

ASK CYNTHIA: Reader Requests



Mustard flower closeup Photo Robert Johnson

After perusing garden centers and the internet with no luck, Kelsey, a reader of The Lamorinda Weekly who enjoys Digging Deep, emailed me asking where she could find wild mustard seeds in bulk to plant on her hillside. Although they truly grow wild in our vineyards and on my personal property, I contacted my winery relatives in Napa Valley for a reliable resource on her behalf. Here you go Kelsey:

“For mustard seeds of several different varieties go to www.wilburellis.com. Click on the Agriculture link and put in your zip code for a location near you. Or contact Molly at the St. Helena, 975 Vintage Ave., St. Helena, CA 94574-0404 at 707-963-3495.”

Another avid garden reader, Susan, contacted me about vetch as an over wintering cover crop she planted. Now that it is flowering, she wants to know if she can eat it.

“Although geese and goats gloat with adoration, if you have vetch as a nitrogen cover crop, don’t be tempted to dine on it despite the fact that it resembles sweet peas. It is poisonous to single stomach creatures.”



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