

County Swim Meet

Submitted by Jeff Miller

This was the 53rd year in a row that LMYA has hosted the County Meet. Nearly 2000 swimmers representing 57 swim teams from across Contra Costa County attended.



Photo Gint Federas

Top Lamorinda Club: 4th place, Orinda Country Club, 1549 points

Event	Lamorinda Swimmers who finished in Top 3 (place, name, age, club)
Boys 6 & Under 25 Yard Freestyle	1 Grant Kurtz 6 Meadow Swim & Tennis Club 3 Jon Mendelsohn 6 Rancho Colorados Swim Team
Girls 7-8 25 Yard Freestyle	2 Lindsey Lucas 8 Sleepy Hollow Legends
Boys 7-8 25 Yard Freestyle	3 John Williams 8 Meadow Swim & Tennis Club
Boys 9-10 50 Yard Freestyle	3 Brock Zamanian 10 Meadow Swim & Tennis Club
11-12 50 Yard Freestyle	1 Emily Gebhardt 12 Springbrook Swim Team
Girls 13-14 50 Yard Freestyle	1 Lucy Fellner 14 Rancho Colorados Swim Team
Boys 13-14 50 Yard Freestyle	1 Tyler Abramson 14 Orinda Country Club 3 Casey Conrad 14 Lmya Dolphins Swim Team
Men 15-18 100 Yard Freestyle	2 Henry Baer 16 Orinda Country Club
Girls 6 & Under 25 Yard Breaststroke	1 Natalie Stryker 6 Orinda Country Club
Boys 6 & Under 25 Yard Breaststroke	1 Bronsen Trunzo 6 Miramonte Swim Club 2 Drew DeFrancisci 6 Moraga Ranch Swim Club
Girls 7-8 25 Yard Breaststroke	1 Allie Lurie 8 Sun Valley Rays Swim Team
Girls 9-10 50 Yard Breaststroke	1 Sophie Lurie 10 Sun Valley Rays Swim Team
Boys 9-10 50 Yard Breaststroke	3 Owen Wardy 10 Oakwood Athletic Club
Boys 13-14 50 Yard Breaststroke	3 Wayne Hawkins 14 Rancho Colorados Swim Team
Girls 11-12 100 Yard IM	1 Sophia Kosturos 12 Orinda Country Club (set a new meet record at 1:02.02) 3 Eloise Engs 11 Orinda Country Club
Girls 13-14 100 Yard IM	3 Katrina Drake 13 Orinda Country Club
Boys 13-14 100 Yard IM	1 Michael Dakis 13 Meadow Swim & Tennis Club
Women 15-18 100 Yard IM	2 Tori Yee 16 Orinda Country Club
Girls 6 & Under 100 Yard Medley Relay	2 Emme Cain, 6 Natalie Stryker 6, Siena Chang Brown 6, Sadie Ghali 6, Orinda Country Club
Boys 6 & Under 100 Yard Medley Relay	2 Brendan Miles 6, Gaetan Avicolli 6, Cole Santangelo 6, Jace Carter 6, Springbrook Swim Team
Girls 7-8 100 Yard Medley Relay	Top Lamorinda Club
Boys 7-8 100 Yard Medley Relay	2 Charlie Karp 8, Ben Boccabella 8, Zachary Hoffman 8, John Williams 8, Meadow Swim & Tennis 3 Brian Edelen 8, Nathan Kienzle 8, Jordan Kumar 8, Benjamin Kang 8, Sleepy Hollow Legends

Event	Lamorinda Swimmers who finished in Top 3 (place, name, age, club)
Girls 9-10 200 Yard Medley Relay	2 Jessica Davis 10, Shelby Suppiger 10, Anna McCarthy 10, Caroline Schirmer 10, Springbrook Swim Team
Boys 9-10 200 Yard Medley Relay	3 Will Coons 10, Lukas Hendriks 9, Brock Zamanian 10, Dalen Schnayer 10 Meadow Swim & Tennis
Girls 11-12 200 Yard Medley Relay	1 Charlotte Wu 12, Lauren McAninch 11, Sophia Kosturos 12, Eloise Engs 11 Orinda Country Club 3 Kaitlyn Allio 11, Jackie Geannacopolos 12, Emily Gebhardt 12, Stella Sowarby 12, Springbrook Swim Team
Boys 11-12 200 Yard Medley Relay	3 Narayan Sharma 12, Andrew Devlin 12, Leo Berkman 12, Grayson Meckfessel 11, Sleepy Hollow Legends
Boys 13-14 200 Yard Medley Relay	1 Stephen Schmidt 14, Tommy Fellner 14, Tyler Abramson 14, Patrick Hallahan 14, Orinda Country Club (tied meet record)
Boys 6 & Under 25 Yard Backstroke	1 Bronsen Trunzo 6 Miramonte Swim Club
Girls 7-8 25 Yard Backstroke	3 Meghan McAninch 8 Orinda Country Club
Girls 9-10 50 Yard Backstroke	2 Jessica Davis 10 Springbrook Swim Team
Girls 11-12 50 Yard Backstroke	2 Charlotte Wu 12 Orinda Country Club 3 Meghan Taner 12 Sleepy Hollow Legends
Girls 13-14 50 Yard Backstroke	3 Katrina Drake 13 Orinda Country Club
Boys 13-14 50 Yard Backstroke	1 Casey Conrad 14 Lmya Dolphins Swim Team
Women 15-18 100 Yard Backstroke	2 Grace Moran 17 Orinda Country Club
Men 15-18 100 Yard Backstroke	3 Henry Baer 16 Orinda Country Club
Girls 6 & Under 25 Yard Butterfly	3 Natalie Stryker 6 Orinda Country Club
Girls 7-8 25 Yard Butterfly	1 Meghan McAninch 8 Orinda Country Club
Boys 7-8 25 Yard Butterfly	3 Jordan Kumar 8 Sleepy Hollow Legends
Girls 9-10 50 Yard Butterfly	3 Anna McCarthy 10 Springbrook Swim Team
Boys 9-10 50 Yard Butterfly	1 Brock Zamanian 10 Meadow Swim & Tennis Club
Girls 11-12 50 Yard Butterfly	1 Sophia Kosturos 12 Orinda Country Club 2 Emily Gebhardt 12 Springbrook Swim Team
Girls 13-14 50 Yard Butterfly	1 Lucy Fellner 14 Rancho Colorados Swim Team
Boys 13-14 50 Yard Butterfly	2 Tyler Abramson 14 Orinda Country Club 3 Derek Ludwig 14 Campolindo Cabana Club Marlins
Women 15-18 100 Yard Butterfly	1 Tori Yee 16 Orinda Country Club
Men 15-18 100 Yard Butterfly	2 Jason Lammert 18 Sleepy Hollow Legends
Girls 9-10 100 Yard IM	3 Maya Supran 10 Orinda Park Pool Swim Team
Boys 9-10 100 Yard IM	2 Owen Wardy 10 Oakwood Athletic Club
Boys 6 & Under 100 Yard Freestyle Relay	1 Brendan Miles 6, Jace Carter 6, Tanner Gates 6, Gaetan Avicolli 6, Springbrook Swim Team
Girls 7-8 100 Yard Freestyle Relay	1 Lindsey Lucas 8, Natalie Aiken 7, Lila Waechter 8, Kali Sharma 8, Sleepy Hollow Legends 3 Grace Clark 8, Lindsay French 8, Paige Hernandez 8, Lauren LaCour 8, Meadow Swim & Tennis
Boys 7-8 100 Yard Freestyle Relay	2 Benjamin Kang 8, Brian Edelen 8, Giovanni Bottene 8, Jordan Kumar 8, Sleepy Hollow Legends 3 Zachary Hoffman 8, Carson Dennis 8, Charlie Karp 8, John Williams 8, Meadow Swim & Tennis
Girls 9-10 200 Yard Freestyle Relay	3 Caroline Schirmer 10, Jessica Davis 10, Anna McCarthy 10, Shelby Suppiger 10, Springbrook Swim Team
Boys 9-10 200 Yard Freestyle Relay	3 Will Coons 10, Dalen Schnayer 10, Davis Henningsen 10, Brock Zamanian 10, Meadow Swim & Tennis
Girls 11-12 200 Yard Freestyle Relay	1 Sophia Kosturos 12, Eloise Engs 11, Charlotte Wu 12, Lauren McAninch 11, Orinda Country Club 3 Kaitlyn Allio 11, Jackie Geannacopolos 12, Stella Sowarby 12, Emily Gebhardt 12, Springbrook Swim Team
Girls 13-14 200 Yard Freestyle Relay	2 Katrina Drake 13, Iris Wu 14, Hailey Eberle 14, Kari Jensen 14, Orinda Country Club
Boys 13-14 200 Yard Freestyle Relay	1 Stephen Schmidt 14, Tommy Fellner 14, Tyler Abramson 14, Patrick Hallahan 14, Orinda Country Club 3 Max Younger 13, Callan Hoskins 14, Sam Ayers 13, Michael Dakis 13, Meadow Swim & Tennis

The Bigger the Better

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It is this aspect of personal improvement that makes swimming appealing not only to swimmers, but to coaches as well.

“The most fun thing is that you get to watch all of the hard work the swimmers put in during the season

and watch them beat their times, and have a great time doing it,” explained Miramonte Swim Club coach Kelly Noah.

With so many teams, the event also encourages a healthy rivalry. Teams show support by painting cars,

wearing spirit gear, and cheering loudly from the poolside stands.

“Even though it’s only recreational swimming, it feels like it’s the national championships,” said Wu regarding the spectators’ excitement.

For many, the excitement is al-

most as fun as the competition. Charlie Wiser, of Orinda Country Club, competed in his last OMPA event this year and he is headed to Stanford in the fall to play water polo. He said the team spirit is what he will miss most.

“I’ve grown up here. You make

lifelong friendships and it’s basically just another support system that you can always fall back on,” Wiser explained, “You always have a place you can call home.”

Doc Webster Memorial Plaque			
Team Name	2013 Points	2012 Points	Improvement
MCC	2459.5	2086	373.5

Most Improved Team without Relays			
Team Name	2013 Points	2012 Points	Improvement
MIRA	499	376.5	122.5

2013 Individual High Point Awards					
Girls					
Age	Place	Name	Place/Stroke	Points	Team
6 & under	1	Emma Knutson	1st Free	48	MCC
	2	Amanda Kayari	1st Back	45	MIRA
			1st Fly		
	2nd Free				
2	Natalie Stryker	1st Breast	45	OCC	
		2nd Fly			
7-8	1	Lindsey Lucas	1st Free	72	SH
			1st Breast		
			1st IM		
	2	Meghan McAninch	1st Back	69	OCC
			1st Fly		
			2nd IM		
3	Paige Hernandez	3rd Back	57	MEAD	
		4th Free			
		5th IM			
9-10	1	Maya Supran	1st Free	72	OPP
			1st Fly		
			1st IM		
	2	Channing Hanley	2nd Back	63	MEAD
			2nd Breast		
			2nd IM		
2	Emmie Appl	1st Breast	63	SH	
		3rd Fly			
		4th IM			
11-12	1	Sophia Kosturos	1st Free	72	OCC
			1st Fly		
			1st IM		
	2	Charlotte Wu	1st Back	63	OCC
			2nd Fly		
			5th Free		
3	Lauren McAninch	1st Breast	62	OCC	
		2nd IM			
		6th Back			
13-14	1	Hailey Eberle	1st Fly	66	OCC
			2nd Breast		
			2nd IM		
	1	Kelly Murphy	1st Back	66	SH
			2nd Free		
			2nd Fly		
3	Katrina Drake	1st IM	64	OCC	
		2nd Back			
		4th Free			
15-18	1	Tori Yee	1st Fly	68	OCC
			1st IM		
			3rd Back		
	2	Madison Tagg	1st 100 Free	65	OPP
			2nd IM		
			3rd Fly		
3	Claire Hamilton	2nd Back	62	OPP	
		2nd Fly			
		3rd Free			

2013 Individual High Point Awards					
Boys					
Age	Place	Name	Place/Stroke	Points	Team
6 & under	1	Bronsen Trunzo	1st Back	48	MIRA
			1st Breast		
	1	Grant Kurtz	1st Free	48	MEAD
			1st Fly		
3	Lincoln Sovik	2nd Free	42	OCC	
		2nd Fly			
7-8	1	Charlie Karp	1st Back	67	MEAD
			1st IM		
			4th Free		
	2	Jordan Kumar	1st Fly	66	SH
			2nd Back		
			2nd IM		
3	Logan Robeson	1st Breast	58	MCC	
		6th Free			
		6th Back			
9-10	1	Brock Zamanian	1st Free	72	MEAD
			1st Fly		
			1st IM		
	2	Jay Mills	2nd Back	62	OPP
			2nd IM		
			3rd Fly		
3	Will Coons	3rd Free	59	MEAD	
		3rd IM			
		4th Fly			
11-12	1	Narayan Sharma	1st Back	68	SH
			1st IM		
			3rd Free		
	2	Nicholas Gaspardone	1st Free	64.5	OPP
			2nd Breast		
			3rd IM (Tie)		
2	Leo Berkman	1st Fly	64.5	SH	
		2nd Free			
		3rd IM (Tie)			
13-14	1	Tyler Abramson	1st Free	69	OCC
			1st Fly		
			2nd IM		
	2	Michael Dakis	1st Breast	64	MEAD
			1st IM		
			7th Free		
3	Max Murphy	1st Back	62	SH	
		3rd IM			
		5th Free			
15-18	1	Charlie Wiser	1st Breast	72	OCC
			1st Fly		
			1st IM		
	2	Robbie Fluegge	1st Free	67	OPP
			1st Back		
			4th Fly		
3	Grant Sivesind	1st 100 Free	64	MCC	
		3rd Back			
		3rd Fly			

2013 Meet High Point (Outstanding Swimmer)-Girl				
Name	Age Group	Team	Place/Stroke	Total Points
Sophia Kosturos	11-12	OCC	1st Free, 1st Fly, 1st Im	72
Record in Event 100 IM		Record in Event 50 Free		Record in Event 50 Fly
New record =	1:01.91	New record =	0:24:98	New record =
Old record =	1:02.53	Old record =	0:24.98	Old record =
(Tie of record)				

2013 Meet High Point (Outstanding Swimmer)-Boy				
Name	Age Group	Team	Place/Stroke	Total Points
Charlie Wiser	15-18	OCC	1st Breast, 1st Fly, 1st Im	72



Bronsen Trunzo of Miramonte finished first in the Boys 6 & under 25 yard backstroke. Photo Kevin Nguyen

Football Season Kicks Off

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“He’s a 4-year varsity guy,” Ivankovich explained, “so he’ll have a big impact returning.”

Also returning, but to a new role, is Robbie Stern. “Robbie’s a 3-year varsity player...he’ll play wide receiver and safety,” said Ivankovich.

Stern had been center for the Dons the past two seasons, but Ivankovich said he’s excelled at receiver and safety. “At this time, we

feel like that’s what’s best for the team. Robbie looked incredible at slot receiver; he’s a weapon.” Ivankovich hopes this change will up his team’s scoring from last year.

Casey Harrington will move up from JV and play quarterback.

“My expectation is that we’re going to play every game like it’s the biggest game of the year,” Ivankovich said.

Home Openers:

Miramonte hosts Tamalpais, Aug. 24 at 6:45 p.m.
Campolindo hosts Heritage, Aug. 30 at 7 p.m.
Acalanes hosts Hercules, Aug. 30 at 7 p.m.

Rivalry Games:

Acalanes hosts Campolindo, Sept. 27 at 7 p.m.
Campolindo hosts Miramonte, Oct. 4 at 7 p.m.
Miramonte hosts Acalanes, Oct. 11 at 7 p.m.