

- **PLANT** a salad bowl garden with greens you love to eat. A small patch of earth or even two or three containers within easy reach of the house will supply you with snippets of arugula, spinach, Swiss chard, chives, radish, mustard, mache, and a variety of lettuces.
- **PERUSE** catalogues for open pollinated, heirloom, or other favorites of seeds, bulbs, flowers, and shrubs. Check out these sites for ideas:

www.sowtrueseed.com,
 www.selectseeds.com,
 www.rootsrhizomes.com,
 www.whiteflowerfarm.com,
 www.mzbulb.com,
 www.territorialseed.com,
 www.harriseseeds.com,
 www.seedsofchange.com,
 www.parkseed.com,
 www.burpee.com,
 www.rareseeds.com,
 www.seedsavers.org.

- **EAT** apples for fresher breath and healthy bodies. Did you know that the French called tomatoes 'pommés d'amour' or 'love apples' because they were convinced that tomatoes had aphrodisiac properties?

May Cupid find you this February and shoot his arrow your way. Be grateful. Celebrate love. Happy Gardening and Happy Growing!

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Cynthia Brian

The Goddess Gardener

Cynthia@goddessgardener.com

www.goddessgardener.com

925-377-7827

Cynthia is available as a speaker and consultant.



Cynthia Brian sends her love to you for Valentine's Day!

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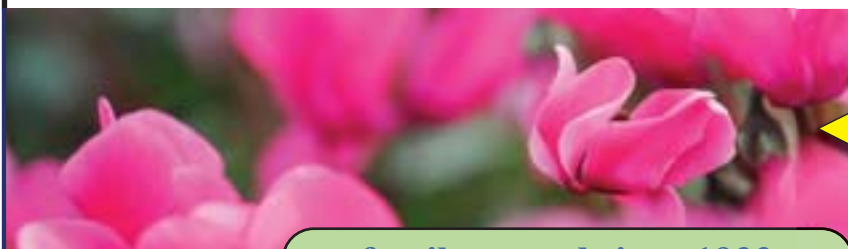


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