

Zumba with Desi

Tone your body and experience the Zumba fitness phenomenon in this exciting class.

Desi's Zumba style combines her love for teaching and her passion for dancing. Dynamic and inspirational, Desi motivates for the achievement of self-confidence in the fitness room and brings fun and variety to cardio workout. Desi has been an enthusiastic Zumba follower since 2006 and an instructor since 2008.

1460 Moraga Road Suite F, Moraga, Moraga Shopping Center, behind McCaulous
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Try a free Zumba class!




All Fired Up for a Dragon Parade

By Cathy Dausman



Photos Cathy Dausman

A dragon was unleashed at Glorietta Elementary School, but no one seemed to mind. In fact the dragon, assembled in honor of Chinese New Year, has become a much-anticipated custom among the school's second graders, who construct its body and dance along, and their audience of other students, teachers and parents.

Teachers Erica Eldridge and Terry Schrittwieser say the event, which they think began in 1992, was a way to introduce foreign culture into the social studies curriculum. "Younger students look forward to being in the parade, and the older children always seem excited to come out and cheer on the second graders," says Schrittwieser.

A gong sounds and the dragon, representing wisdom, power and wealth, is unleashed to chase after a "pearl" of wisdom (in this case a pearl-shaped cabbage). Legend has it the longer the dragon, the more good luck it will bring. If that's true, then the Glorietta community will certainly embody "Gung Hay Fat Choy" and have a prosperous and good year.



Del Rey Elementary Students Restore Native Prairie

Submitted by Allison Perlman



From left, front row: Makenna Ferguson, Brynn Beery, Rachel Nuewirth-Stein, Abby Fleming, Kyla Meyer, Anna Carter, Michelle Lee; back row: Chloe Liljegren, Phoebe Chandler, Brigetter Finger, Noa Davidovich, Ava Killbourn, Emma Marken, Brendan McFeely, Jayson Fernbacher, Shane Hotzclaw, Andre Grosso, Yusef Mathkour, Grant Peters, John Mark Holbrook, Arman Marchiel, Sina Panah, Tighe Tejada

Photo Allison Perlman

On Tuesday, January 17, students from Orinda's Del Rey Elementary School participated in a hands-on prairie restoration project at their school. Led by a team of biologists and volunteers from The Restoration Trust, the 4th and 5th grade classes removed non-native

species, such as English Ivy, planted over a 1,000 native grasses and wildflowers and had a chance to learn the importance of prairie habitat. The restoration effort began in 2009 along Moraga Creek with teacher John Moran's 4th grade class. Students have returned to the Creek every year

to monitor their projects. The Restoration Trust is a non-profit land trust dedicated to providing educational opportunities to the community for the benefit of native habitat restoration. Visit www.restorationtrustonline.org for more information.

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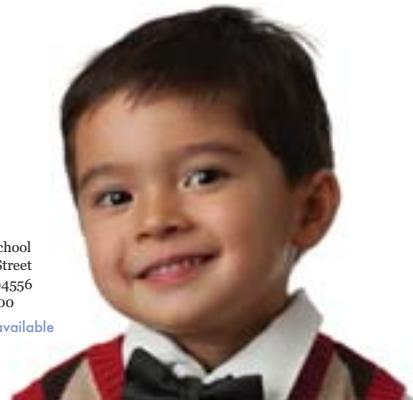
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