

# LAMORINDA SPORTS & SCHOOLS

## Miramonte Outlasts Rival Campolindo

By Guy Dotan



left to right: #45 Hannah Perkins, #1 Lindsay Blore, #33 Kisten Park, #14 Lauren Dougherty, #5 Rachel Ozer Photo Andy Scheck

The Acalanes, Campolindo, and Miramonte women's lacrosse teams have all had dominant seasons thus far. With all three teams well ahead of the DFAL pack, it seems pretty clear that a Lamorinda school will come out top dog in the standings. In the end, it will come down to head-to-head match-ups.

One of these games occurred on Friday, April 30th, a match rescheduled from earlier in the season. The game featured Campolindo vs. Miramonte.

The last time the two faced off, back in March, the Cougars pulled out a tight 11-9 victory thanks to an incredible showing by their star sen-

ior, Rachel Ozer, who had seven goals and one assist as well as solid two goal performances by senior Jennifer Hofmann and sophomore Hannah Perkins. Including that previous victory, Campolindo was riding a 10-game winning streak going into the Miramonte match.

The Matadors, on the other

hand, were out to prove themselves to the league after being blown out by Acalanes 7-15 in mid-April. The loss to Acalanes set off a spark for the Matadors and they went on to outscore their opponents 48-12 over the next three games.

For the Friday rivalry match-up, Miramonte's game plan seemed

pretty simple, completely eliminate Ozer's offensive prowess. Throughout the entire game, Ozer had one defender matched-up on her as well as a fierce double team every time she got the ball. However, even with the extra pressure, Campolindo's offense was still able to get off many shots on goal. These shots were to no avail as Miramonte's junior goalie Dani Albo was untouchable in the net. Throughout most of the first half the Cougars could not develop an offensive rhythm while Miramonte's goals kept coming. Heading into halftime the score was 5-3, Miramonte.

Toward the beginning of the second half, Campolindo's offense hit its stride and was able to bring the game to within one goal. But just as the game got close, Miramonte brought it back in its favor, building a solid 8-5 lead late in the game. Another late goal by Campolindo brought the Cougars to within two, but it was too little and late as the Matadors defense held off Campolindo for the final two minutes and took the win 8-6. Miramonte's lead scorer was freshman

Lauren Dougherty.

Reflecting on the loss, Campolindo senior defenseman Kelly Clarke said, "We just didn't run our plays like we normally do because the stress got to us. Next time we need to make sure we keep our focus throughout the game."

Miramonte pulled off the upset and asserted themselves as a strong contender for the DFAL championship. Ozer was held to just one goal and despite an impressive effort by Hofmann (four points off two goals and two assists) to maximize on the Ozer double-team, Miramonte proved to be solid on defense and explosive on offense.

The loss dropped Campo into second place in DFAL (7-1) and brought Miramonte within a half game of second (7-2). Since the loss to Miramonte, Campolindo has dropped two games to Acalanes. Campolindo falls to 8-4 in league and third place in the DFAL. Miramonte has possession of second place. Acalanes remains in first seed with a perfect 11-0 DFAL record.

## Acalanes Boys' Golf Finishes Second at DFAL

By Alex Crook

With a combined team score of 403, the Acalanes varsity boys' golf team finished eighteen strokes behind DFAL champion Dublin to finish second overall in DFAL and qualify for the North Coast Section South tournament. The league championships were held at Lone Tree Golf Course in Antioch on May 3rd. The Dons' 403 score was a season best.

Acalanes' team leaders were senior Ian Fisher with 79, junior Michael Schweibinz, who shot 80, freshman Chris Childers with 81, junior Parker Ramsey with 82, and freshman Ryan West with 83.

"I was happy with my play. I'm hoping to be the number three or four guy next year. I think we're going to be better than we were this year so that's something to look forward to," says Childers. Childers is one of two freshmen playing for the Dons.

Overall in the tournament, Fisher and Schweibinz finished twelfth and thirteenth respectively. Fisher also led the team throughout the course of the season, leading the Dons in all of their matches.

"He's played very well this year...just real solid," commented coach Tim Scott on Fisher's performance.

Prior to this tournament Acalanes had been the powerhouse in boys' golf, going 12-1 in league play and 17-6 overall, with the only league loss coming to the Dublin Gaels, the eventual league champion. Acalanes' average margin of victory was 22 strokes, not including the DFAL championships.

The Dons were heavily favored to win the league this year as

they returned four players from last year's team: Fisher, Ramsey, senior Matt Lewis, and Schweibinz.


As for the Cougars and Matadors, Campolindo finished one stroke behind Acalanes with 404 for third place at Lone Tree while Miramonte finished fourth with 417, thirteen strokes behind Campo.

2009 DFAL MVP and Campolindo senior Bjorn Kallerud shot

the lowest overall in the tournament with a score of 69, while Miramonte's best individual score was 75 by freshman Kevin Swimmer.

With the lowest score in the tournament, Kallerud automatically qualifies for the North Coast Section-South individual qualifiers.

Acalanes now prepares for the North Coast Section-South team qualifiers, slated to start on May 10th.




**DEXTER HONENS II**  
REAL ESTATE BROKER  
Office: (925) 253-2148  
Residence: (925) 254-8088  
Cell: (510) 918-8911  
Email: honens@pacbell.net


**DEXTER HONENS II**  
REAL ESTATE BROKER

Please call me for your Real Estate needs to experience the integrity, professionalism and results you expect.

Serving clients, friends and family in your neighborhood since 1989.




---




**KYLE DAVIS**  
MORTGAGE BROKER  
Direct: (925) 314-5299  
Fax: (925) 831-9161  
Email: Kyle@Stonecastle-LHF.com

**KYLE DAVIS**  
MORTGAGE BROKER

"MORTGAGE RATES are at HISTORICAL LOW points. There may never be a better time to BUY OR REFINANCE A HOME OR INVESTMENT PROPERTY in the Bay Area. Call DEXTER AND KYLE to talk about taking advantage of the extraordinary opportunities in today's market."




## Are Your Allergies Getting You Down?




*George C. Tuck, founder of Atlas Heating Co. in 1908.*

Fight dust mites, viruses, bacteria and mold spores with a one-two punch: duct cleaning and sealing and high efficiency whole house filtration. A free estimate and sharp pencil pricing will put a smile on your face and keep the Kleenex on the shelf. Days, weekends or evenings. It's time to get comfortable.



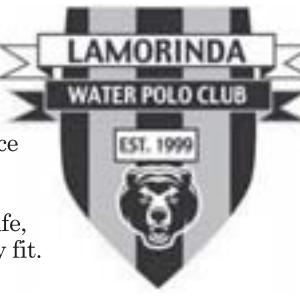
**ATLAS**  
Heating and Air Conditioning Company  
Since 1908 • CA Lic #489501



925-944-1122

www.atlasheating.com

## LAMORINDA WATER POLO - SUMMER PROGRAMS 2010



### SPLASHBALL

**DESCRIPTION:** This Disney endorsed program is designed to introduce the sport of water polo to children 5-9 years old. The intent is to provide basic skills and understanding of the sport in a recreational format. Splashball™ harnesses all the fun, dynamic aspects of water polo in a safe, easy to learn aquatic experience that will motivate kids to swim and stay fit. Flotation devices can be used.

**DATES:** May 16-August 1, Sunday (1 hour practices), 5:00pm - 6:00pm  
**LOCATION:** Soda Center - Campolindo High School, Moraga  
**COST:** \$125.00 + \$25.00 USA Water Polo Membership

### CO-ED BEGINNER/NOVICE

**DESCRIPTION:** Designed for boys and girls, ages 8 to 12 years old with little or no water polo experience. The players will learn the basics of the game and teaching progression will assume the players are new to water polo or have minimal experience. Each practice will consist of time to educate players about the game, rules & tactics, and watch game videos. The remainder of the time will be in the pool learning about movement in the water, ball handling and shooting. The sessions will stress the instruction and fundamentals.

**DATES:** May 24-June 10, Tues & Thurs, 4-6 pm; June 14-July 29, Tues & Thurs, 2-4 pm  
**LOCATION:** Soda Center - Campolindo High School, Moraga  
**COACHING:** Bill Brown **COST:** \$250 + \$55.00 USA Water Polo Membership

### GIRLS

**DESCRIPTION:** The recently re-established LWP girls' programs are flourishing and increasing in number each season. The Summer session is designed for girls, ages 11-18 (middle school & high school), who want to learn more about water polo & the techniques of the game. The goal is to build on the fundamentals; increasing skill levels, strength & conditioning, functioning as a team, enhancing friendships, and having fun. Tournaments and scrimmages will be an integral part of this program and all are encouraged to participate.

**DATES:** May 24-June 10 (M, T & Th) 3:45-5:15 pm; June 14-July 29 (M, T, Th & Fri) 4-6 pm  
**LOCATION:** Bill Brown Aquatic Center - Miramonte High School, Orinda  
**COACHING:** Trevor Rose **COST:** \$585.00

### BOYS

**DESCRIPTION:** The boys' programs offer competitive play for middle school & high school boys. The age-group programs are designed to enhance the attained skills of seasoned-competitive athletes, who are familiar with the sport. See website for age group/season info.

**DATES:** May 24-Aug 3 **COST:** \$635-660

### BROWN WATER POLO CAMPS

**DESCRIPTION:** Lamorinda Water Polo Club is pleased to announce the return of the Brown Water Polo Camps, coached by Bill Brown and James Lathrop. The camps are designed for 3rd to 9th grade athletes with little or no water polo experience. Each camp will run Mon, Tues, Thurs, & Fri, 11:30am to 2:00pm, at the Bill Brown Aquatic Center located at Miramonte High School, Orinda.

**DATES:** Session 1 June 14 - 18 | Session 2 June 21 - 25 **COST:** \$150 per week

**For more information and to register, please visit our website:**  
[www.lamorindawaterpolo.org](http://www.lamorindawaterpolo.org)



## Lamorinda Water Polo Club

# Splashball™

## Spring/Summer 2010



This program is designed to introduce the sport of water polo to children 5-9 years of age. We will provide basic skills and understanding of the sport in a recreational format.

**Benefits of the Program:**

- Develops water safety skills
- Cultivates health and fitness
- Sample of a new sport for which you may have special talent or passion
- Meet new friends in a safe, fun environment
- Build endurance and muscle tone
- Endorsed by Disney

**Want to Play Splashball™?**

- Costs \$125.00 + \$25.00 USA Water Polo Membership
- Practices are Sundays starting May 16 at 5:00 pm
- Flotation devices provided
- Join LWP at [www.lamorindawaterpolo.org](http://www.lamorindawaterpolo.org)
- Join USA Water Polo as a Splashballmember at [www.usawaterpolo.org](http://www.usawaterpolo.org)



For more information contact us at [www.lamorindawaterpolo.org](http://www.lamorindawaterpolo.org)