

**TAXI BLEU** All Airports Served 24/7

Dispatch: **925-849-2222**  
Direct: **925-286-0064**  
www.mytaxibleu.com  
mytaxibleu@gmail.com



**Excellent Care AT HOME**

Heartfelt & Supportive Care At All Times...

3645 Mt. Diablo Blvd., Suite D Lafayette (beside Trader Joe's)  
www.excellentcareathome.com

Our mission is to provide personalized care, help maintain independence and enhance our client's quality of life on a daily basis.

- Fully bonded and insured
- Geriatric care management
- Hourly care
- Live-in care
- Transportation to and from medical appointments
- Medication reminders

Call to schedule a free assessment and plan care review. 925-284-1213



◆ Not to be missed ◆ Not to be missed ◆

**OTHER ... continued**

**In January, Bentley School will honor PBS News Hour** correspondent and president of Learning Matters, John Merrow, for his trailblazing work advocating for the elevation of the state of education in the United States, the social justice issue of our generation from 6 to 8 p.m. Thursday, Jan. 16 at the Bentley School Student Performing Arts Center. Free. RSVP to communications@bentleyschool.net.

**The Rotary Club of Orinda will host its annual all-you-can-eat crab feast** from 6 to 9 p.m. Saturday, Jan. 18 at the Orinda Masonic Lodge, located at 9 Altarinda Road. Come for fresh-off-the-boat crab accompanied by delectable pasta, salad, sourdough (courtesy of La Piazza), wine, beer and live entertainment. Cost: \$50 per person. Advance reservations required by calling Barbara Bontemps at (925) 219-0082.

**The Friends Corner Book Shop is planning its first sale** of the year from 9 to 5 p.m. Saturday, Jan. 18 at the Lafayette Library. Everything will be half price.

**LUNAFEST, the fundraising film festival dedicated** to promoting awareness about women's issues, highlighting women filmmakers, and bringing women together in their communities, will be hosted by the Women's Resource Center from 6 to 8 p.m. Wednesday, Jan. 22 in the SMC Hagerty Lounge. The films range from animation to fictional drama, and cover topics such as women's health, motherhood, body image, sexuality, cultural diversity, and breaking barriers. (See story page B5)

**Special Presentation, "Global Warming: What's Changed Since an Inconvenient Truth?"** from 7 to 8:30 p.m. Wednesday,

Jan. 22 at the Lafayette Library Community Hall. Come learn all the latest facts about climate change from Lafayette resident Wei-Tai Kwok who was trained by the Climate Reality Project to give Al Gore's most up-to-date slide show. Discover how your family can participate in the many solutions.

**Learn how to make Sushi at 3:30 p.m. Wednesday, Jan. 29** in the Community Hall, Lafayette Library and Learning Center. Participants can learn how to make delicious sushi at home. They will learn how to make both Hand rolls and Maki style sushi. No raw flesh will be used. Registration is required and is limited to 20 people. Register online at tinyurl.com/m3maab6 or at the Information Desk.

**SENIORS**

**Sons in Retirement Lamorinda Branch 171 meets** the first Wednesday monthly at Holy Trinity Culture Center, 1700 School St., Moraga, with social hour at 11 a.m.; lunch at noon. The after-lunch speaker on Wednesday, Jan. 8 will be Saint Mary's College Professor Ron Olowin, of the Department of Physics and Astronomy. Olowin is known for his creative and entertaining perspectives on the Universe. He will share his latest views of the cosmos. For details and membership information, call Larry at (925) 631-9528

**Document Your Life Story - If you have wanted to** write the stories, memories, and experiences of your life but haven't known where to start, wait no longer. Yuska Lutfi will guide you through the process of leaving a living history for future generations - what a gift! Included will be optional outings to Saint Mary's College for their creative writing reading series, "Afternoon Craft Conversations" from

10 to 11:30 a.m. the second and fourth Thursday of the month in the Cedar Room, Lafayette Community Center. Cost: \$1 members; \$3 non-members, per session.

**Free Peer Counseling - Contra Costa Health Services** offers free one-on-one counseling with senior (55+) counselors who use their life experiences to help other older adults cope with life changes, problems, crises, and challenges from 10 a.m. to noon on the second Tuesday of the month in the Alder Room, Lafayette Community Center. Confidentiality is strictly observed. Appointment required. Please call Lafayette Senior Services to sign up for one of the 60-minute appointments: (925) 284-5050.

**Anne Randolph Physical Therapy Presentation: Parkinson's.** Living with Parkinson's disease (PD) can be challenging, but there are things you can do to maintain your quality of life and live well. Learn about the stages of PD and how to optimize your physical ability as long as possible from 11:30 a.m. to 12:30 p.m. Friday, Jan. 24 in the Elderberry Room, Lafayette Community Center. Cost: \$1 members/ \$3 non-members.

**GARDEN**

**Contra Costa Master Gardener's present "Pruning"** at 6:30 p.m. Tuesday, Jan. 7 at the Lafayette Library. A gardening expert will be on hand to share the basics of healthy pruning practices for your trees, shrubs, and roses. Learn how to prune, when to prune and what to prune. Cost: \$5 per person. For reservations, email: higginsierra@gmail.com.

**2013's Best Movie Picks**

By Derek Zemrak



"Fruitvale Station" Photos provided

**W**ith a new year upon us, it is time to reflect on what I consider to be 2013's best movies of the year. It is always fun to generate the "Best of" list and realize what a good year 2013 was for movies that would have to be summarized by two key words: struggle and survival.



Top Five Best Movies of 2013

- 5) "Fruitvale Station" - The true story of Oscar Grant, a 22-year-old Bay Area resident who was shot by a BART police officer on Dec. 31, 2008. "Fruitvale" is a compelling drama by first time director Ryan Coogler and, while it may have been too close to home for many Bay Area residents, it is the "Little Gem of 2013."
- 4) "All Is Lost" - A gripping survival film starring Hollywood legend Robert Redford about a man's struggle to stay alive when his boat starts to sink. It is hard to fathom that Redford has only received a Best Actor Oscar nomination

- 2) "12 Years a Slave" - Director Steve McQueen brings to the big screen the horrors of slavery as they have not been seen before. This is a powerful piece of work with an astounding performance by Chiwetel Ejiofor that should get him the Best Actor Oscar on March 2. A difficult movie to watch but a must see!
- 1) "American Hustle" - Local con artists find themselves caught up in a big time FBI mafia bust. "American Hustle" has one of the best movie scripts in years and director David O. Russell evokes incredible performances from the stellar cast, including Christian Bale, Amy Adams, Bradley Cooper and Jennifer Lawrence. It looks like another Oscar for Jennifer Lawrence for Best Supporting Actress. Anyone who is contemplating an acting career should analyze this film. Acting at its best!



once in his astonishing career. "All Is Lost" will be his second.

- 3) "Dallas Buyers Club" - A gripping film starring Matthew McConaughey as an HIV positive straight man who becomes the most unlikely protagonist for AIDS patients. Look for Oscar nominations for McConaughey and Jared Leto for their roles in the film. Leto will win Best Supporting Actor.
- 4 Slates of 2013! See you at the concession stand in 2014!

**Happy New Year!**

Derek Zemrak is a film critic, film producer and founder of the California Independent Film Festival. You can follow Derek on Twitter @zemrak for the latest Hollywood news. Derek can be heard every Friday on KAH1 950AM on the Poppoff Show.



"American Hustle"


**Service Clubs Announcements**

**Rotary** Explore Lamorinda Rotary clubs The heart of Rotary is our clubs- dedicated people who share a passion for both community service and friendship. Learn about Lamorinda's Rotary clubs.

**SOROPTIMIST** A global volunteer organization working to improve the lives of women and girls through programs leading to social and economic empowerment.

**Lamorinda Sunrise Rotary Club**

We meet Friday mornings at 7:00 am at Celia's Mexican Restaurant, 3666 Mt. Diablo Blvd, Lafayette. (Diagonally across from Trader Joes)

<b>January 3:</b> Health care executive Dawn Knight will speak about <b>WHAT IS HEALTHCARE QUALITY AND WHO DECIDES?</b>	<b>January 10:</b> Currency enthusiast and LSR member Dennis Kurimai will speak about <b>A DEEPER LOOK AT MONEY AND BITCOIN</b>	<b>Please join us!</b> 
--	--	---

**SOROPTIMIST OF 24/680**

**Please join us for our next meeting:**

**WHEN:** Wednesday 1/8/14  
Social 5:30-6:00 p.m.  
Meeting 6:00 - 8:00 p.m.

**WHERE:** The Buttercup Grill  
660 Ygnacio Valley Road, Walnut Creek.

**January Speaker:**  
Sister Caritas Foster - "Modern Day Slavery/Trafficking"

**For more information, contact:**  
Regina Englehart @925-876-9076  
or go to: [soroptimist24-680.org](http://soroptimist24-680.org)

*"Improving the lives of women and girls through programs leading to social and economic empowerment"*

**Please submit:**

**Events:**  
calendar@lamorindaweekly.com

**Stories:**  
storydesk@lamorindaweekly.com

**Letters:**  
letters@lamorindaweekly.com

**Opinion:**  
letters@lamorindaweekly.com