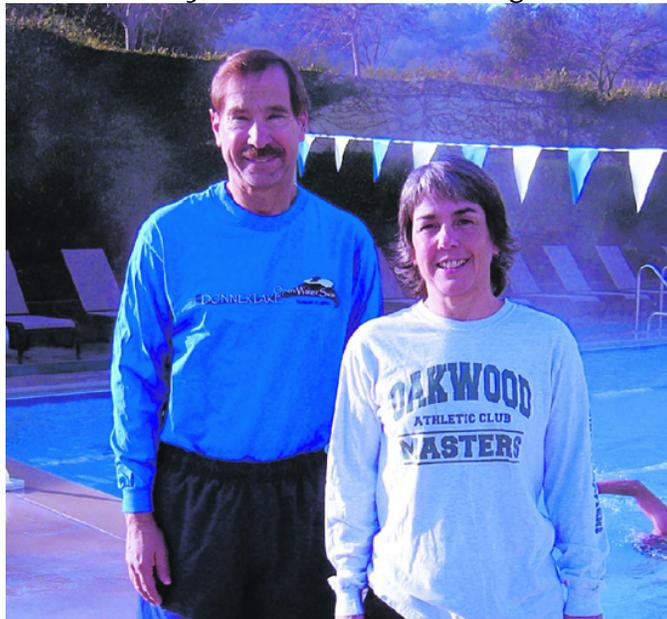


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Masters Swimmers Finish Top in "Go The Distance" Event

Submitted by Richard K. Jacobberger



After a workout at Oakwood Athletic Club Photo provided

Lafayette City Council member and former Mayor Don Tatzin (58) was the overall champion for the 2010 United States Masters Swimming (USMS) "Go The Distance" event. Tatzin finished first in the nation having swam 1,798.18 miles in 2010. He improved on his 1,543.21 miles from 2009 which also qualified him for first place. Tatzin was the only swimmer to exceed 1,500 miles.

Susan Skilton (52) swam 735.42 miles to finish 42nd overall and fourth in her age group. Skilton was one of only 209 swimmers nationwide to exceed 500 miles this year.

The "Go The Distance" event is the fastest growing USMS program, doubling participation ever year; more than 2,200 members participate logging a total of over 425,000 miles.

The event is a self-directed program aimed at encouraging Masters swimmers to exercise regularly. There is no time limit for the distance milestones. The program is based on the honor system with swimmers logging the distance swam on a daily, weekly or monthly basis.

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