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## Luscious Green Salad

1 bag ready-to-eat lettuce mix (I like butter lettuce and radicchio)

2 sliced carrots

½ avocado, cubed

½ cup pomegranate seeds

½ cup raw walnuts or pine nuts

½ cup raw sunflower seeds

½ cup gluten-free croutons (available from health food stores, or cut gluten free bread into cubes, toss with dried herbs and olive oil, and toast in a 350 degree oven for 10 mins.)

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