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Local Teens Celebrate Three Years on Radio

By Cynthia Brian



From left: Express Yourself radio hosts Caiseen Kelley and Henna Hundal Photo Cynthia Brian

Kelley, a host, guest coordinator, and the Techy Talk reporter for the program, said this has been "the opportunity of a lifetime. This is a unique chance to get unedited opinions from, for, and by youth expressed around the world. Express Yourself lives up to its motto of Where teens talk and the world listens!"

Steven Zhou, a Miramonte graduate now studying at Pepperdine University is thrilled to know that the efforts he began in high school as the show's first host and administrator are still going strong. Produced by Starstyle Productions, the program broadcasts at noon every Tuesday on the Voice America Kids Network to 132 countries. Photos, descriptions, links, and archives of the shows are available at www.ExpressYourselfTeenRadio.com.

For local youth interested in getting involved, send an email to the producer, btsyateenradio@gmail.com.

The internationally broadcast radio program, Express Yourself, will celebrate its third year on Nov. 21. Launched in 2011 on the Voice America Kids Network as an outreach service of the Moraga nonprofit, Be the Star You Are (www.BTSYA.org) with five local youth, the program has become the top-rated program in the world on the network and now boasts 30 reporters and hosts from around the country.

"Working on Express Yourself has honed my skills as a journalist to effectively report on a vast variety of topics," said local teen host Henna Hundal. "I can now not only discuss fun topics like favorite books or the latest teen trends, but I'm also able to talk about the tough issues like bullying and domestic violence. Through the show, I've learned how to carefully probe these tough topics by having my curiosity and inquisitiveness tempered with empathy and care."

Miramonte High School student Caiseen

Reach the reporter at: info@lamorindaweekly.com

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