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business briefs



Mark Borsuk Photo provided

Mark Borsuk Opens Practice

3186 Old Tunnel Road, Lafayette

(925) 979-8326

www.markborsuk.com

Mark Borsuk is a chiropractic doctor, specializing in the treatment of traumatic injuries and elite athletes, who has added to his practice the techniques of applied kinesiology; he is certified by the International College of Applied Kinesiology. He recently relocated to Lafayette from Australia to be close to his parents, who live in Rossmoor. Applied kinesiology and muscle testing are alternative medicine techniques that have been developed by Dr. Michael Lebowitz for food sensitivities, toxic metals, chemical and electromagnetic field sensitivity, chronic illnesses and emotional problems. "I use the muscle testing technique to find out what the root issue it," says Borsuk. He describes applied kinesiology as working with proprioceptive imbalances. "In our muscles and ligaments we have receptors giving us proprioception; they sense pain, temperature, touch, vibration," he explains. "Those receptors are choreographed to work appropriately together, but when there is trauma, those receptors can have problems communicating with each other, and when they do you will have range of motion issues, or pain issues." To understand what is going wrong

in the interaction of the different muscles and the brain, Borsuk might rub, pinch, scratch, vibrate or tickle each muscle group, getting biofeedback from a non-impacted muscle, until he gets a good picture. The same techniques of muscle testing can also be used to detect allergies to food toxins (like solanine in the nightshade vegetables), but also heavy metals, parasites, or molds.

New GM for Moraga Country Club

1600 St. Andrews Drive, Moraga

www.moragacc.com

Andrew Scott was recently hired to replace Frank Melon as general manager of the Moraga Country Club. Scott arrived in Moraga at the beginning of the month from the greater Los Angeles area where he was the general manager of the Manhattan Country Club.

Moraga Employee of the Month

George Hall, the office manager for the Moraga accounting firm Hall of Taxes, has been named the Moraga Employee of the Month for July. Along with the award, Hall will receive gift cards for Safeway and Chef Chao at the Moraga Rotary luncheon Aug. 19. The program is sponsored by Rotary and the Chamber of Commerce.

News from the Chambers of Commerce

Lafayette

Save the date: The Lafayette Art and Wine Festival, Sept. 20-21.

Moraga

Chamber/Community Barbecue: 5:30 p.m. on Aug. 26 at the Moraga Commons Park. The event is sponsored by Safeway. RSVP to Kathe Nelson, kathe@moragachamber.org.

Orinda

Chamber Mixer: 5:30 to 7 p.m. on Aug. 19 at Casa Orinda, 20 Bryant Way.



From left: Kevin Reneau, George Hall, Peggy Hall and Debbie Roessler Photo provided

Reach the reporter at: info@lamorindaweekly.com

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