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## Leg and Lung Power Sets Speed Record

By Cathy Dausman



Greg Thomas could get a speeding ticket on highways going the same speed he attained on a bike recently. The Orinda man, who competed in the 2012 World Human Powered Speed Challenge in Battle Mountain, Nevada, was clocked at 72.52 miles per hour aboard a recumbent bike. He was one of the top ten fastest riders in North America and among the top 20 worldwide. "Riding a Speedbike at Battle Mountain is amazing," Thomas said. "It takes surprisingly little effort to get to 60 mph but a huge amount of effort to get over 70 mph." Thomas counts himself lucky to have had a strong, supportive crew and fast bike, so he could concentrate on riding.

Photo provided

Reach the reporter at: [cathy.d@lamorindaweekly.com](mailto:cathy.d@lamorindaweekly.com)

[back](#)

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