

# Not to be missed

## KIDS

**Wee Wednesday Summer Classes** (10:00am-10:50am) Each Wednesday brings a different topic to discover with your preschooler or toddler. Wee Wednesday classes are a combination of instructor-led lessons and self-guided, hands-on experimentation and exploration. Parents must attend the entire class with their children. \$12 for first child / \$10 each additional child. Members: \$6 for first child / \$5 each additional child. Call the Box Office at (510) 336-7373 to register. Chabot Space & Science Center. 10000 Skyline Blvd. just off Highway 13 in the Oakland hills. For more information, visit [www.chabot.space.org](http://www.chabot.space.org).

**Back-to-School Shoe Sale** to benefit kids in Africa, Saturday, Aug. 29 from 10 a.m. to 3 p.m. The J.F. Kapnek Trust, which works with orphans and vulnerable children in Zimbabwe, has partnered with The Nurture Center in Lafayette to sell hundreds of pairs of brand new children's shoes to support preschool and pediatric HIV/AIDS prevention programs in Zimbabwe. Brands include Keen, Stride-Rite, Primigi and many more in sizes toddler to children's 4. Each pair is only \$15. All proceeds support Kapnek programs. Come early for the best selection. 3399 Mt. Diablo Blvd, Lafayette. Details: [info@JFKapnekTrust.org](mailto:info@JFKapnekTrust.org) or [www.JFKapnekTrust.org](http://www.JFKapnekTrust.org).

**Orinda Idol 2009 Finalists Sing!** Orinda Farmer's Market August 29th 10:15am-12:15pm, Orinda Idol 2009 FINALS! Orinda Theatre September 13th 11am-7:30pm It's Free! Come Early! Competition Schedule: 11:00-12:30 Elementary Gr. K-2 & 3-5; 1:00-2:15 Middle School; 2:45-4:00 High School; 4:30-5:45 Groups Gr. K-5 & 6-12; 6:15-7:30 Announcement of Winners.

**The Books and Band Bash** Benefit-Dancing under the Stars -Sunday Sept 13, 4-9pm. Get your party shoes on and dress to impress! Enjoy live music, dancing, autograph sessions, book sales, celebrities, martial arts demonstration, great food, drinks, and mocktails. (No alcohol will be served.) Party features 1+3 bands, 13 music sets, 13 raffles, and 13 book contributors autographing the new book! \$13 for event only (food and drinks not included) Place: Holy Trinity Cultural Center, 1700 School Street, Moraga. For ticket info call (925) 377-7827. Event is sponsored by Be the Star You Are!®, a local literacy charity, celebrating its 10th anniversary and is all organized by local high school teens. <http://www.bethestaryouare.org/10thAnniv.html>

**STS Foundation**, a non profit student exchange organization, is looking for

new host families in Lafayette for two students: Ulysse, a 16 year old boy from Colombes, France and Lorena, a 15 year old girl from Burghann, Germany. They are both excellent students and will have their own spending money and health insurance. The family provides a separate bed, family meals and a safe environment. If your family is interested in being a host family please call Lillian at 1-800-522-4678 or send an email to [lillian@stsfoundation.org](mailto:lillian@stsfoundation.org). For more information visit [www.stsfoundation.org](http://www.stsfoundation.org).

## OTHER

**Summer Wine Festival** - Sunday, August 16, 2 p.m. to 5 p.m. Saint Mary's College of California invites the public to an afternoon of socializing, a silent auction and wine tasting from more than two dozen California wineries at the College's 5th Annual Summer Wine Festival. Enjoy an affordable afternoon of fun, delicious appetizers and micro brews from area breweries, while supporting the College's scholarship fund. Where: Saint Mary's College of California, Soda Activity Center, 1928 St. Mary's Road, Moraga. Cost: Tickets: \$30, VIP Tickets: \$40. For more information call (415) 845-8779 or (925) 631-4200 or visit [stmarys-ca.edu/wine/](http://stmarys-ca.edu/wine/). Free on campus parking is available. See story page 5.

**Every fourth Wednesday** of the month, Avalon School of Massage Therapy and the Avalon University of Metaphysics holds a free community Healing Night from 7:30 p.m. to 9:30 p.m. at Avalon, 1280 Boulevard Way, Suite 214, Walnut Creek, California. During this Drop-In Clinic, Reiki Masters will be available for energy and chakra clearings and to perform Reiki to promote emotional and physical well-being and harmony. For more information, please call (925) 280-6500 or visit [www.avalonofwalnutcreek.com](http://www.avalonofwalnutcreek.com).

**Fall sessions of Tai Chi** through the Moraga Parks and Recreation Dept-Registration will begin during the first week in August. Call (925) 888-7045 or go to: [www.moraga.ca.us](http://www.moraga.ca.us).

**"It's a Luau!!"** Join Beachcomber Singles for a Fundraiser for Juvenile Hall Kids. Saturday, August 22 in Hercules in the afternoon through to the night. Authentic Polynesian food including a Kaluha Pig and over 30 authentic Polynesian dancers. Many door prizes to win, drawing starting at 7:30 p.m. Music for dancing by "Now Playing" from 8 p.m. to 10 p.m. Reservations are \$30; call Jerry at (510) 799-2207 EARLY for a space. Bring your favorite beverage and a gift for the girls suitable for ages 10 to 18. Dress Hawaiian and bring your swim suit.

**On Saturday, September 19th** from 10am - 2pm the town of Orinda will host the 5th Annual Classic Car Show. This free event, presented by Orinda Motors, continues to benefit the Seniors Around Town transportation service. In addition to American and European classic and modern exotic cars, this year's event will feature special exhibits of classic and custom motorcycles as well as vintage race cars. If you are interested in entering a car or motorcycle, please email Chip Herman: [ChipHerman@hotmail.com](mailto:ChipHerman@hotmail.com). The car entry fee is \$50 for cars and \$35 for motorcycles. Entry fees are a tax-deductible donation. The Show will be held in Orinda Village at Orinda Motors, located at 63 Orinda Way.

**Free Brain Gym Introductions** for Effective Learning by, August 8 and September 12, 2 - 3:30pm, 58

**ROCK THE PLAZA**  
Eden & Margaret Brown Plaza Park, Downtown Lafayette  
DON'T MISS THE JAZZ CONCERT ON AUGUST 7TH AT STANLEY MIDDLE SCHOOL 3:30-9:00 LP SWINGERS  
August 21st THE SPAZMOTICS  
August 28th THE SYNTHETICS  
ALL PERFORMANCES START AT 6:00PM  
FREE OF CHARGE  
LIVE CONCERTS

Van Ripper Lane, Orinda. Are you a teacher, parent, specialist, OT/PT? Transition Point and Brain Gym bring to the table a playful, effective approach to whole brain integration that can change the course of anyone's learning experience. Understand why learning is not all in your head. Learn easy skill building activities effective in organizing, resisting impulses, self-monitoring, stress reduction, reading, writing, concentration, coordination, etc. To RSVP call Pam Whitman (925)253-1223 [www.transitionpoint.org](http://www.transitionpoint.org).

**Appraisal Clinic at Hearst Art Gallery**, Moraga: "What's In Your Attic?" On Wednesday, Aug. 12, from 10am to 3pm, when the Hearst Art Gallery of Saint Mary's College in Moraga will host a Bonhams and Butterfields appraisal clinic. Specialists will be on hand to appraise historic and modern California and American paintings, furniture, decorative arts, Asian art, and jewelry. Suggested donation is \$10 per item, with all proceeds benefiting Hearst Art Gallery exhibitions and educational programs. Gallery admission is free on Wednesday with an appraisal donation.

**Join more than 500 Bay Area** residents as we participate in The Food Allergy & Anaphylaxis Network's (FAAN's) Walk for Food Allergy: Moving Toward a Cure. It will take place in San Francisco, at the Music Concourse in Golden Gate Park, by the De Young Museum and California Academy of Sciences on Sat, Sept 12: Check-in 8:30 AM, Start 9:30 AM, Entertainment/Children's Activities until 12:00 PM. FAAN ([www.foodallergy.org](http://www.foodallergy.org)) is a nonprofit organization dedicated to increasing public awareness of food allergy and its consequences, to providing advocacy and education, and to advancing research on behalf of all those affected by it. Volunteer to help organize the Walk or to help on Walk Day. For more information, please visit [www.foodallergywalk.org](http://www.foodallergywalk.org).

**If you have an overabundance** of fruits and vegetables from your back yard garden, here's a great way to help those in need. The Mt. Diablo Peace and Justice Center of Walnut Creek is collecting your fresh garden produce weekly and transporting it to the pantry shelves at the Monument Crisis Center (MCC) in Concord. There are three locations where you can drop off your fruits and vegetables. 1. Morning Drop-Offs at the Peace Center Office on Mondays between 10:00 AM and 2:00 PM. The Peace Center is located at the Mt. Diablo Unitarian Universalist Church, 55 Eckley Lane in Walnut Creek 94596. The website is [www.mtdpc.org](http://www.mtdpc.org). 2. Evening drop-offs Thursdays, from 6:00-8:00 PM at 1346 Keywood Court, Concord. 3. MCC, 2350 Monument Blvd. Suite B, Concord. The Center has Food drop off hours on the following days: Monday - Thursday 9:00am - 3:00pm and Tuesday 9:00am - 6:00pm.

**The Widowed Persons Support** offers the following activities during August: The LUNCH BUNCH will have a luncheon at TAHOE JOE'S, 999 Contra Costa Boulevard, Pleasant Hill on Saturday, August 15 at 1:00 p.m. Price \$15.00, includes entrée, beverage, tax and tip. For reservations call Dorothy Bohannon 925/937-6883 or Carolyn Beasley 925/254-6297.

**The 40th Reunion for the Campolindo High School Class** of 1969 will be held at Terzetto Cuisine 6p-11p,

September 19, 2009. The cost is \$35 pp and reservations are needed by September 1. Contact Rhonda at (925) 253-9043 or [rpd51@aol.com](mailto:rpd51@aol.com) for more information.

## SENIOR

**Cooking Class- Pumpkin Gnocchi**-Just in time for your Thanksgiving feast. Come and enjoy making one of the most delicious Italian dishes: Gnocchetti di Zucca (pumpkin gnocchi) sprinkled with fresh goat cheese. Instructor, Lucia Falcone, was born and raised in Murano, Italy. If you like good food, come join us, and bring your appetite. This cooking class meets Thursday, September 24, in the Sequoia Room at the Lafayette Community Center, from 1 - 3. The price is \$25 for nonmembers and \$23 for Emeritus College members. Price includes lab fee. To register contact Emeritus College (925) 906-9105.

**To celebrate Grandparents Day** on September 13, The Vagabond Players has announced an Outstanding Grandparents contest. It is open to Contra Costa County residents whose grandparents or great-grandparents also live in the county. Judges will be looking for entries that reveal the positive influence of a grandmother-grandfather couple on their kin and others, according to the sponsor. The grandparents of the three chosen entrants will receive gift cards from participating restaurants and merchants. Entries must be 200 words or less, and postmarked no later than August 28. Send entries to The Vagabond Players, 608 Twinbridge Ct., Pleasant Hill.

**Please submit events to:**  
[calendar@lamorindaweekly.com](mailto:calendar@lamorindaweekly.com)

## Remember When . . .

**People actually cooked?** Well, alot of us remember and a lot of us still do! That's why DMB has a large cooking department downstairs in the Broadway Plaza store. For serious chefs or cooking fun. **Cookbooks, Pots and Pans, Gadgets, Electrics**, etc. etc. By the way, take an **extra 20% off** of our already low prices in the cooking department on all **Krups, Cuisinart, & Capresso** between now and Aug. 31<sup>st</sup>.

**Faberge Eggs could only be owned by Russian Royalty or Mr. Forbes? Now it's our turn!** Fabulous replicas of the multimillion dollar **Faberge Eggs** are available at DMB for as low as \$150.00. Fun to look at on your next visit. **Better still!** Surprise someone with the gift of a **Faberge Egg** on the next important event or just for no reason at all!

**david M brian**  
1129 Broadway Plaza, Walnut Creek  
Weekdays 10:00-9:00, Saturday 10:00 - 7:00, Sunday 11:00-6:00  
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**Thursdays at Theatre Square**  
enjoy and discover  
**ART**  
**GOURMET FOOD**  
**WINE**  
**LIVE MUSIC**  
**MASSAGE**

**Mark your Calendar for:**  
**Thursday:**  
**8/6, 8/20, 9/3 & 9/17**  
**5:30-7:30 pm**

Enjoy a relaxing summer evening: Treat yourself to a massage at entourage (30% off for this event!). Dine el fresco on Shelby's delicious cuisine while sipping fine wine! Then, mingle among fine art exhibited by amfa and listen to live music from some of the East Bay's most famous bands!!

Mention this ad and receive a \$50.00 discount on custom framing from Theatre Square newest shop; FaF (Fine Art Frames) call 925 788 5866

**Questions? Email**  
[alisonmccrady@yahoo.com](mailto:alisonmccrady@yahoo.com)