

Not to be missed

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Teen Movie Night! Showing The Goonies Fri, May 29, 7:30pm. Orinda Community Center Auditorium \$2 in advance \$5 at the door. Bring blankets to sit on! Loard's Ice Cream & Top Dog. Presented by the City of Orinda Teen Advisory Council. Sponsored by OCCA and the Friends of the Library.

"The Music Man:" Purchase your tickets now for Lafayette Elementary School's adaptation of the classic Broadway hit, The Music Man. Performance dates and times are as follows: Cast 1: June 3 at 1:00 & 7:00 p.m. Cast 2: June 4 at 1:00 & 7:00 p.m. All performances will be held in the Multi-Purpose Room. Tickets are \$5 for teens and adults and \$2 for children. The last day to pre-order tickets is Friday, May 29. Pre-ordered tickets will be held at the door. Additional tickets will be sold at the door depending on availability. For tickets email: leopardspots@lafayettepta.info.

Costa Rica 2010! Does your 6th grade student like to learn about science in a hands-on setting? Does your student like to river raft, zip line, and ride horses? Does your student like to learn about sea turtles, birds, monkeys, and volcanoes? Then the 2010 Costa Rica trip is for them. Come to a parent informational meeting on Tuesday May 26th at 6pm in room 29 at JM to learn more about this excellent opportunity. Ask your 6th grader for the flyer with information. For more information contact Kim Lockett at klockett@moraga.k12.ca.us or 377-4249.

Orinda Idol 2009 Auditions May 29 and 30 at Orinda Intermediate School (80 Ivy Drive, Orinda). Auditions for the High School Solo and Group Categories (K-5 & 6-12) are open to all residents of and/or those attending school in Lamorinda, while the Elementary (K-2 & 3-5) and Middle School Solo Categories are open only to residents of and/or students attending school in Orinda. For reservations (which close May 24), e-mail your name, grade, school, and e-mail address to orindaaidol@bluestar.com. Cash prizes for winners. Finals will be held on Sept. 13 at the Orinda Theatre. For more information and audition schedule, visit the OAC Web site at www.orindaartscouncil.org.

Sienna Ranch is hosting a free event-the Sienna Ranch Family Picnic Open House on May 31st, from 11-3. We will have naturalists, pony rides, entertainment, archery demonstrations, art workshops, snow cones and more! For more information, call 925-283-6311 or go to www.siennaranch.net.

OTHER

Thursday May 28, Orinda celebrates Cal Shakes 35th anniversary and throws a big party, from 5:30 p.m. to 7 p.m. at Theater Square in downtown Orinda. The free event is opened to the public and will offer a whole array of attractions. Cal Shakes will sell specially priced tickets to the opening night of Romeo and Juliet, the play that will be on stage at the Festival from May 27 to June 21. Raffle tickets will be sold.

See Olympians perform live in Walnut Creek on Saturday May 30th from 2 p.m. to 6 pm at the Walnut Creek Aquanauts' 22nd Annual Night of Champions. This event will showcase the best of the best, with performances full of synchronized flips and lifts from amazing local and international talent. Clarke Memorial Swim Center, Heather Farm Park, Walnut Creek - Doors open at 1:30 p.m. Tickets are \$25 for general admission and \$50 for pool-side seating. Children five and under are free. For more information, visit the Aquanut website at www.aquanauts.org, call 925-934-4792, or e-mail wcaeventinfo@yahoo.com.

June 6, 7:45pm. Moonlight Hike on Save Mount Diablo's Joseph Galvin Ranch property (SMD) Leader: Dave Sargent at (925) 933-9402 or earlyrider@earthlink.net. Meet: At the Clayton Library. Join SMD Board Member and Stewardship Committee Chairman Dave Sargent on this moonlight hike of our Galvin Ranch property. SMD's 62-acre Galvin Ranch property is covered in beautiful woodland and chaparral as it rises from Morgan Territory Road and Marsh Creek, which crosses the property. Come and see how the moonlight illuminates this beautiful landscape and the Galvin property which is normally closed to the public. http://www.savemountdiablo.org/home.htm.

Ballroom, Swing & Latin dance classes on Wednesdays at the Orinda Masonic Hall, 9 Altarinda Road, Orinda. Marilyn Bowe, Dance Instructor. 3 to 6 week progressive series. 6pm Beginning class & 7pm; Intermediate 8pm. \$40/3 classes; \$15 drop-in based on student & class level. Details on www.dancewithme.info; 510 523-5587.

Ready, Set, RACE! Father's Day Solar Car Challenge- Sunday, June 21 (1pm - 3pm OR 3pm - 5pm) What better way to celebrate Father's Day than to build your very

SIMON'S "PRISONER OF SECOND AVENUE" OPENS SEASON



WALNUT CREEK: Diablo Actors' Ensemble begins its second season at its Locust Street theater with an all-to-relevant play "The Prisoner of Second Avenue." The Neil Simon comedy runs June 5 - 27.

With the current state of today's economy, Simon's comedy takes on new meaning as we follow the nervous breakdown and ultimate redemption of a middle-aged ad executive attempting to cope in a world gone mad. It's New York City in the early 1970s, and financial problems, record crime rates, garbage strikes, and more beset the Big Apple. Mel and Edna struggle with noisy neighbors, faulty plumbing, and a heat wave until the loss of his job sends Mel over the edge. In true Simon fashion, these serious subjects are mixed with liberal doses of humor as Mel and Edna deal with Mel's overly protective sisters and older brother.

Marilyn Langbehn directs with Rich Aiello as Mel and Trish Till-

man as Edna. Sally Hogarty, Loretta Janca, and Barbara Halperin-Jacobs portray the sisters with Bill Clemente as Mel's brother. A veteran director and actor, the "Contra Costa Times" named Langbehn's production of "Driving Miss Daisy" one of 2007's "Top Ten Bay Area Productions." "This is really a transitional play for Simon," says Langbehn. "It has his wonderful comic rhythm, but it also deals with some pretty serious subjects. The actors have to walk a fine line between comedy and drama."

"Prisoner of Second Avenue" plays Thursdays - Saturdays at 8 p.m. and Sundays at 2 p.m. Thursday performances are special \$10 ticket nights. Ticket prices for Fridays - Sundays range from \$22 (senior/students) to \$25 (general). Diablo Actors' Ensemble Theatre, 1345 Locust Street, Walnut Creek PUBLIC INFO: 925-482-5110, www.diabloactors.com

Orinda Salutes Cal Shakes— Thursday, May 28th at 5:30

Cal Shakes will join with the City of Orinda, Theater Square, and the Orinda Chamber of Commerce to host the 3rd annual Orinda Salutes Cal Shakes—a celebration of the theater program and kick off to the 2009 season. Lamorinda residents are invited to Theater

Square on Thursday, May 28th to enjoy food, drinks, music, and performances by local actors. Businesses from across Lamorinda will be on hand. The event is free and all are welcome. The festivities start at 5:30 p.m

Romeo and Juliet

By William Shakespeare
May 27th to June 21st
Cal Shakes' innovative

Artistic leader Jonathan Moscone will direct Shakespeare's classic tale of the passionate and forbidden romance between two young lovers. An early impression of the play posted at the Cal Shakes website describes the first act as "urban and sophisticated with bits of urban grunge dabbled about...not your father's Romeo and Juliet."

Private Lives

By Noel Coward
July 8th to August 2nd

Mark Rucker will direct this wicked and witty romantic comedy with a divorced couple occupying adjoining honeymoon suites.

Happy Days

By Samuel Beckett
August 12th to September 6th

Four-time Academy Award-nominated Marsha Mason will spend the late summer weeks at the Bruns Amphitheater in Orinda and star in this aptly- and ironically-named play that will be directed by Jonathan Moscone.

A Midsummer Night's Dream

By William Shakespeare
September 6th to October 11th

Shakespeare's charming and magical comedy, *A Midsummer Night's Dream*, will close out the season. The play will be directed by Aaron Posner and co-produced by the Two River Theater Company.



Political Gatherings

Senator Mark DeSaulnier would like to extend an invitation for his constituents to attend an Open House at his District Office in Walnut Creek on Thurs., May 28, from 4 to 7pm. The Senator is looking to provide more information about the legislative process and services available and to allow the District Office staff to introduce themselves to the community. The event will be held at the Contra Costa Centre Transit Village, 1350 Treat Blvd., Suite 240, Walnut Creek, 94597. For more information call (925) 942-6082.

own solar car with that special guy? Round up your dad, brother, uncle, cousin or neighbor and sign up for this fun special event. Work together in teams to design, build and race Solar Lego® cars. Rain or shine, come and see how fast, tall and creative you can make your car. \$5 plus General Admission To register and purchase advanced tickets, call (510) 336-7373. Chabot Space & Science Center, a Smithsonian affiliate, located at 10000 Skyline Blvd. just off Highway 13 in the Oakland hills. For more information, visit www.chabotspace.org.

Martini Contest, Monday, June 22 from 6pm-8pm at the Lafayette Park Hotel & Spa, 3287 Mt. Diablo Blvd.

Please submit:

Events: calendar@lamorindaweekly.com
Stories: storydesk@lamorindaweekly.com
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"In 11 weeks I've lost 15 lbs of fat, dropped my % of body fat from 25.4% to 14.9% and gained 5 lbs of muscle."

Lynn Simon

The Living Lean program is just what I needed to get back in shape. I knew what I needed to do (exercise more and eat right), but I just couldn't stay with a healthy routine on my own. Sheena's Living Lean program has provided me with a great team of highly motivational trainers and nutritional coaching, including a sensible eating plan customized for my goals, and fun spinning and weight-training classes. But it's more than diet and exercise. Sheena's daily tips and motivational emails keep me mindful of how I need to be thinking about my health and fitness and the impact our state of mind has on our approach to eating and exercise. In 11 weeks, I've lost 15 lbs of fat, dropped my percentage of body fat from 25.4% to 14.9% and gained 5 lbs of muscle. And as I've become more fit, my trainers have challenged me to increase the intensity of my workouts and not become complacent. I feel terrific, have a lot more energy, and am stronger than I've been in a long time. Thank you, Sheena, Bronkar, Julie, and Saki for everything! I really could not have done this without you.

—Lynn Simon

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