

# Lamorinda OUR HOMES

Lamorinda Weekly Volume 05 Issue 22 Wednesday, January 4, 2012



Going Solar-one way to cut your electricity bill ...read on page D7

Digging Deep with Cynthia Brian

## Starting Fresh!

By Cynthia Brian

*"Every man should be born again on the first day of January. Start with a fresh page!"*

*Henry Ward Beecher*



*Winter waves with the beauty of barren bark on deciduous trees.*

*Photo Cynthia Brian*

Over the holidays, our family engaged in our revered tradition of watching family videos on Christmas Eve. How quickly we forget what we looked like, talked about, wore, and how we acted one, two, three, or more decades ago! Every year we look forward to this ritual filled with laughter, cheers, jeers, and tears as we meander down memory lane. Perhaps because I was in the movie business, or perhaps because I didn't want to miss a moment of my children's youth or the changes in my garden, it appears I lived with a video camera at the ready. Everything from pulling weeds and planting seeds, to my kids rescuing ducks, deer, goats, and dogs was captured on celluloid.

The one central theme that stood out throughout the years of filming was that we are an outdoor family. I was blessed with farmer parents who lived their lives in the fields and I fostered this love of time in nature in my own offspring.

... continued on page D4

