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## Olympics Not Quite Over

*Submitted by Leslie Ryder*

Sierra Ryder laying down a Giant Slalom run at Alpine Meadows Photo Zev Gur

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Sierra Ryder, an eighth grader at Orinda Intermediate School, is a member of the Squaw Valley Ski team and has been on the team since she was four years old. Ryder was selected to represent the Far West division at the 2010 Western Region J3 (13-14 age group) Junior Olympics which will be held at Mt. Bachelor, Oregon, March 18-21, 2010. The Far West division (California and Nevada) sends representatives based on the results of qualifying competitions in Slalom, Giant Slalom, and Super G. J3 athletes from all over the Western Region including Utah, Montana, Alaska, Idaho, Oregon, and Washington will compete.

Three Slaloms at Sugar Bowl, three Giant Slalom events at Alpine Meadows and three Super G's at Northstar at Tahoe bring us to a selection list for this year's J3 Junior Olympics. The selections are based on the best five-of-nine results of these qualifying races. Winners qualify to compete in the J3 International Race held in Whistler, Canada in April known as "The Whistler Cup." To see race results in a live format, you can click onto [www.live-timing.com/races.php](http://www.live-timing.com/races.php).