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Senior Symposium this Saturday, October 13: Aging Successfully in Our Community

Organizers have worked hard to assemble an informative, one-stop shopping event addressing concerns of seniors, from 8:30 a.m. to 2:15 p.m. at the Lafayette Orinda Presbyterian Church, 49 Knox Drive, Lafayette.

Seniors, family members and caregivers of the elderly are invited to the fourth annual Senior Symposium. This free event is sponsored by the Lafayette Community Foundation. Topics include estate planning, transportation, the Lamorinda Village concept, even updating your health care directive. Complimentary refreshments and lunch are included. Please call or e-mail to reserve your spot, (925) 357-0056 or seniors@lafayettecf.org. C.Tyson

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