ended the regular season as DFAL league winner with a final record of 5-1.

The Cougars traveled to Albany High School on February 14, for the 2A East Bay North Coast Section Duals where, having had an initial bye, they lost a tough initial match against Heritage High (45-31) that moved the Cougars into the consolation bracket. They then advanced twice with huge wins against Concord (64-16) and Las Lomas (58-15). The Cougars fell from competition in a heartbreaking consolation semi-final loss to Northgate, 38-35, who eventually took third in the tournament by winning the consolation bracket. Campo tied for 5th place out of 10

teams competing.

Qualifying wrestlers from all three Lamorinda schools will be back in action at the DFAL varsity and junior varsity championships held this year at Campolindo, on February 21.

RSFox

**Campolindo 55,
Acalanes 19**

At Campolindo

103: Caspillo (C) by forfeit (ff)
112: Ingersol(C) by ff
119: Flowers(C) by ff
125: Smith(C) by ff
130: Toupin(C) p Feld, (0:33)
135: Jackson(C) by ff.
140: Rudin(A) p Kurkjian, (3:45)
145: Galindo(C) d. Atkinson, 13-1
152: Oherin (A) d. Robinson 15-3
160: Vehar(C) p. Heater, 3:22
171: Zayac(A) d. Smith 10-8 OT
189: Angelides(C) d. Royster 7-2
215: Rule(A) p. Schenk 2:45
285: Field(C) by ff.

Final DFAL Record:

**Campolindo 5-1,
Acalanes 2-4**

Reach the reporter at: info@lamorindaweekly.com

[Home](#) | [Read Online](#) | [Archive](#) | [Links](#) | [Advertising](#) | [Contact](#)

[back to top](#)

Copyright © Lamorinda Weekly, Moraga CA