



SPORTS MEDICINE CENTER FOR YOUNG ATHLETES

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WE'LL GET YOU BACK IN THE GAME



DFAL All-League Teams

Compiled by C. Mitchell

Lamorinda dominated fall sports. Lamorinda teams qualified for the North Coast Section playoffs for every sport, recording titles

in football, boys' cross country, girls' cross country, boys' water polo, and girls' water polo. The Diablo Foothill Athletic League

honored the performances of individuals who greatly contributed to their teams' success during the regular season.

Lamorinda schools took top honors at the NCS meet in both **boys' and girls' cross country**. Campolindo boys and girls finished No. 1 overall at NCS. Campolindo girls finished No. 2 at the CIF State Championships. At NCS, Miramonte and Acalanes boys rounded out the No. 4 and No. 5 spots, respectively. Miramonte girls took fifth place at the NCS meet.



Cameron Gaskell

Boys' First Team:

- Cameron Gaskell Acalanes
- Jared Yabu Campolindo
- Parker Lothamer Campolindo

Boys' Second Team:

- Jonathan Semenza Campolindo
- Sid Bagga Miramonte
- Kevin Buckley Campolindo
- Richard Gong Campolindo
- Nathaniel Sauerberg Campolindo

Todd Blakely Campolindo
Cameron Gee Miramonte
Jared Finney Acalanes
Kevin Hull Campolindo
Tommy Nimura Acalanes
Ryan Anderson (defense) Miramonte

The girls' **golf** programs enjoyed a strong season. Miramonte finished second in the NCS tournament.

Most Valuable Player:

- Emily Attiyeh Acalanes
- First Team:**
- Arielle Caronna Miramonte
 - Vanessa Van Pell Acalanes
- Second Team:**
- Ali Ingrey Miramonte
 - Valerie Rockewell Campolindo

Lamorinda sent one team to the NCS girls' **tennis** tournament. Miramonte earned a No. 4 seed and upset the No. 1 team to reach the finals. They finished in second place overall.



Hannah Ross

First Team:

- Taylor James Miramonte
- Riley Eversole Miramonte
- Hannah Ross Campolindo
- Cece Andrews/Bella Kelly Miramonte
- Nicole Finney/Grace Roberts Campolindo



Melissa Van Pell

Second Team:

- Melissa Van Pell Acalanes
- Sasha Schtein Acalanes
- Jess Simon-Parker Campolindo
- Haley Stanten Miramonte
- Lauren Ladrech/Quinn Harrington Acalanes
- Maddie Geary/Vivian McGowan Miramonte

Honorable Mention:

- Tara Barabi Acalanes
- Emma Price Campolindo
- Jen Stanten Miramonte

The **volleyball** programs all qualified for the NCS tournament. As a No. 6 seed, Miramonte reached the second round. At a No. 4 seed, Acalanes lost in the semifinals to No. 1 Campolindo. Campo was upset in the finals and lost in the first round of the NorCal tournament.



Kelly Wirth

Most Valuable Player:

Kelly Wirth Campolindo



Molly Dalziel

First Team:

- Molly Dalziel Acalanes
- Annie Doyle Campolindo
- Caroline Schafer Miramonte
- Kristen Sibley Campolindo



Caroline Schafer

Second Team:

- MacKenzie Brown Campolindo
- Emily Fabian Miramonte
- Parker Jones Acalanes
- Sabrina Smith Campolindo

Honorable Mention:

- Lauren Budde Campolindo
- Vanessa Tang Miramonte

The Lamorinda **water polo** teams were a dominant force in the DFAL and NCS this season. The boys qualified all three teams. Campolindo and Miramonte took the top two seeds, respectively. Acalanes earned the No. 5 seed. After a dramatic semifinal game, Campolindo advanced to the finals where they faced Miramonte. The Mats took the title. In the girls' bracket, Campolindo, Miramonte, and Acalanes took the top three seeds, respectively. Miramonte ousted Acalanes in the semifinals. Then, Campo beat the Mats in the finals.



Spencer Tagg

Boys' Outstanding Goalie:

Spencer Tagg Campolindo



Tyler Abramson



Jordan Hoover

Boys' First Team:

- Tyler Abramson Miramonte
- Garrett Felix Campolindo
- Jordan Hoover Miramonte
- Grayson Judge Miramonte
- Charlie Rodgers Acalanes
- Cole Stevens Campolindo
- Brendan Supple Acalanes
- Scott Zurnacian Campolindo

Boys' Second Team:

- Nima Anjedani Miramonte
- Peter Brassinga Campolindo
- Tommy Fellner Acalanes
- Yurii Hanley Campolindo
- Jack Winther Acalanes
- Alex Zamanian Miramonte

Boys' Honorable Mention:

- Brad Robison Acalanes
- Cullen Jacuzzi Campolindo
- Evan Pauletich Miramonte



Madison Tagg

Girls' Most Valuable Player:

Madison Tagg Campolindo

Girls' First Team:

- Hannah Buck Campolindo
- Emily Byrne Miramonte
- Kristen Hong Miramonte
- Hannah Kresnak Acalanes
- Rachel Lewin Campolindo
- Lauren Paxton Miramonte
- Brooke Presten Campolindo

Girls' Second Team:

- Brooke Alsterlind Acalanes
- Hailey Eberle Miramonte
- Kari Jensen Campolindo
- Avery Martin Miramonte
- Emma Myall Acalanes
- Olivia Price Campolindo
- Grace Tehaney Miramonte



Emily Byrne

Girls' Honorable Mention:

- Lucy Fellner Acalanes
- Katie Klein Campolindo
- Katrina Drake Miramonte