

Bulldogs Win Regionals

Submitted by Catja McDonald



Front row, from left: Abby Dulski, Margaux McDonald, Oceane Steubel, Caroline Berg, Julia Lima; back row: Freddie Bell, Arthur Waterman, Nick Wong, Kai DiGrande, Thomas Boyden, Tanner Zhahlen, Joe Henderson, Manu Prabandham, Reed Callister; not pictured: Stewart Fetzko. Photo provided

The Orinda Intermediate School 6th grade cross country teams won their regional championship meets in early November. The OIS runners scored the best out of 32 teams and a total of 137 runners. The last year both teams were this successful was 2004.

JM 8th Grade Girls Win Championship

Submitted by Lyn Schmidt



From left, top row: Kate Miles, Grace Schmidt, coach Eric Standring, Jessica Thomas, Mia Schafel, Isabel Artiaga, Paige Johnson, Claire Meniktas, assistant coach Renata Sos; bottom row: Jessica Nelson, Grace Huber, Sam Massoni, Jillian Yick, Sophie Hein; not pictured: Cassie Nguyen. Photo provided

Joaquin Moraga Intermediate School's 8th grade girls' volleyball team brought home the championship this season after beating undefeated Foothill Middle School in an exciting two-game win.

Local Reiner Qualifies for Nationals

Submitted by Megan Lindberg



Tessa Lindberg

Photo John O'Hara

Fifteen-year-old Tessa Lindberg, who has been competing in the sport of reining for the past seven years, recently took first place in regional championships to qualify for the national finals that will take place in Oklahoma City in December.

SMC Rugby Prevails

Submitted by Tony Samaniego



Photo provided

The Saint Mary's College Sevens Rugby team hosted the "Battle in the Bay" Sevens Rugby Tournament Oct. 26-27 in which 16 of the top colleges from California, Arizona and Washington competed. The Gaels knocked off strong Cal Poly, Cal and Central Washington teams to qualify for a spot in the Division 1A National Championships to be held Nov. 23-24 in Greensboro, N.C. Before heading to Greensboro the team traveled to a tournament in Long Beach and went 6-0 for the weekend, beating the SDSU Aztecs 40-0 in the finals. Saint Mary's has played in four Sevens tournaments since Sept. 7 and have a combined record of 22-2. The Gaels finished fourth in the country last year at the National Championships.

JV Cougars Take DFAL

Submitted by Chitra Suri



Photo provided

Campolindo's JV water polo team won the 2013 DFAL championship for the second straight year going undefeated in league play.

Head Royce Sweeps Tennis Tournaments

Submitted by Juliana Wong



From left: Coach Barrie Bulmore, Lauren McCormack, Samantha Farrell and Christine Esserman. Photo provided

The BCL-East Women's Tennis Individual Singles and Doubles Tournament was held Nov. 4-5 at the Diablo Country Club in Danville. Head Royce freshman Lauren McCormack of Lafayette won the singles title 6-1, 6-0 and senior captains Samantha Farrell and Christine Esserman (Orinda) defeated College Prep in the doubles final, 7-6, 5-7, 6-3. Head Royce, coached by former Cal Tennis All American Barrie Bulmore, won the BCL-East team tournament as well, narrowly defeating College Prep 4-3. Head Royce competed in the NCS team playoffs Nov. 12 but fell 2-5 to San Francisco University High School. The singles and doubles winners will play in the NCS individual championships that began Nov. 19. The Miramonte and Acalanes girls' tennis teams advanced to championship play. Acalanes fell in the first round, losing to James Logan 1-6. Miramonte handily beat Alameda 6-1 in round one but was upset by Foothill in the second round, 1-6. L.Borrowman

Lamorinda U12 Boys League Champions

Submitted by Matt Hansen



Photo provided

The LMSC U12 Boys Navy clinched first place in the NorCal Premiere League's Gold Division. Team United was also successful in tournament play this fall where they won both the Walnut Creek and Brentwood tournaments and were runners-up in the Dublin tournament. The team holds an overall league and tournament record of 15-3-2. The U12's now set their sights on the State Cup Tournament which concludes in January.

MVP Swims for Right to Play

Submitted by Meredith Yox



Photo provided

Moraga Valley Pool's fall and masters swimmers held a swim-a-thon Friday, Nov. 15 to raise money for Right to Play USA. Olympic gold medalist, Right to Play Ambassador and MVP alum Heather Petri joined 30 Marlins swimmers to swim over 2,500 laps and raise more than \$640 for the non-profit.