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Senior Symposium this Saturday

Now in its seventh year, the Lafayette Community Foundation is once again presenting its Senior Symposium, "Aging by Design," a free event with lots of information for Lamorinda seniors, their families and caregivers. This year it has moved to the large gymnasium at Lafayette Elementary School, at 950 Moraga Road in Lafayette. The event is scheduled from 8:30 a.m. to noon Saturday, Aug. 1 and will feature four distinguished speakers:

Dr. Martin Iyoya, the John Muir Health director of pharmacology, will be speaking on "Misadventures with Medications;"

Anne Ornelas, the new executive director of the Lamorinda Village, will present an update on the new community-based aging in place program;

Matt Shriner, chair of the Lafayette Senior Services Commission, will talk about programming and events geared toward seniors available through the city of Lafayette;

And Dr. Patrick Arbore, the executive director of the San Francisco Institute on Aging, will discuss "Loneliness and Older Adults: the Hidden Risks."

To register, call (925) 284-8214. Those who call to register in advance can qualify for a special raffle prize. C. Tyson.

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