

Not to be missed

pleted courses with emphasis on real estate, finance and/or business and have a GPA of 3.0 or higher. If you qualify, scholarship awards can range from \$1,500 to \$2,500. Further information and applications may be found on line at www.ccaarscholarship.com. Deadline is April 24th.

Vigil- Iraq War Year Six -March 19th at 7:00pm corner of Deer Hill and Oak Hill Road, across from the Lafayette BART station. Sponsored by: The Crosses of Lafayette, Mt. Diablo Peace & Justice Center Lamorinda Peace & Justice Group, Buddhist Peace Fellowship .

The Princess Project is a 100 percent volunteer-run effort that provides free prom dresses and accessories to high school girls who could not otherwise afford them. East Bay Dress Giveaway: Saturday, March 21, 8:00 a.m. - 4:30 p.m. Location: 2201 Broadway, Oakland, CA

and San Francisco Dress Giveaway: Saturday March 28, 9:00 a.m. - 4:00 p.m. Location: Embarcadero 4 (Front Street at Sacramento Street) in downtown San Francisco. No proof of financial need is required, just a valid high school I.D. Each girl will be able to shop and choose one accessory and one gown from thousands of gowns of all different colors, sizes, fabrics and designers. They may bring one female companion to help them shop for a dress.

Sex After 50: Keep the Fires Burning. Have you ever wondered why your sex drive may change with menopause and aging? Have you wondered if there is anything that can be done about these changes? Join us for a conversation with Risa Kagan, MD to learn more. Thursday, March 26, 6:30 to 8:00 pm, Women's Health Center in Lafayette, 3595 Mt. Diablo Blvd. Suite 350. RSVP: 510-869-6137.

Not to be missed

SENIOR

The Contra Costa Jewish Community Center (CCJCC) has announced the grand opening of The Millman Respite Center Dementia Caregivers Resource Library. The library is open to the public and free of charge. Visitors will find almost 100 books and DVDs available for checkout, as well as videos, brochures and newsletters. Subjects include early memory loss, Alzheimer's and other forms of dementia, grief and loss, homecare and therapeutic activities. The Millman Respite Center provides an Adult Day Program and Caregiver Support Group and is located at 2071 Tice Blvd. in Walnut Creek; (925) 938-7800 ext. 257.

The Widowed Persons Support Group meetings: Saturdays, April 18, 25, May 2, 9, 16, and 23. 10 a.m. to Noon at St. Stephen's Church, 66 St. Stephen's Drive, in Orinda. The meetings are free informal discussions of the emotional and practical needs and concerns of the bereaving widowed person. For information, please call 925/032-3448.

Las Trampas Pool, a club with a main pool, kiddie pool, lawn area, picnic and BBQ areas, swim team and recreational swimming, is now accepting membership applications. Stop by the pool and pick up an application or download an application on the web at www.lastrampaspool.com Contact Membership Director, Krista McGuire at 256-8349 or krista_mcguire@earthlink.net.

Earth Hour at Chabot- Saturday, March 28 (8:30pm) Millions around the world will turn off their lights from 8:30pm-9:30pm to demonstrate the power of the people to conserve energy. Chabot will join the world's largest global climate change event and so can you. Visit earthhour.org for more information about getting involved. We will be shutting off most of our lights at 8:30pm. Join us on our observatory deck to watch the Bay Area go dark! Box Office (510) 336-7373, Online tickets www.chabot.space.org.

Digital photography - Are your pictures still in your digital camera and you are unsure how to proceed? Do you need to print them? Email them?? Put them on a website to share with others??? Fred Winslow is offering a course through the Lafayette Recreation Department in the upcoming spring term specifically aimed at people who want more information about how to proceed and do basic tasks in the digital environment. Call Lafayette Recreation at 925-284-2232.

Ygnacio Valley Republican Women Federated presents its annual Spring Fling on Saturday, March 28—11:00 AM - 2:00 PM—at Oakhurst Country Club. Enjoy a delicious luncheon, clothing from Coldwater Creek being modeled by our own Republican Ladies, exciting Boutiques and Keynote Speaker Lynne Leach as well as a special guest speaker from John Muir's Women's Health Center speaking on "setting boundaries and handling stress". \$35 RSVP with luncheon your selection—Chicken Picatta; Pasta Primavera; Chicken Caesar Salad or Cobb Salad - Call: Barbara Allen 925/672-5061 or jngcabot@pacbell.net or visit our website: www.yrvwf.org Please help our Hospitality Ladies with check or exact amount whenever possible.

Wright Canyon Hike Saturday, March 28, 9am. Join leader Dick Heron, a member of SMD's Stewardship Committee, for interesting history and spectacular Diablo peak views on this moderate two mile walk up a riparian canyon to "the Gathering Place" a Wright family monument. SMD preserved Wright Canyon with the help of the Wright family in 2001. This property is not open to the public so this is a special opportunity. Heavy Rain Cancels. Meet at Wright Canyon, west side Morgan Territory Road, 4 miles south of Marsh Creek Rd. a half mile before Morgan Red Corral. Website: www.savemountdiablo.org.

A Performance of Mary Betten's "People of the Passion." A dramatic reading of Jesus's death from the viewpoints of nine eyewitnesses to the crucifixion. 7pm on April 5 at 66 St. Stephen's Drive, Orinda. Free. Childcare is available by reservation. 925-254-3770, office@ststephensorinda.org, www.ststephensorinda.org.

Lamorinda emergency preparedness committees will hold a workshop the evening of April 29th. Keynote speakers are Tanya Hoover, Assistant California State Fire Marshall, and Rob Van Wormer, California Department of Forestry and Fire Protection Battalion Chief. They will be joined by representatives from local fire and police services and local emergency preparedness groups. We will cover current threat assessments for Lamorinda, evacuation planning, fire resistant construction and landscaping, family and neighborhood emergency plans, other actions to reduce the risks to your home, business and community, and resources available to assist you in your efforts. 7-9pm at the Orinda Library Auditorium (26 Orinda Way). Registration 6:30pm in the Atrium Lobby (2d floor).



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Lafayette Senior Services Events-500 Saint Mary's Rd, Lafayette
A min. \$1 donation at the door would be appreciated. Call (925)284-5050 to reserve a spot

Mondays: March 23 & April 6, 1:30 - 2:30pm
Bi-Monthly Caregiver Support Group with Companion Care

Wednesdays: March 25 & April 1, 8, 25: 12:30 - 3:00pm
Dance lesson and live DJ services, playing your favorites and taking requests. \$2

Thursdays: March 26 & April 9, 1:00 - 2:30pm
Embracing Aging with Story and Movement

Thursday April 9, 10:30am - noon
Positive Living Forum- Open Lecture and Discussion Series

Fridays: March 27 & April 10, 1:00 - 2:30pm
Self-Discovery and Aging - Creative Writing Workshop

Friday March 27, 1:30 - 2:30pm
Harp Concert by the Windsong Harp Ensemble

Friday March 27, 11:30am - 12:30pm
Pain Management - Learn how improving posture and muscle strength can reduce or eliminate pain altogether.

Friday March 27, 12:30 pm
Free Blood Pressure Screening - John Muir Senior Services

Friday March 27, 12:30, 12:50, and 1:10pm
Free Memory Screening - Caring Solutions. (By appointment-call 284-5050)

Saint Mary's College

Campus Happenings



Photo by Ken C. Young, Moraga; www.kcyoungfineartimages.com

Creative Writing Reading Series at St. Mary's College
Wednesday, March 25, 7:30 p.m., Soda Activity Center. Leslie Carol Roberts is the author of *The Entire Earth and Sky: Views on Antarctica*. She was a Fulbright Fellow in Antarctic Studies and holds an M.F.A. in nonfiction writing from the University of Iowa and an M.A. from the University of Canterbury. She lives in San Francisco and teaches at the California College of the Arts. She is currently working on a book about San Francisco's Presidio neighborhood, and this spring she is Distinguished Visiting Writer at Saint Mary's College of California.

Keynote Speaker Jo Gusman

St. Mary's College's Kalmanovitz School of Education will have keynote speaker, Jo Gusman, national consultant and author, at its Distinguished Speaker Event on Saturday, March 21, from 8:30am-1:00pm. Contact Lydia Wiley at (925) 631-8124 or email at lwiley@stmarys-ca.edu for information.

Hearst Gallery

Bert Monroy, Master Artist Tribute VIII:
A Digital Artist Paints With Light through April 5. The Hearst Art Gallery of Saint Mary's College is pleased to present a major survey of the preeminent digital master Bert Monroy, a world-renowned Photoshop artist and teacher, known for pioneering and innovative digital painting technique. The exhibition opened in January and continues through Sunday, April 5. A Photoshop Demonstration with Bert Monroy will take place on March 19th at the Moraga Room of the Soda Center at Saint Mary's College. 7-8 pm - demonstration, with an exhibition walk through with artist from 8-8:30pm. Free to the Public. Call (925) 631-4379 for more information.

Exhibition hours: Wednesdays through Sundays, 11 am until 4:30 pm
Admission: \$3 adult; children 12 and under free; free parking
Web site: <http://gallery.stmarys-ca.edu>.
Telephone: 925-631-4379
For more information about upcoming events at Saint Mary's College, visit the college website at <http://www.stmarys-ca.edu/news-and-events/events.html>.

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Please submit events to:
calendar@lamorindaweekly.com

ORINDA ROTARY'S 60TH ANNIVERSARY

Dinner Dance & Big Band Gala

sponsored by:
Mechanics Bank



Saturday, April 4, 2009, at 6:00 p.m.

Orinda Country Club

Orinda, CA

Orinda Rotary welcomes you to dinner, dancing, and listening to the joyful sounds of the **18-piece MIKE VAX BIG BAND** with Vocalist Cami Thompson as it marks **60 YEARS** of community and charitable service

Want to Order Tickets/Got Questions?

Contact David at 925-253-5424 or email david.pierce@prurealty.com

\$125 Per Guest - Door Prizes

\$50 Lottery: \$5,000 Cash Prize + Chance to Win a 2009 Prius Hybrid

also sponsored by:

The Stratford of Lafayette • Law Office of Clay Deanhardt
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The Orinda Rotary Foundation is a 501(c)3 Non-Profit Organization Proceeds fund community service projects