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LAMORINDA WEEKLY

## "Once on This Island, Jr." Returns at OIS

Submitted by Wendy Bond



OIS "Once on This Island" cast, back row from left: Alex Shandalov, Helen Radoff, Lauren Bond, Clare Riley, Olivia Bohuslav, Will Barber. Middle: Amanda Han, Julia Bond, Ava Killbourn, Kyla Meyer, Amber Randall, Madeline Kiss. Front: Kendall Roberts, Jack Lewis, Owen Reed, Ciara Kohr. Photo provided

eight-time Tony nominated production of the musical "Once on This Island, Jr." will be performed in Lamorinda. Now is the chance to see this incredible show that also won Best New Musical in London in 1995. Students with the Orinda Intermediate of life, love, faith, and hope features School's Bulldog Theater will be singing and transporting the audience to the Caribbean April 24-27.

The story focuses on a peasant girl on a tropical island, who uses the power of love to bring together people of different social classes (think of it as a mix of "Romeo & Juliet" and "The Little Mermaid").

As the show begins, we are trans- with the families and students of

or the first time in a decade, the villagers tell her the legend of a peasant girl, Ti Moune, who rescues and falls in love with Daniel, a rich young man from the other side of the island, and the charismatic island gods who try to influence the outcome between the two. This joyous, yet tragic story non-stop music and dancing.

The production is directed by Justin Pyne, who served as musical director on "Guys & Dolls" last spring, and assisted by Jack Henry, a 2003 alumnus of OIS. "It's great to work together as a team to tell such a powerful story on stage this way," says Pyne. "We're excited to share it ported to that tropical island where, Lamorinda." The show is produced on a rainy, stormy night, a small girl and choreographed by Christina Marcries out in fear. To comfort her, the tin, who directed the fall OIS play.

The two casts of OIS students will spend over 40 hours rehearsing and preparing for the show, which will run April 24-27 at the Bulldog Theater at OIS. The 90-minute production will have one intermission. For more information on the show and cast, visit ois-orinda-ca.schoolloop.com/Theater. Tickets will be available for purchase starting April 10 at www.showtix4u.com.



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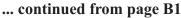
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Samira Davi is a Nurse Liaison for ManorCare Health Services in Walnut

Creek. Samira has over 10 years of experience working in health care in Contra Costa County, which has gained

her a wide view of what is important to the health care consumer. She will be posting common questions and

comments in each issue of the Lamorinda

Weekly. You are welcome to contact Samira directly at 925.270.8766

The Best Way

Nurse and author Terry Ann Black

structions.

With the creation of Advanced leave instructions for final wishes. This "new stuff" was included in an updated version released in 2005 entitled "Caring is Not Enough: My Last Wishes and Personal Records."

"I couldn't name it 'My Death Plans," said Black, inferring that wording was just too strong. Besides, she said, the booklet is not limited to use after a loved one's death – it is also a useful tool after a home evacuation caused by an earthquake, flood or hurricane.

said.

Work on the booklet was orindan Lisa Fulmer at a dinner she said.

Photo Cathy Dausman

At that time deaths were handled in party in November. Fulmer's social the hospitals through doctor's orders media savvy encouraged Black to with DNR (do not resuscitate) in- reintroduce her message, this time online.

Her current publication, "Caring Directives the patient himself could is Not Enough: A Workbook for Emergency and End of Life Planning" is now in its fifth edition and features 150 questions. Copies are available in Spanish and a Chinese dialect. There even is a specialized copy dealing with questions designed to assist those in the lesbian, gay, bisexual, and transgender communities. Black said it should take about four hours to fill out her forms, (available online at www.caringisnotenough.net) provided certain other paperwork (wills "It's all one big picture," she and advanced directives, for example) is already in place.

"It's much easier than doing shelved again until Black met Lam- taxes. They're simple questions,"

For additional information on end-of-life planning, see the Lamorinda Weekly article, "Organized for the End" at http://www.lamorindaweekly.com/archive/issue0624/Organizedfor-the-End-Orinda-couple-annually-updates-last-wishes.html



### Experience makes a difference for the patients transitioning hospital to home.

any patients discharged from the hospital this year will require skilled nursing and rehabilitation before L returning home. They will face a monumental

decision as to which team of doctors, therapists, nurses, and social workers they will trust to help them recover. Each day, ManorCare treats patients with complex conditions transitioning from hospital to home. Our outcomes and professional experience reflect that a patient's best way home is through our doors. Last year our centers admitted over 161,000 patients for goaloriented rehabilitation care after surgery, illness or injury. The majority of these patients returned home to lead independent, productive lives.

Whether a patient is recovering from surgery, illness or injury, ManorCare works with the patient, family members and physicians to create individualized care plans that recognize the unique needs of each patient. Discharge planning begins upon admission at ManorCare. Goals are set to help patients return home as quickly as possible. The combined efforts of the therapy, rehabilitative nursing, dietary and social services departments provide guidance, family support and the encouragement needed for patients to return to their independent lifestyles.

Our patients are coming to us younger and sicker and are expecting to recover quicker and return home. Our rehabilitation gyms are busier than ever, with patients working on regaining strength, stamina and the skills they need to reach their goal of returning home. Often patients may meet the criteria for discharge from the hospital, but that doesn't necessarily mean that they are ready to return home, they may need rehabilitation to restore their physical abilities and re-learn skills, as well as to achieve the confidence they need to return to a productive lifestyle.

ManorCare Rossmoor Parkway and ManorCare Tice Valley provide post-hospital care for patients transitioning from hospital from home. Please feel free to call for additional information or to schedule a tour.

> For more information please visit www.manorcare.com. For a short video visit us on YouTube: www.youtube.com/hcrmanorcare

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