

Lamorinda OUR HOMES

Lamorinda Weekly Volume 08 Issue 23 Wednesday, January 14, 2015



Digging Deep with Cynthia Brian

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Stylish Solutions

The Intrinsic Nature of Deep Cleaning and Design

By Ann McDonald



This month, I have included photos from my own home so you can see where I walk the walk, not just talk the talk. This is one of my favorite angles to take photos of our kitchen. Why? Because it speaks truth about my dish cupboards. Seasonally I rotate collections but those can accumulate quickly. When I need an honest assessment of my mess, I snap this shot and take the truth pill. If it's bad, I dive in and reduce big time.

Photo Peter Medilek

Many design clients have dreams of spring remodels, home updates and fresh flowers in completely re-designed guest suites and home offices, but the first thing we must address is the deep clean.

Think of it as an accounting of your home interior.

We have a saying in our office: "Blessing comes when it has a space to reside." The same is true of new furniture and interior decorating and design. We must create space for it within our homes before it can come live with us.

Without space for new things to inhabit, they get piled onto old proverbial wine skins and before you know it your gorgeous home is brimming with old and new items that don't quite work together. Let's take this January to really address simple tips and execute simple diligence so we can refresh our homes and refresh our families at the same time. ... continued on page D4

