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Girl Scouts Host Free CPR and AED Training Event

Submitted by TJ Kirke



Lafayette Girl Scout Troop #31881 members with their moms (Jordan Lum, Sam Lum's sister, in the purple sweatshirt) Photo provided

we were all touched by this crazy occurrence. We all learned that we need to stop making excuses and get trained in case of an emergency. St. Perpetua is graciously letting us use their facilities and trainers are donating their time."

Hands-only CPR (cardiopulmonary resuscitation) can double or even triple the chances of survival for a cardiac arrest victim, according to the American Heart Association. Thanks to Lafayette Girl Scout Troop #31881, the public can learn hands-only CPR and get Automated External Defibrillator (AED) training at a free event from 2 to 4 p.m. Sunday, May 31 at St. Perpetua Church, 3454 Hamlin Road in Lafayette. The training facilitated by Contra Costa County EMS only takes 15 minutes, and no reservations are required. The Girl Scouts decided to host the event in honor of Stanley Middle School eighth-grader Sam Lum, who is the brother of one of the Scouts, Jordon. Sam was saved when a bystander used an AED to revive him after he collapsed during a CYO basketball tournament.

"Luckily there was a nurse at the game who immediately performed CPR and, ultimately, used a defibrillator machine to revive him," said one of the Girl Scout's moms, TJ Kirke. "Sam and his family are well-loved in this Burton Valley community and

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