

# Gratitude, the Metal Element, and Autumn Feng Shui

By Michele Duffy

*“When you are grateful, fear disappears and abundance appears.” – Anthony Robbins*



*A proper round mirror (water symbol) is placed over the fireplace in this Orinda home's "Completion" area to create balance.*  
Photos provided

Autumn is upon us and gratitude in feng shui is closely interwoven with the “Completion” area of the Feng Shui Bagua, which also rules “Creativity, Children and Joy.”

The “Completion” area of your home is the right middle area or quadrant from the front entrance (see Feng Shui Bagua map). The Metal element – represented by metal sculptures, frames, abstract metal art, round objects, and metallic, white, or grey colors – is fully awakened in autumn and rules our gratitude for an abundant harvest. The metal element is not often discussed in feng shui but when properly activated it is regarded as a cure for negative energies, especially in the health and financial areas.

The harvest is a time of gathering the fruits of our labor and taking stock of what worked, who helped us, as much as what is no longer needed or what we might be wise to let go. Many people play significant roles in whether or not the completion of our harvest is bountiful, abundant and meaningful. This area is also ruled by children, which

represent the “completion” of a loving union; when we consider how fearless children are we can understand why joy and creativity is also represented in this area.

Part of “completion” involves intentionally and creatively thanking those who we are grateful for, and whether it is a hand written note, a small token, a dozen fresh eggs from your chickens, a dinner out, a prepared meal delivered, or a gift basket, completing the cycle of your own harvest with appropriate gratitude toward others ensures that a new cycle of abundance will be greatly favored.

Place images in metal frames that depict harvest, sunsets, the heavens, joy, and creativity in this middle right completion area. This is also an appropriate spot for all of the children's portraits and photos that we most certainly removed from the master bedroom, which due to your good feng shui application has transformed into an adult sanctuary. The noisy TV, musical instruments, or your musical devices of choice (metal) can all be placed here as well.

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Overview: 4 bedrooms, 3.5 bathrooms, 5,200+ sq. feet, and 3-car garage on 5+ acre lot (per owner)

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LAST CHANCE to acquire this palatial private estate home in a RARE opportunity at a substantial savings before major renovations are done. Or, you may pick your own materials and have the improvements performed to your custom specifications before moving in. This estate is in a private wooded setting just 3.5 miles to Moraga Shopping Center including Safeway, OSH, Starbucks and much more. You will love the private setting in the Moraga hills. The home has towering ceilings, smooth flow, and an ideal layout for congregating with loved ones or spreading out for peaceful respite. Three large suite-sized bedrooms are situated upstairs with the huge master suite with valley views. The middle level has the foyer, living, dining, office, family and kitchen rooms. The lower level includes a work out area, media room, bonus game room, tons of storage, and access to the three-car garage. Outside, one may enjoy the solar and gas heated pool with waterfalls and spa while entertaining on the spacious rear patio against a wooded hillside backdrop. In the front there is room for a corral next to the cabernet and chardonnay vineyard. Nearly every room enjoys views of this home's tranquil natural setting. This property—with its location, floor plan, top-notch schools and access to the greater Bay Area—offers an amazing opportunity for your dream lifestyle.

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