

Zumba with Desi
Tone your body and experience the Zumba fitness phenomenon in this exciting class.

Desi's Zumba style combines her love for teaching and her passion for dancing. Dynamic and inspirational, Desi motivates for the achievement of self-confidence in the fitness room and brings fun and variety to cardio workout. Desi has been an enthusiastic Zumba follower since 2006 and an instructor since 2008.

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Meet **Jesse Walters**. Jesse is the client care manager for our Danville/Walnut Creek office. He has been working on older adults issues for more than ten years and specializes in home care. Please call Jesse to answer any questions you may have about home care.

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M O V I E R E V I E W

Beau/Derek on *The Iron Lady*

★★★★☆

The Iron Lady is a film that attempts to synthesize and dissect biographical snippets from the life of the first woman prime minister of Great Britain, Margaret Thatcher.

The précis is basically the message that Thatcher was raised to be a formidable creator of her own destiny, under the auspices of determination and courage. The film tries to convey her conviction that feelings could shroud and dilute the crux of the question, and that they could leave you tetch and derailed when making decisions. This is the iron-clad epitome of her leadership as a person and as a successful political leader.

Meryl Streep's performance, like Thatcher's leadership, is unequivocally commanding. It is poetic with a very convincing tone of eloquence and parlance. It is superbly syncopated with the right beat of British accent, mannerisms, and above all, the pearl necklace and the helmet of hair. In other words – *Brava!*

As for the direction of the film, I must say that director Phyllida Lloyd's attempt is rather weak and lackluster. I am afraid that I could even hear Thatcher characterize it as "absolutely not." However, we also know that it is almost impossible and even implausible to win the nod of any discerning biopic critic.

Come to the Lamorinda Theatres and see Meryl Streep take you to her own, and only own, par on excellence!

(Derek Zemrak is a filmmaker and the president of the California Independent Film Festival Association (CAIFFA); Beau Behan is a member of the CAIFFA Board and director of the Lamorinda Theatres.)



Bentley Debater Takes First Place

Submitted by Clare Durant



Photo Logan Brog

Clare Durant, 17, of Lafayette's Bentley School, won first place in varsity Impromptu Speaking at the prestigious Santa Clara University Dempsey-Cronin Speech and Debate Tournament in Santa Clara, CA. Durant is coached by National Forensic League double-diamond coach Bruce Jordan, one of the state's winning-est debate coaches.

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