



SPORTS LAMORINDA'S LOCAL SPORTS

Saint Mary's Women's Basketball Looks Good at Home

By Brandon Duran



Jackie Nared #3

Photo Tod Fierner

Saint Mary's was picked to finish fifth in the WCC preseason poll. Despite a slow start, the Gaels are 5-2. Part of the slow start may be attributed to the loss of Louella Tomlinson. Tomlinson blocked more shots than any other player in Division I women's basketball history and is SMC's all-time leading scorer. The Gaels only had two returning two starters, senior guard Jasmine Smith and junior guard Kate Gaze.

SMC opened on the road against a tough #19 DePaul, losing 68-96. Inconsistency continued to be the theme in the first six games of the season. The Gaels broke even, going 3-3 before returning home to host the win-less (0-8) William Jessup Warriors on Tuesday, November 29.

Saint Mary's jumped out to a 10-0 lead over the Warriors behind a team effort—four different players scored for the Gaels.

Freshman center Carli Rosenthal scored the next six points for the Gaels, taking advantage of their frontcourt size.

Around the 10 minute mark, Jessup made a run with a string of field goals off of Saint Mary's turnovers, to get the 13 point deficit down to eight points. However, playing as more of a team helped SMC build a 47-21 lead heading into half.

Saint Mary's redshirt sophomore guard, Jackie Nared, a transfer from the University of Maryland, led SMC in scoring with 12 points at the break.

The Gaels came out in the second looking to continue their dominance inside and get

more production from the bench.

As in the first half, WJU started slow, scoring its first field goal 5:15 into the second. From that point on the Saint Mary's bench took over. Combining for 21 second half points, the bench got some crucial experience heading into the upcoming conference play.

Saint Mary's won by a score of 82-43, behind Nared's 17 points. Rosenthal posted a double-double with 10 points and 10 boards.

The Gaels dominated the inside game. "That's always our game plan, to get the ball in the paint. Either passing the ball into our post players or driving the ball in there with our guards, and I think he had a good combination tonight," said head coach Paul Thomas.

Although the Gaels controlled the game against WJU, they average 23.7 turnovers a game. Nared commented that this needs to change if the Gaels want to be competitive.

"We are kind of careless with the ball at times, but I think as we grow as a team and get to know each other and how each other plays more then we will get better," Nared said.

The Gaels overcame their turnover troubles by going 19-22 from the free throw line this past Sunday night to beat the Cal Poly Mustangs in a tight game down the stretch, 65-62. Saint Mary's (5-3) has two games left of their six game home stand, which includes a December 8th matchup against fellow East Bay school, Cal Berkeley.

West Coast Conference play starts December 29th in Los Angeles against Loyola Marymount.

Saint Mary's Men's Basketball Improves to 5-1

By Alex Kozela



Rob Jones #22

Photo Tod Fierner

The Gaels used a "triple-threat" approach to defeat Weber State in their fourth home game of the season. Junior guard Matthew Dellavedova, senior forwards Kenton Walker and Rob Jones all had double-doubles to lead Saint Mary's to an 87-70 in the final of the Shamrock Office Solutions Classic at McKeeon Pavilion. The Gaels also defeated Cal Poly, 59-52 on December 3 to improve to 5-1.

Dellavedova had career highs in both points and assists, recording 25 and 11, respectively. Walker tied his career high in points and rebounds with 14 and 11, respectively. Jones recorded his fifth straight double-double of the season, scoring 24 points and grabbing 12 boards.

Weber State (6-1) led by ten points towards the end of the first half before the Gaels went on an 11-2 run to cut the Wildcats' lead to one at halftime.

"This game was as important for us as any of them because we were down ten and kept our composure," said Gaels' head coach Randy Bennett. "We were able to get tight right before the half and then in the second half we played better."

The Saint Mary's offense finally hit its stride after the half, the "triple threat," Dellavedova, Walker and Jones accounted for 43 of the Gaels' 56 second-half points. Dellavedova said that a change in his poise helped the team out.

"I just tried to play a little slower. I've been rushing a little bit," said Dellavedova. "We moved the ball, and we tried to push the ball a little bit more and that helped."

Bennett said he has been impressed with Dellavedova's maturation this season.

"He's getting better," said Bennett. "Last year it was in Mickey's hands a lot more and he was a second facilitator, but now it's in his hands a lot more and he's going to have to take the best defender every night. I think he's figuring it out."

The impressive offensive display wasn't limited to Saint Mary's players. Wildcats junior guard Damian Lillard, an Oakland native who was recruited by Saint Mary's, dropped a career high of his own, tying his previous record of 36 points.

"I told him after the game we held him under 40. We did a good job," said Bennett with a laugh.

Five days later, the Gaels travelled down the 101 to San Luis Obispo to face Cal Poly. Jones recorded his sixth straight double-double with a game-high 18 points and 12 rebounds as the Gaels defeated the Mustangs 59-54.

Saint Mary's now has five more home games on the schedule before they face Baylor and Missouri State in the Continental Tire Las Vegas Classic on December 22 and 23. The team's first WCC match-up will take place in Moraga on December 29 against conference debutants Brigham Young.

"We're a team that's still figuring things out," said Bennett. "Guys are learning their roles. We're not as far along as last year's team as far as understanding roles, but we also have a chance for more growth with this team."

Advertising

Submit stories to sportsdesk@lamorindaweekly.com

www.HelpfulRealEstateInfo.com

Classified • Classified • Classified • Classified • Classified • Classified • Classified • Classified

Music lessons

Piano/guitar w/ Robbie Dunbar
All levels welcome!
I travel to your home.
M. A. Music Composition
925-323-9706
robbiednrb@gmail.com

Piano Lessons in Lafayette with professional instructor MTAC member. Competition, CM exam Preparation. Rita Yegiazaryan 283-7601

Piano Tuning

Experienced Piano Tuning
By local music teacher
925-323-9706

Vacation rentals

SUNVALLEY, IDAHO charmer
Beautiful French inspired West Ketchum cottage. 4 BR, 3.5 bath. Sleeps 8-10. EASY Walk to town. Close to ski lift and trails. Hot Tub. Very unique. **Must see!** Lamorinda family owned. www.vrbo.com/386169 call Sunni (208) 720-5246. Lamo Local, Martha 925-216-5581

House and pet care

Local, retired teacher is eager to take care of your home and pets while you are away. Please call Dede for an interview 925-395-0738. References available.

Car for sale

FOR SALE: 2006 MB SLK350.

\$27,666. Been driven low mileage (33K) on Lamorinda streets since it was new. Excellent condition Factory warranty. Loaded and with lots of extras. For more information see <http://epbgroup.com/2006slk.html>

Insurance

Totalintegrityinsurance.com
20+yr Lamorinda resident. My independent insurance brokerage is here to serve you. Over 100 top carriers = great pricing and coverage for Biz Gen Liab, W Comp, Homes, Auto, Life. (925) 247-4356 0E90108

House cleaning

www.totalclean.biz
Serving Lamorinda since 1985. Insured and bonded 376-1004.

Monica's Cleaning
Residential & Commercial Janitorial Services Lic. Free Estimates (925) 348-3761

Painting

LET ME BRIGHTEN YOUR HOME!
Specializing in high quality interior painting
Lic.#953962/Bonded/Insured
J AN INSIDE JOB
Mark Alexander
Owner
I'm local, and I'm a very nice guy!
(925) 370-6558 • (925) 787-6684 cell
grizzmark@sbcglobal.net

Quality Painting

Affordable Prices & Reliable Service. All qualified craftsmen. Complete & thorough preparation, drywall texture & repair, wallpaper removal, acoustic ceiling removal & color matching. 35 years experience. License # 500800
Telephone: (925) 687-2265

T & T PAINTING CO

27 Years Experience Int & Ext Our Workmanship & References Speak for Themselves
CA Lic # 616357 BONDED
Steve Thaw 376-3380 Moraga

Tree Service

East Bay Tree Service.
377-8733. Fine pruning, large tree removal, stump grinding License #805794

Tree & brush removal.
Poison Oak removal. 376-1995, Licensed, insured & bonded

Plumbing

WE HOP TO IT!
(925) 377-6600
LeapFrogPlumbing.com

Windows & Gutters

Reliable Window Cleaning
Friendliness & remarkable results. Windows, Gutters, Pressure Washing. (925) 254-7622
ReliableWindowService.com

Handyman

Fix, Paint, Repair anything. Professional & Reliable
Call Terry 925-788-1663

Construction

SWARTS CONSTRUCTION
• Foundations • Small Repairs
• Drainage • Free Estimates
• Remodel • 35 yrs. Lamorinda
925.250.6610
INSURED BONDED Lic# 613717

Concept Builders
Remodeling, Home Repair & New Construction
Bonded & Insured. License no. 842563
(925) 283-8122, Cell: (925) 768-4983

Play Piano
Breakthrough Method
Simply Music has beginning students playing great-sounding contemporary, blues, & classical pieces from the very first lessons! Children, teens, adults and seniors
Lamorinda Piano 925-300-7561
www.simplymusic-lamorinda.com

Flute & Piano with Nika Rejto
Downtown Lafayette studio
Beginning - advanced, all styles of music. I can travel to you!
925 310-4415, fourflutes@gmail.com

College Advising
Affordable College Advising
College Search & Essay Help
jari94556@comcast.net
925-247-1978

Computer lessons

COMPUTER PROBLEMS??
Call **TRANSBAY TECH**
SPECIALIZING IN LAMORINDA FOR YOUR HOME & BUSINESS
(925) 948-5546
PC & MAC Support • Virus Removal
Upgrades • Data Recovery • Troubleshooting
Tutoring • iPhone & iPod set-up • Senior Citizen Rate • Home Visits & more • Bonded & Insured • Half Price of the Competition
No Travel Charge • Locally Owned
• Often Same Day Service •
INFO@TRANSBAYTECH.COM

Classes offered

Astrology Classes in Lafayette
Small classes! Great Setting!
info: www.youngastrology.com

Help offered

Nanny/babysitter
Experienced mother w/4 grown children already out of the nest. Very caring and loving. Good driver with CA license and own car. Local references. Kim: 925-261-9181.
(I used to own Lamorinda Nails)