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Alterations for Moms
*during May 2014

Rheem Valley Cleaners

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Rheem Valley Shopping Center

Rheemvalleycleaners.com
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OTHER

A scientific presentation sponsored by the California Brain Tumor Association on the health effects of cell phones, cell towers, smart meters and other devices 6:30 p.m. Thursday, May 29 at the Lafayette Library Community Hall, 3491 Mt. Diablo Blvd. in Lafayette. Admission is free but seating is limited. Register at overpowered.brownpapertickets.com or contact Ellie Marks at (925) 285-5437.

Sleepy Hollow is located in a "Very High" Fire Hazard Severity Zone and has earned the distinction of becoming Contra Costa County's first "FireWise Community." Please come learn about the Sleepy Hollow Evacuation Plan and Sleepy Hollow School's realigned emergency path from 7 to 9 p.m. Thursday, May 8 in the Sleepy Hollow School's multi-purpose room. The neighborhood will also be recognized as a Firewise site. Moraga-Orinda Fire District and five other agencies will be present to provide information and solicit feedback. Contact Moraga-Orinda Fire District Emergency Preparedness Coordinator Dennis Rein for details at (925) 698-4575.

Help fight Sudden Oak Death this year in the East Bay— at 10 a.m. Saturday, May 10 come to the Garden Room at the Orinda Library, 26 Orinda Way, for a one-hour session on SOD and the Blitz leaf collection protocol with UC professor and SOD Blitz founder Dr. Matteo Garbelotto, then collect leaves from areas and at times of your choosing through Sunday, May 11. Garbelotto's lab will analyze the leaves for SOD and post the results in the fall on Blitz website map. Visit the site, www.sodblitz.org, for more information and to see the results of past Blitzes. For space and material planning purposes, please email William Hudson at wllhh@ymail.com if you plan to attend.

The Moraga Community Faire will take place from 11 a.m. to 4 p.m. on Saturday, May 10 at the Rheem Valley Shopping Center, 570 Center St., Moraga. The event will include a classic car show, music performances, wine tasting from Lamorinda wineries, Moraga-owned food trucks, art and jewelry for sale, local merchants, and a dunk tank with local celebrities. For kids there will be a climbing wall, carnival games, Bricks 4 Kidz Lego experience, and a bounce house. A fire truck and County Connection bus will round out the attractions. For more information visit www.moragachamber.org/faire. (See story page B9)

Home Composting for Busy People. Learn how easy it is to compost yard debris and food scraps in your own backyard from 12:30 to 2 p.m. Saturday, May 10 at the Mount Diablo Nursery, 3295 Mt. Diablo Blvd., Lafayette. This workshop also covers vermicomposting - the process of using worms to turn food waste into a nutrient-rich compost that your garden will love. Free. Workshop reservations are required. To register, please call (925) 906-1801.

Not to be missed

Join National Park Service rangers for a full moon walk at 7 p.m. Wednesday, May 14 on Mt. Wanda, part of the John Muir National Historic Site (NHS) in Martinez. This free, two-hour program begins with a one-mile, moderately strenuous hike to watch the full moon rise over nearby Mt. Diablo. Visitors should meet at the parking lot on the corner of Alhambra Avenue and Franklin Canyon Road, Martinez. Bring water, a flashlight, warm clothes, and binoculars (if you have them). Wear comfortable walking shoes, as the trail is steep. If it rains heavily, the walk will be canceled. Reservations are not required. For info, visit www.nps.gov/jomu.

The 6th annual Lamorinda Senior Health Expo for Boomers and Beyond will be held from 12:30 to 4:30 p.m. Friday, May 16 at the Orinda Community Center, 28 Orinda Way in Orinda. This year's keynote speaker is Bob Sarlatte who will talk humorously about his own experiences as his parents aged and the challenges that many Baby Boomers currently face with their elderly parents. The fair is free and will include various presentations, free health screenings and complementary food and refreshments. Reservations can be made by calling Senior Helpers at (925) 376-9900 or going online at www.seniorhelpers.com/contracosta.

Lafayette Juniors 15th Annual Kitchen Tour will be from 10 a.m. to 3 p.m. Saturday, May 17. Tour six special Lafayette homes with unique rustic, ranch, Cape Cod, open concept, traditional, and farmhouse style kitchens. The tour benefits First Place for Youth, STAND!, the Lafayette Library, SEED, and Twin Canyon Camp. Tickets: \$40, with a box lunch available for \$15. Purchase tickets online today at www.lafayettejuniors.org or from Douglass Designs and Premier Kitchens in Lafayette. (See story page D1)

Lafayette Hiking Group - May 17- Bartholomew Park Hike and Winery, Sonoma. Meet in the parking lot outside Lafayette BART's main entrance at 9 a.m. to carpool to the trailhead. Bring lunch to share, water, layered clothing, good walking shoes, sun protection and money to contribute toward gas (\$5). Moderate hike for about 2 miles with 500 feet elevation gain, varied vegetation, valley views, followed by wine tasting in the museum and a potluck picnic. Reservations to georgedenney01@comcast.net, required by May 12, maximum of 14 people. For info, email LafayetteHiking@comcast.net.

Wind Chime Workshop: Making Music for Your Garden from 2 to 5 p.m. May 17. Wind chimes can be made with an exciting mixture of elements so please use your imagination! There will be filament, string, drills, other fasteners and glues and will also provide bamboo and assorted materials to use in creating your instrument for making music in the garden! You may want to bring your own items to make your wind chime unique; meeting is rain or

shine at the Lafayette Community Garden at 3932 Mt Diablo Blvd., across from and just west of the Lafayette Reservoir. A \$5 donation per person to support our education programs is appreciated but not required. Register for classes at www.lafayettecommunitygarden.org.

12th Annual Taste of Lafayette from 5:30 to 9 p.m. Tuesday, May 20. The tours begin at Lafayette Plaza with a wine and beer reception including appetizers and musical entertainment featuring a Beatles Tribute. Ticket holders go at their own pace to any or all of the participating restaurants. Then return for a dessert reception at the Plaza from 8:30 to 9:00 p.m. Tickets are \$45 if purchased by May 9; \$50 thereafter. (See story page B9)

Campolindo High School junior Sam Larson is collecting new and gently used toys, sports and rec equipment, backpacks, athletic apparel, outerwear, accessories, jewelry, and shoes for underprivileged kids preschool to age 18. These items will be given away at a "New to You" event held in September in San Pablo. Collection starts now and continues through August. Drop your items at 243 Paseo del Rio, Moraga, or call (925) 284-8142 for pickup. For info, email californiasam22@gmail.com.

Drivers take note: Saint Mary's Commencement Weekend May 23-25. The Undergraduate Commencement takes place at 9:30 a.m. Saturday, May 24 in the SMC Stadium. The Graduate and Professional Studies Commencement ceremony is 2 p.m. on Sunday, May 25.

Chocolate and Chalk Art Festival from 10 a.m. to 5 p.m. Saturday, May 31 (rain date, June 7) at Gourmet Ghetto, North Shattuck Ave., Berkeley. Chalk Art Contest! Eat Chocolate! Free. For info, call (510) 548-5335.

POLITICAL GATHERINGS

Lamorinda Republican Women Federated welcomes Tom Vaillancourt, well-known East Bay activist, who will speak on the ramifications of the ACA, at noon, May 15, at the Orinda Country Club. For luncheon information and reservations, contact Elsie Euing at (925) 254-8617 by May 10. Cost: \$25. Men are welcome!

SENIORS

Sons in Retirement Lamorinda Branch 171 meets the first Wednesday monthly at Holy Trinity Culture Center 1700 School St. Moraga. Social hour 11 a.m.; lunch at noon. The after lunch speaker on May 7 will be Jim Barnett, the television analyst for the Golden State Warriors. Barnett has a huge knowledge of the NBA, the Warriors history and current and past players and will provide his slant on the current state of the Warriors and what the future may hold for the team. For membership information, call Larry at (925) 631-9528.

Not to be missed

Lamorinda Dance Social: enjoy afternoon dancing 12:30 to 3 p.m. every Wednesday at the Live Oak Room in the Lafayette Community Center at 500 St. Mary's Rd., Lafayette. The first Wednesday monthly, professional dancers Karen and Michael will provide a dance lesson and live DJ services, playing your favorites and taking requests. Cost: Senior Services member \$2; non-members \$4. Please call Lafayette Senior Services at (925) 284-5050 to sign up.

A crime and fraud prevention forum presented by Eric Christensen, Lafayette Police Chief, and Cam Burks, Lafayette Crime Prevention Commission, is scheduled from 10:30 a.m. to noon Thursday, May 15 at the Lafayette Community Center Sequoia Room. Hear from the experts how you can protect yourself and your loved ones from scams and schemes. There is no charge for the forum, but please call Lafayette Senior Services at (925) 284-5050 to sign up.

Sons in Retirement (SIR) Lamorinda Hills Branch #174, invites you to attend a luncheon meeting from 11 a.m. to 1:30 p.m. Wednesday, May 14 at Holy Trinity Cultural Center, 1700

School Street, Moraga. The after-lunch speaker will be Cindy Lima of the California Highway Patrol, whose topic is "Age Well, Drive Smart." In addition, activities are scheduled throughout the month (golf, bridge, computer developments and use, etc.) in which members may participate. No dues, just pay for your lunch! For membership information and reservations call Neal at (925) 283-5127.

GARDEN

The Walnut Creek Garden Club will hold its meeting at 9:30 a.m. Monday, May 12 at The Gardens at Heather Farm, 1540 Marchbanks Road, Walnut Creek. It will include the business meeting, social time and plant exchange, and visits to several member's gardens. You do not need to be a "gardener" to attend a meeting or join the WCGC. For more info, contact mslitt44@gmail.com.

Montelindo Garden Club Meeting (third Friday, September through May) will be at 9 a.m. Friday, May 16 at St. Stephen's Episcopal Church, 66 St. Stephens Drive, Orinda. Visitors welcome. Topic: "Critters in the Garden." The speaker will be Joan Morris of the Contra Costa Times.

Please submit:

Events: calendar@lamorindaweekly.com

Stories: storydesk@lamorindaweekly.com

Letters: letters@lamorindaweekly.com

Opinion: letters@lamorindaweekly.com

Service Clubs Announcements



Explore Lamorinda Rotary clubs The heart of Rotary is our clubs- dedicated people who share a passion for both community service and friendship. Learn about Lamorinda's Rotary clubs.

Lamorinda Sunrise Rotary Club

We meet Friday mornings at 7 am at Celia's Mexican Restaurant, 3666 Mt. Diablo Blvd, Lafayette. For more info, please email us at lamorindasunrise@gmail.com

May 9:

Ted Klauber will speak about advertising trends and the 2014 Super Bowl ads.

May 16:

Valisha Fullard, Executive Director and Leslie Werosh, Division Director Operations & Compliance will speak about the California Autism Foundation: A Better Chance

Please be our guest for breakfast and a great speaker!



JOIN US for a free presentation by Laurie White, Dementia Specialist

She's Not Misbehavin', She's Communicatin'

Understanding and Coping with Challenging Behaviors Associated with Alzheimer's and Dementia

Laurie will present information on why a person exhibits challenging behaviors and helps participants approach them in a thoughtful, respectful and person-centered way.

Saturday, May 31, 2014

Time: 10:00 AM – 12:00 PM

Free Parking and Complimentary Refreshments
Please RSVP to: Nancy L. Robinson
nancy.robinson@aegisliving.com 925-297-6760



Assisted Living & Memory Care
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Lamorinda Weekly

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Art, theater, community events: calendar@lamorindaweekly.com
Business news or business press releases: sophie@lamorindaweekly.com
School stories/events: schooldesk@lamorindaweekly.com
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