

Published May 22nd, 2013

Miramonte Alum and USNA Plebe Put Through Paces

Submitted by Charles Norfleet



On May 14, United States Naval Academy Plebe (freshman) Michael Sappio, a 2011 Miramonte High School grad, participated in Sea Trials - a daunting 14-hour obstacle course that marks the end of their first year at the Naval Academy. The training exercise is modeled after the Crucible by the Marine Corps and the Navy's Battle Stations recruit program and includes a wide array of activities from shore defense to Spartan relay, paintball, land navigation, hill assault and water tactics, according to the Naval Academy.

Photo Charles Norfleet, www.asjaisimages.com

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[back](#)

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